

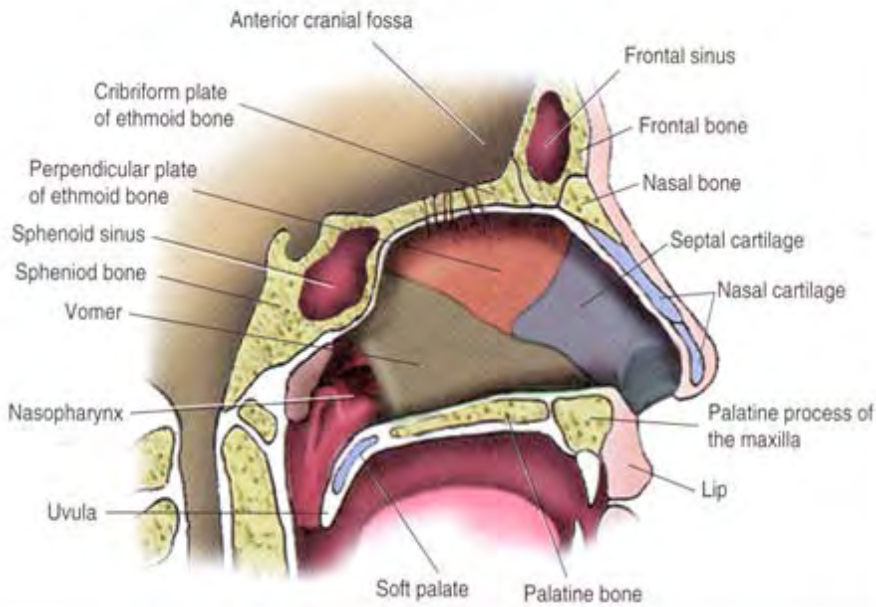
Principles of Mechanical Ventilation



Anatomic Components of Respiratory System:

- Upper Airways
Nasal cavity and pharynx
- Lower Airways
Larynx, trachea, bronchial tree
- Lung Lobes
2 on left, 3 on right
- Tracheobronchial tree
- Alveolar unit



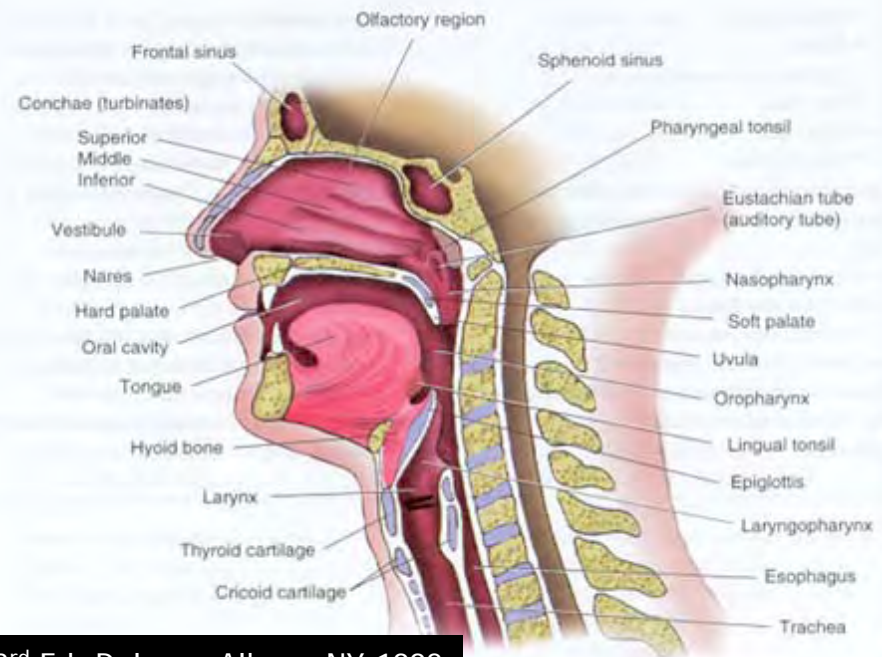


Pharynx:

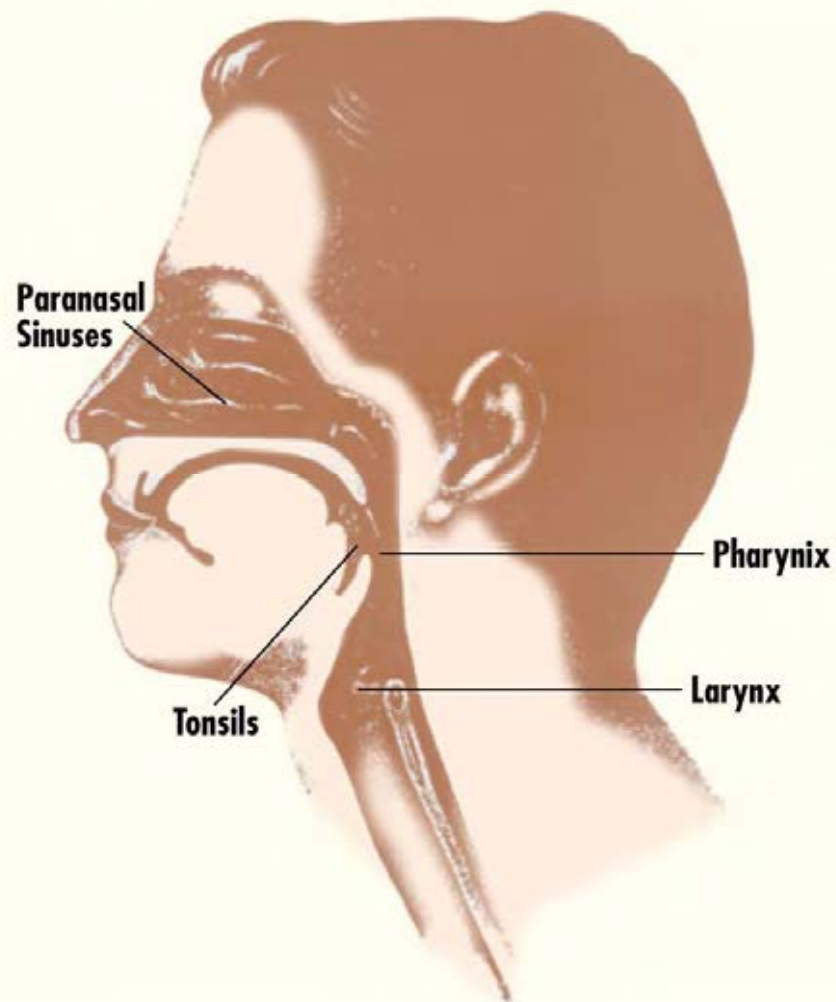
- ❖ NASOPHARYNX
- ❖ OROPHARYNX
- ❖ LARYNGOPHARYNX

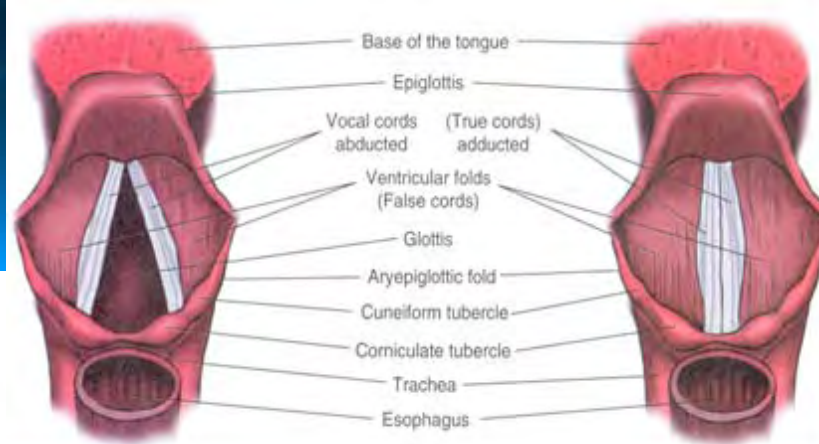
Nose primary functions:

- ❖ Filter
- ❖ Humidify
- ❖ Warm inspired gas



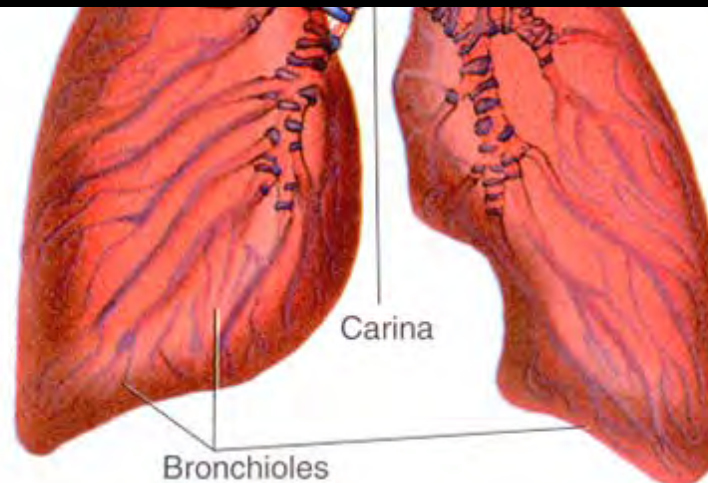
UPPER RESPIRATORY TRACT



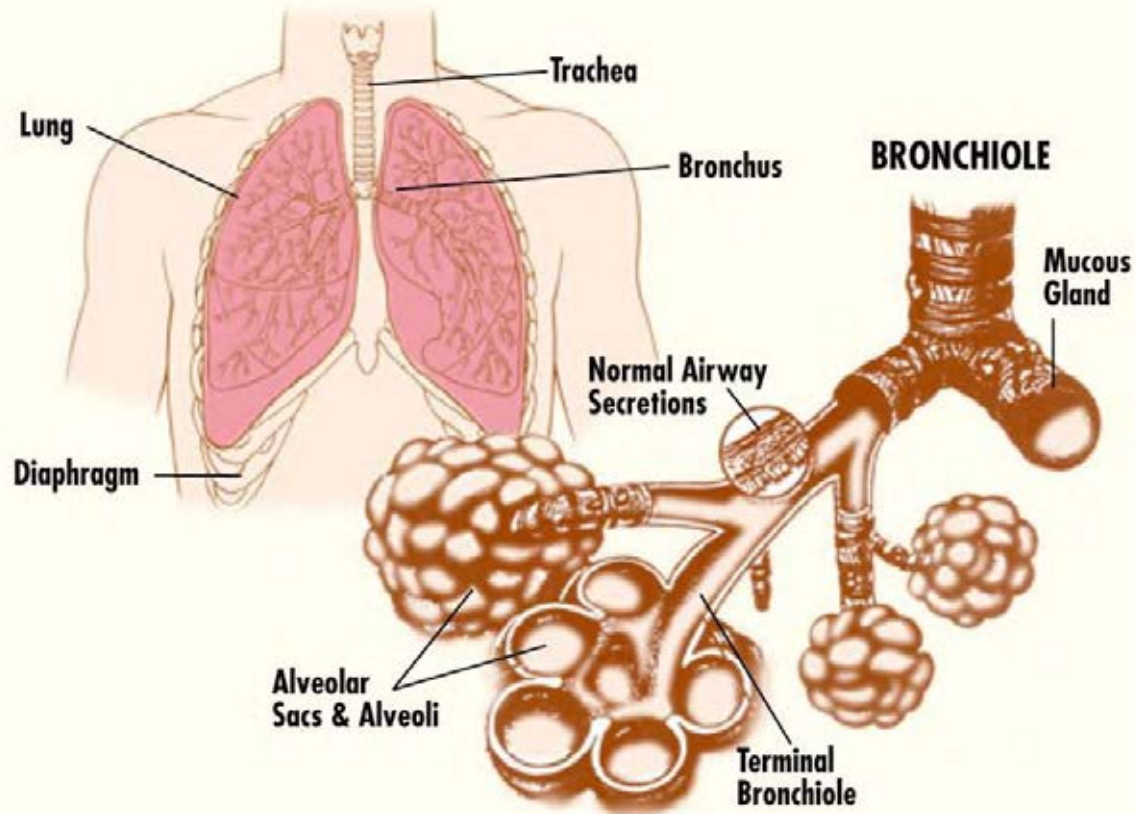


VOCAL CORDS

- ❖ Lined by mucous membrane that forms two folds that protrude inward.
- ❖ Upper folds are called false vocal cords.
- ❖ Lower pair are the true vocal cords.
- ❖ Medial border is composed of a strong band of elastic tissue called the vocal ligament.
- ❖ Space in between the true vocal cords is called the rima glottidis or glottis.



UPPER RESPIRATORY TRACT



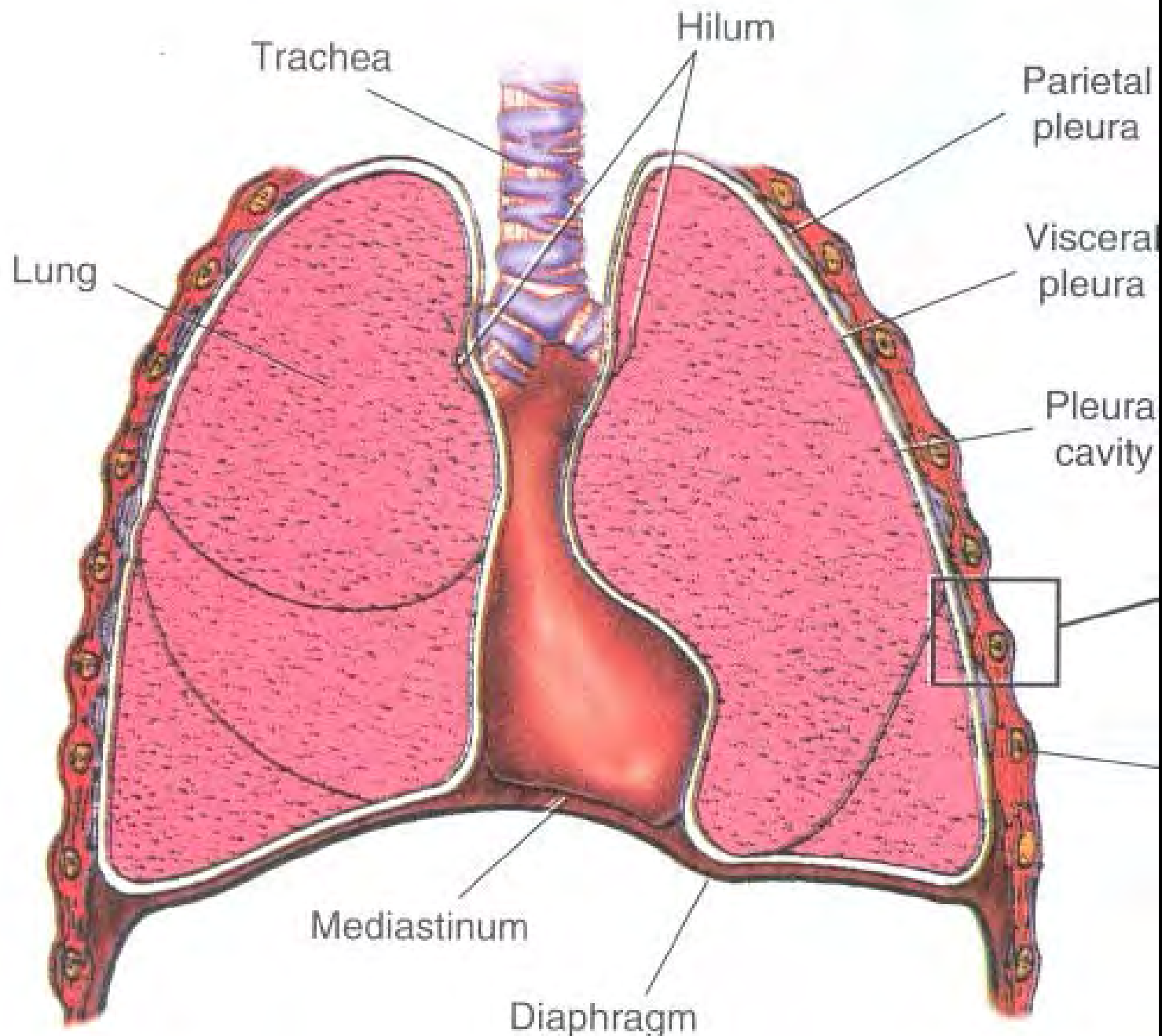
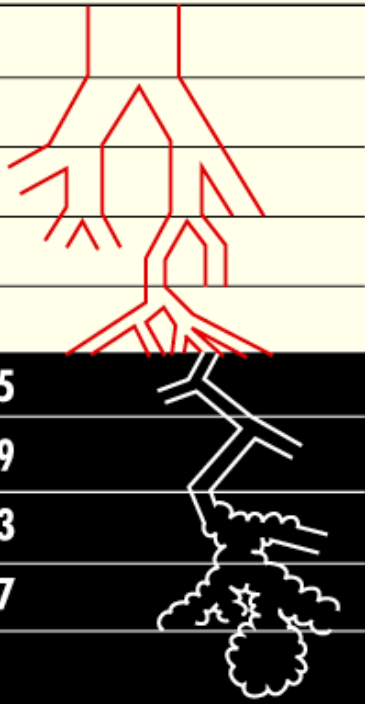


TABLE 1-1. Major Structures and Corresponding Generations of the Tracheobronchial Tree

STRUCTURES OF THE LUNGS		GENERATIONS		
Conducting Zone	Trachea	0		Cartilaginous airways
	Main stem bronchi	1		
	Lobar bronchi	2		
	Segmental bronchi	3		
	Subsegmental bronchi	4-9		
	Bronchioles	10-15		Noncartilaginous airways
Respiratory Zone	Terminal bronchioles	16-19		
	Respiratory bronchioles	20-23		Sites of gas exchange
	Alveolar ducts	24-27		
	Alveolar sacs	28		

(Also called terminal respiratory units, primary lobule, lung parenchyma, acinus, and functional units)

NOTE: The precise number of generations between the subsegmental bronchi and the alveolar sacs is not known.

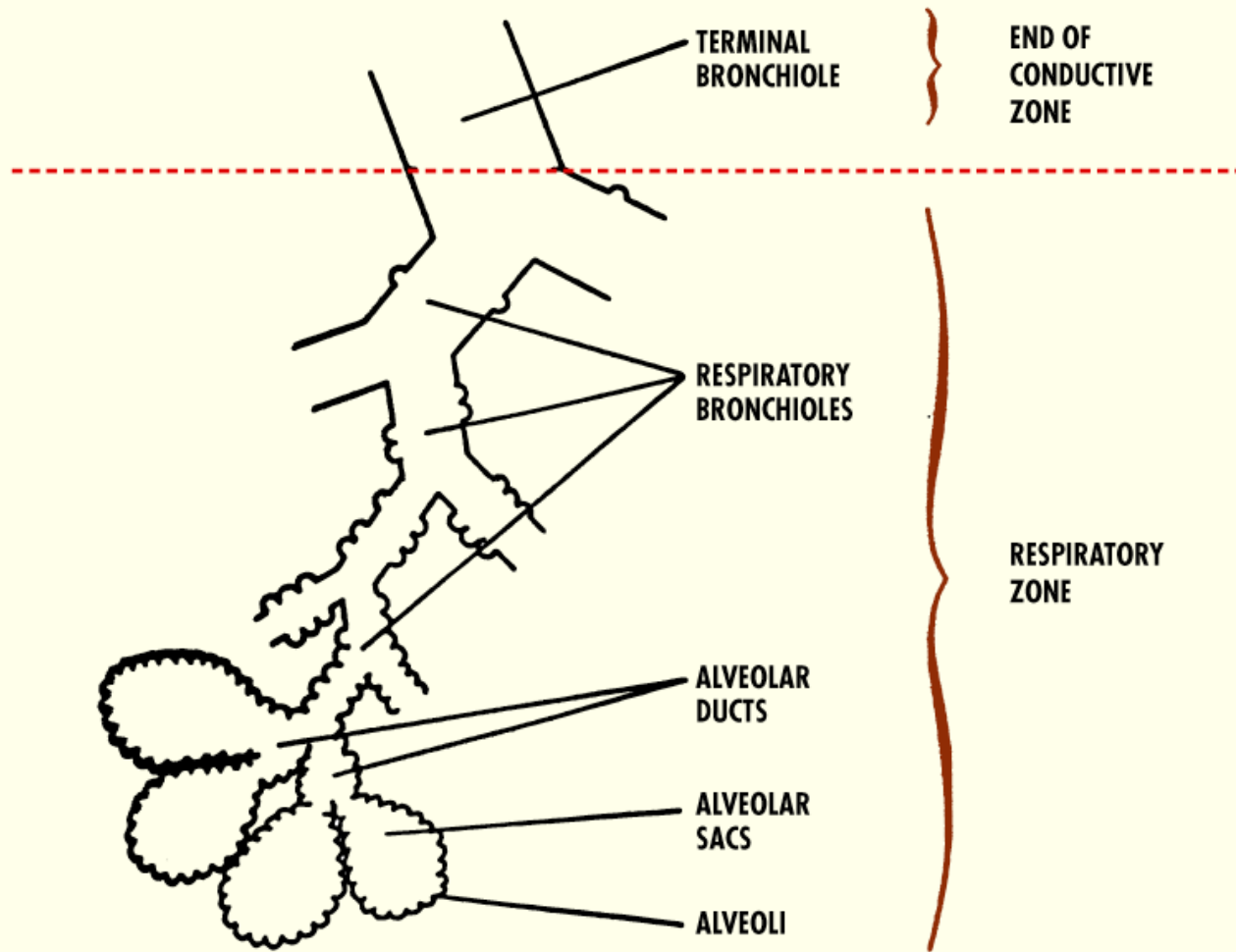
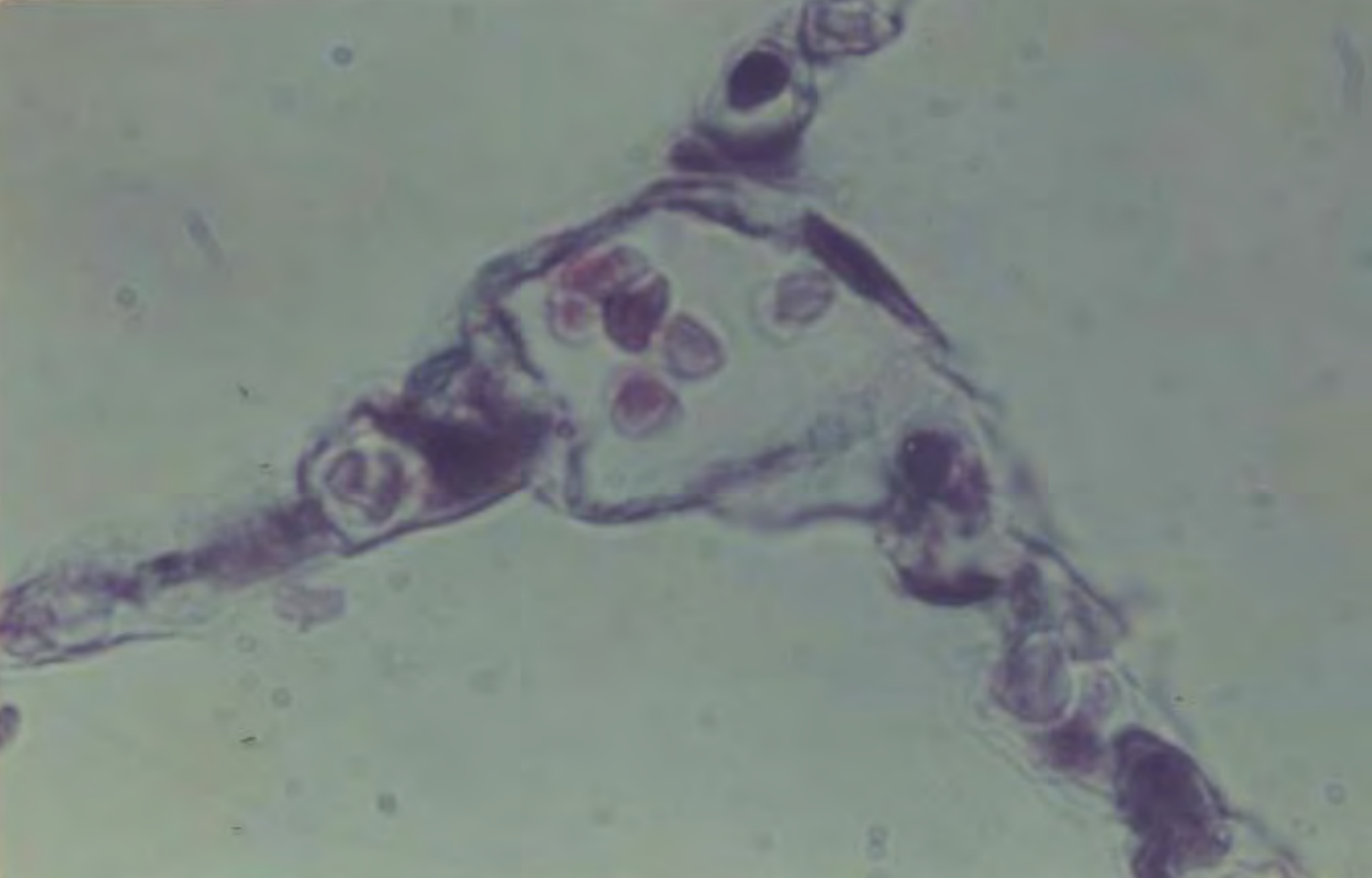


FIGURE 1-20 Schematic drawing of the anatomic structures distal to the terminal bronchioles; collectively, these are referred to as the primary lobule.

Schematic drawing of the anatomic structures distal to the terminal bronchioles; collectively, these are referred to as the primary lobule.

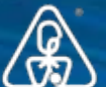


Alveolar unit

Functional Zones of Respiratory System

1. Conducting Zone

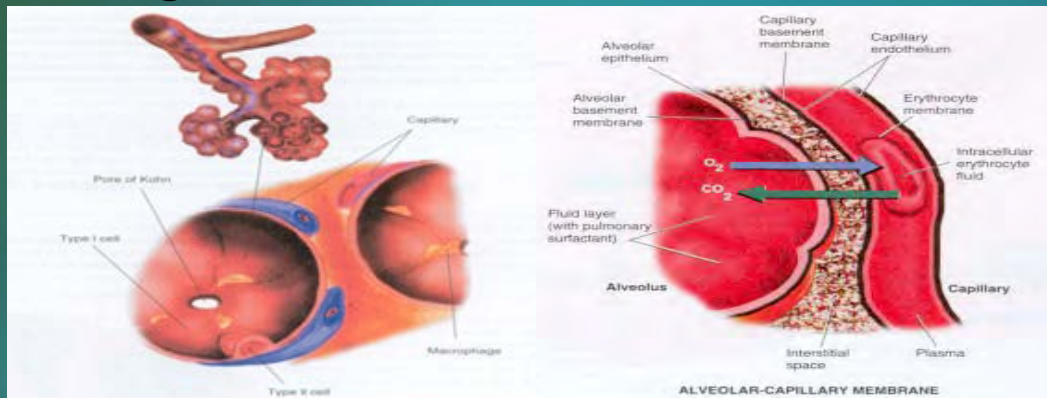
- Upper and lower airways
 - Filter, warm and humidify, and conduct gases
- Ventilation = movement of gases, O₂ and CO₂, in and out of the lungs
- Conducting zone = anatomical deadspace (1/3)



Functional Zones of Respiratory System

2. Respiratory Zone

- Bronchioles, alveolar ducts, and alveoli
- Alveoli = primary site for gas exchange
- Respiration = exchange of gases between the lungs and blood



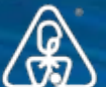
Quick Review

Although the respiratory system can be viewed as 3 main components, a functional description is more useful because it distinguishes the process of ventilation from that of respiration. The two functional areas are the *conducting and respiratory zones*. The conducting zone participates in ventilation. Inspired gas is filtered, warmed, and humidified as it enters the lungs. Gas movement in the conducting zone is termed dead space ventilation. Increased levels of dead space can cause the patient to increase their rate and depth of breathing to compensate for the effect on ventilation and respiration.



Quick Review

The exchange of gases between the alveoli and blood is called respiration and occurs in the respiratory zone. This area is comprised of small airways, alveoli, and the pulmonary capillaries. Gas enters the respiratory zone from the conducting airways and blood circulates the alveoli from the pulmonary capillaries. In order to have effective respiration there must be adequate levels of ventilation and pulmonary blood flow.



Pulmonary Mechanics

Respiratory Mechanics

Pulmonary Mechanics

- Requires chest wall (thorax) and respiratory muscles
- Pleura (lining) - lubricant
- Opposing forces keep lungs inflated (thorax=out, lungs=in)
- Muscles provide force(work)
- Diaphragm = major muscle of ventilation

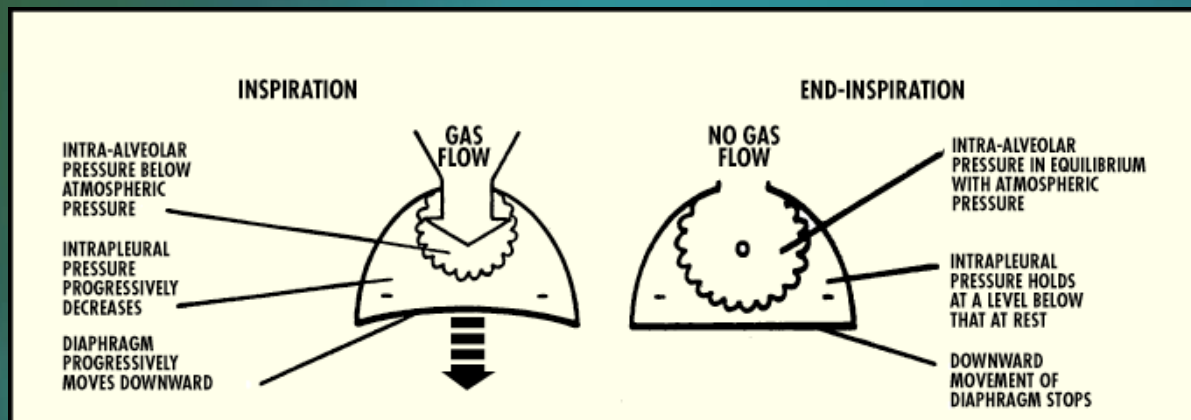


Inspiration (ACTIVE)

Diaphragm contracts - moves downward

Thoracic volume increases

Lung (pleural) pressure decreases - air moves in



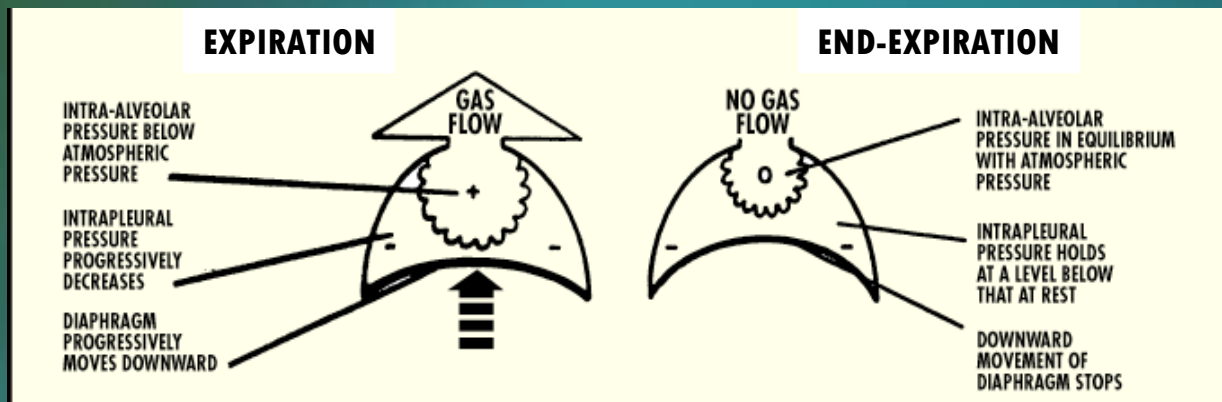
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Expiration (PASSIVE)

Diaphragm relaxes - moves up

Thoracic volume decreases

Lung (pleural) pressure decreases air moves out



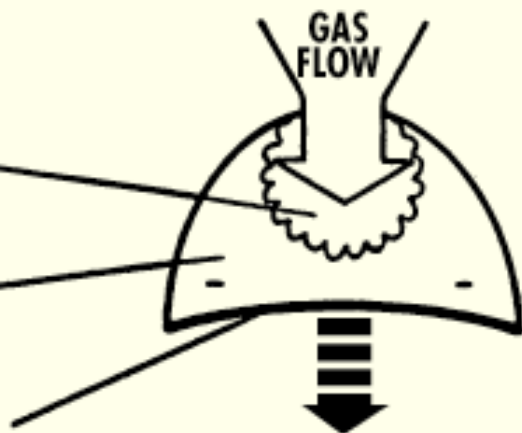
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INSPIRATION

INTRA-ALVEOLAR
PRESSURE BELOW
ATMOSPHERIC
PRESSURE

INTRAPLEURAL
PRESSURE
PROGRESSIVELY
DECREASES

DIAPHRAGM
PROGRESSIVELY
MOVES DOWNWARD



END-INSPIRATION

NO GAS
FLOW

INTRA-ALVEOLAR
PRESSURE IN EQUILIBRIUM
WITH ATMOSPHERIC
PRESSURE

INTRAPLEURAL
PRESSURE HOLDS
AT A LEVEL BELOW
THAT AT REST

DOWNWARD
MOVEMENT OF
DIAPHRAGM STOPS

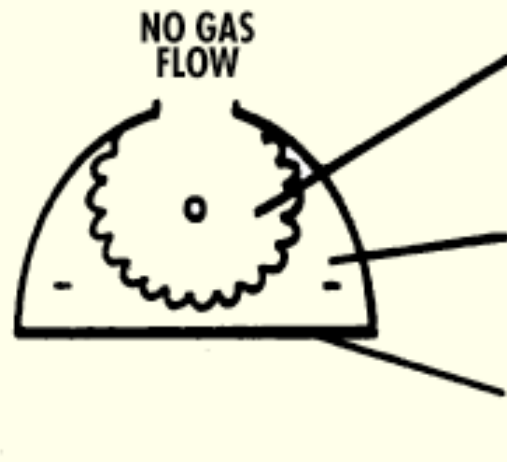


FIGURE 2-5. How the excursion of the diaphragm affects the intrapleural pressure, intra-alveolar pressure, and bronchial gas flow during inspiration and expiration.

EXPIRATION

INTRA-ALVEOLAR
PRESSURE BELOW
ATMOSPHERIC
PRESSURE

INTRAPLEURAL
PRESSURE
PROGRESSIVELY
DECREASES

DIAPHRAGM
PROGRESSIVELY
MOVES DOWNWARD



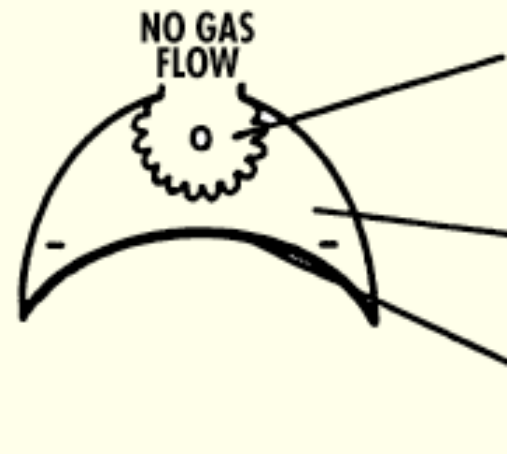
END-EXPIRATION

NO GAS
FLOW

INTRA-ALVEOLAR
PRESSURE IN EQUILIBRIUM
WITH ATMOSPHERIC
PRESSURE

INTRAPLEURAL
PRESSURE HOLDS
AT A LEVEL BELOW
THAT AT REST

DOWNWARD
MOVEMENT OF
DIAPHRAGM STOPS

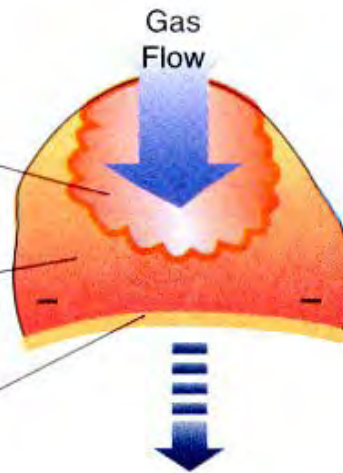


Inspiration

Intra-alveolar pressure below atmospheric pressure.

Intrapleural pressure progressively decreases.

Diaphragm progressively moves downward.



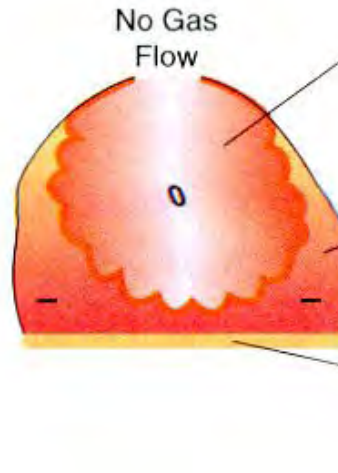
End-Inspiration

No Gas Flow

Intra-alveolar pressure in equilibrium with atmospheric pressure.

Intrapleural pressure holds at a level below that at rest.

Downward movement of diaphragm stops.

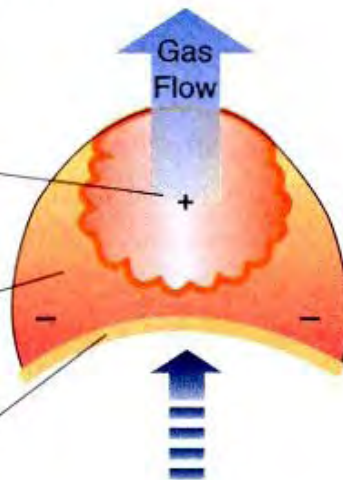


Expiration

Intra-alveolar pressure above atmospheric pressure.

Intrapleural pressure progressively increases.

Diaphragm progressively moves upward.



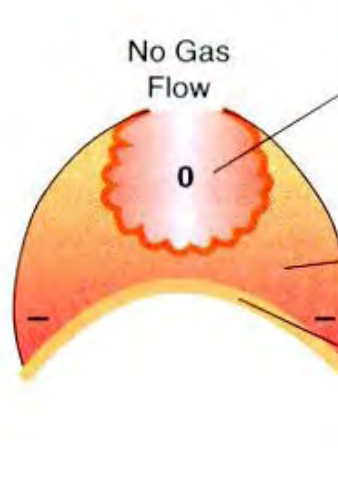
End-Expiration

No Gas Flow

Intra-alveolar pressure in equilibrium with atmospheric pressure.

Intrapleural pressure holds at resting level.

Upward movement of diaphragm stops.

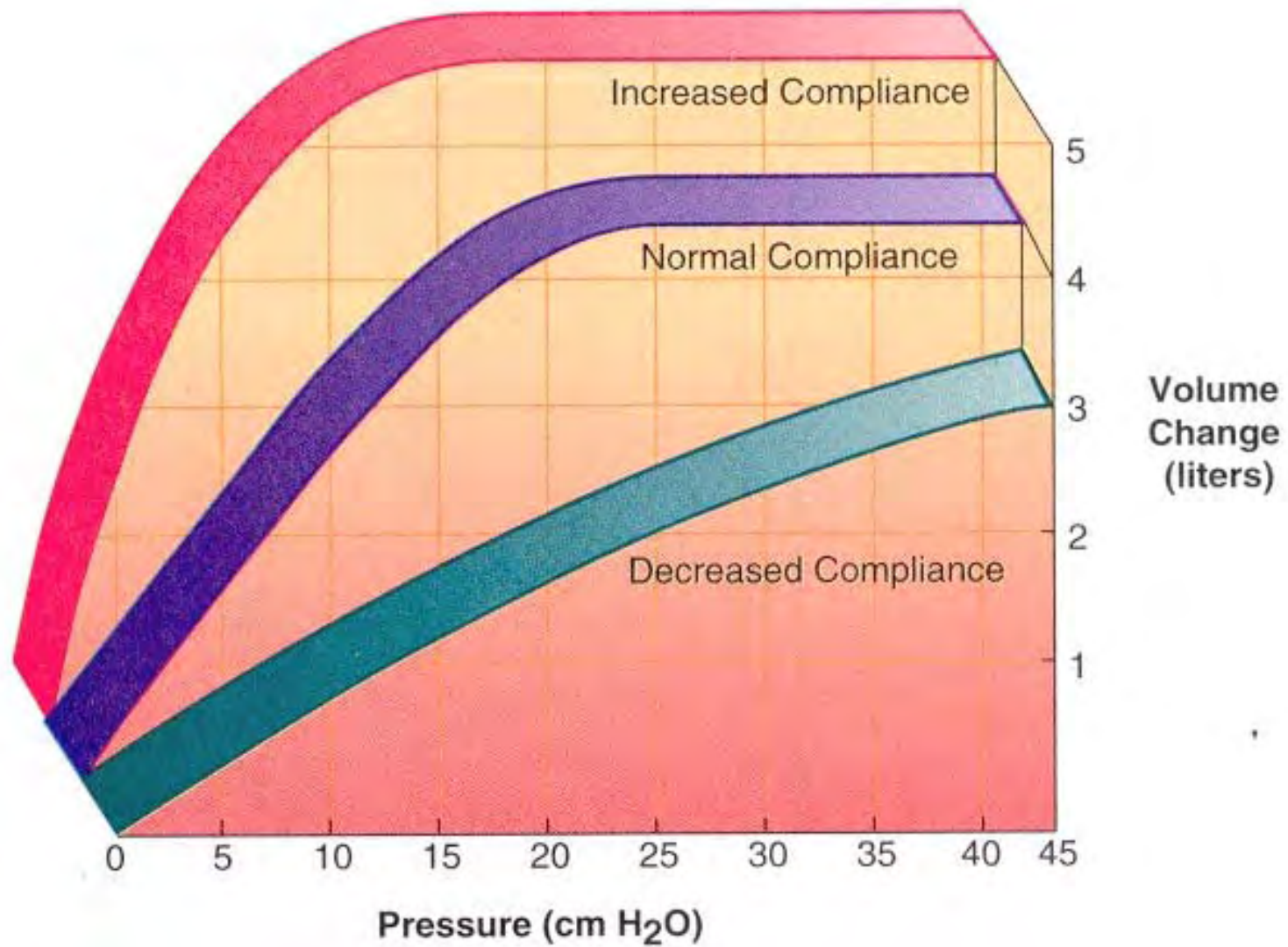


Pulmonary Mechanics

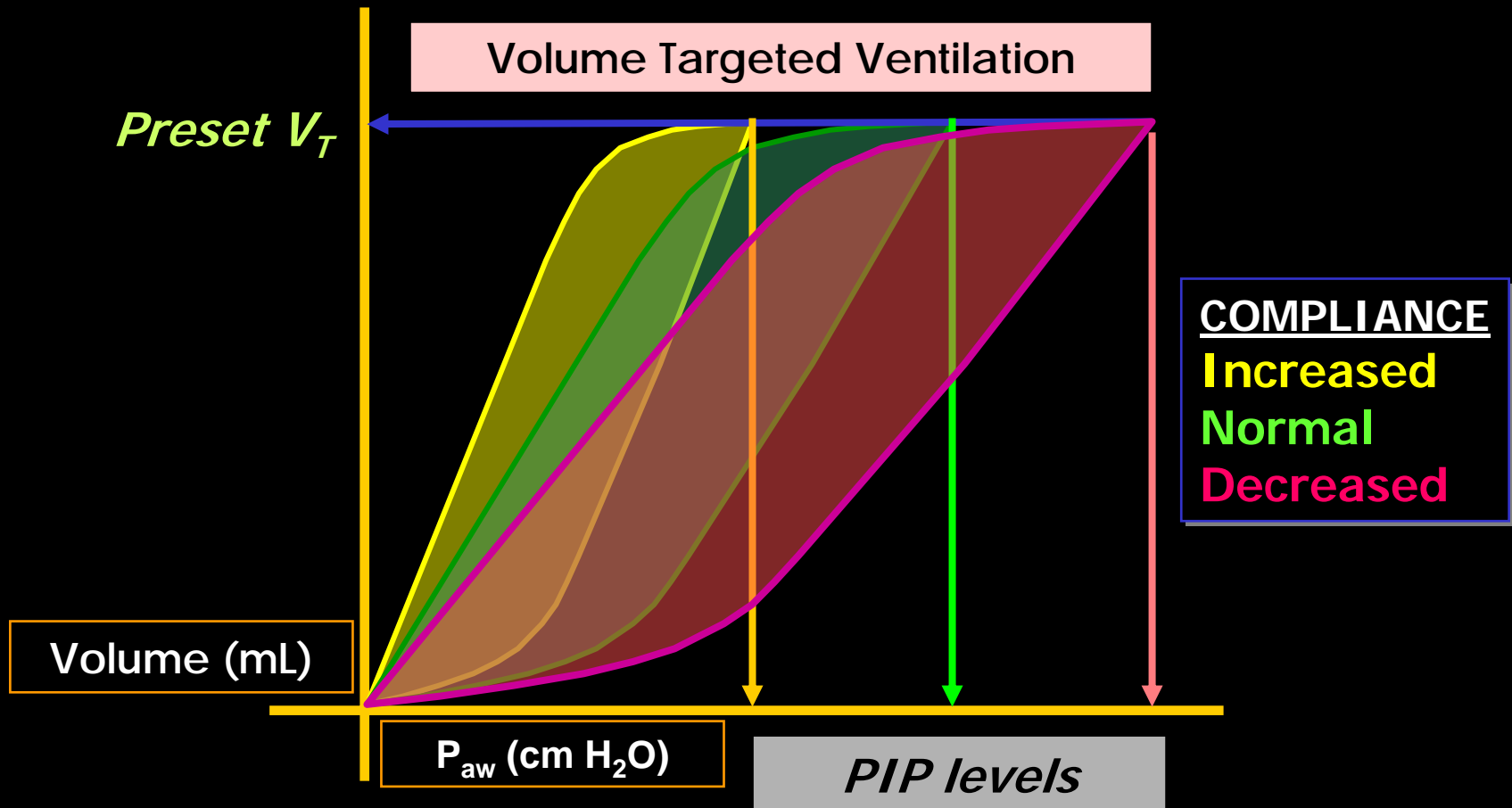
Compliance

- Amount of work required to inflate lungs
 - “how stiff is the lung?”
- Compliance = $\frac{\Delta \text{Volume (L/cmH}_2\text{O)}}{\Delta \text{Pressure}}$
- Normal = 0.1 L/cmH₂O (100 ml/cmH₂O)
- High compliance easier - to inflate
- Low compliance - harder to inflate



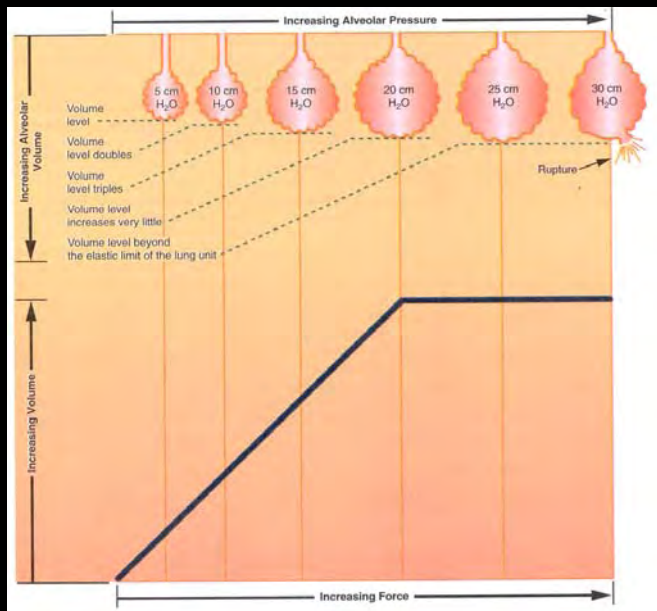


Lung Compliance Changes and the P-V Loop

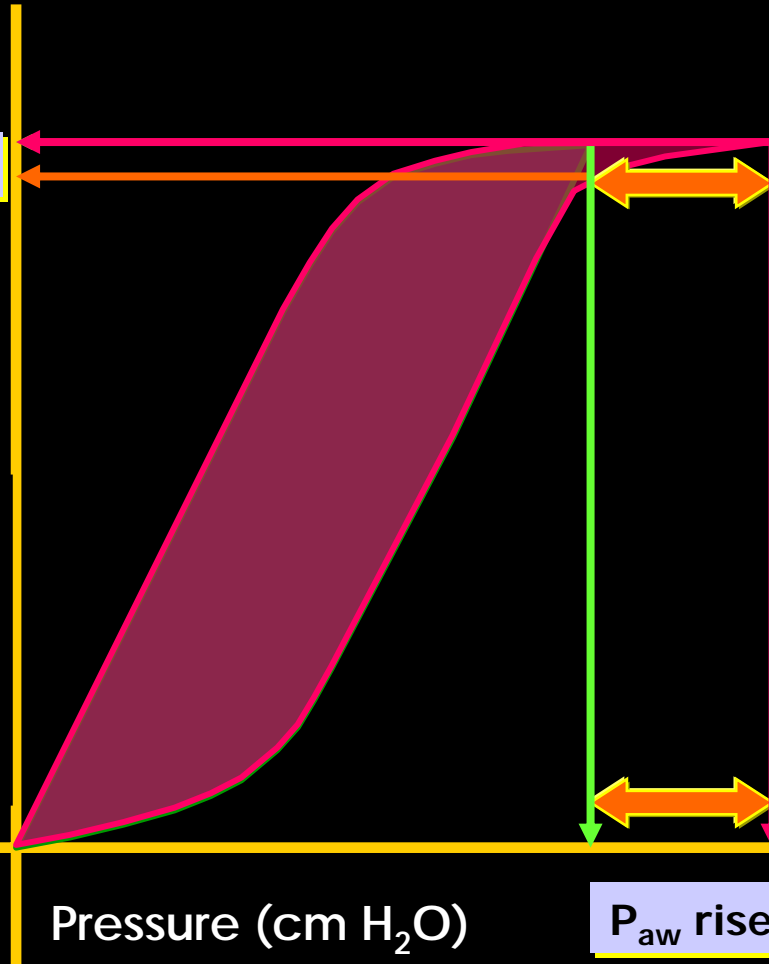


Overdistension

With little or no change in V_T



Volume (ml)



Normal
Abnormal

Pressure (cm H₂O)

P_{aw} rises

Pulmonary Mechanics

Elastance

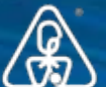
- Amount of work required to exhale
- Elastance =
$$\frac{\Delta \text{Pressure (cmH}_2\text{O/L)}}{\Delta \text{Volume}}$$
- Reciprocal of compliance
- Good compliance = bad elastance
- Bad compliance = good elastance



Pulmonary Mechanics

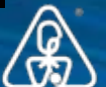
Resistance

- Amount of work required to move air through the lungs
- Resistance = $\frac{\text{Pressure (cmH}_2\text{O/L/sec)}}{\text{Flow}}$
- Primarily influenced by airway diameter
- Normal = 0.6 - 2.4 cmH₂O/L/sec



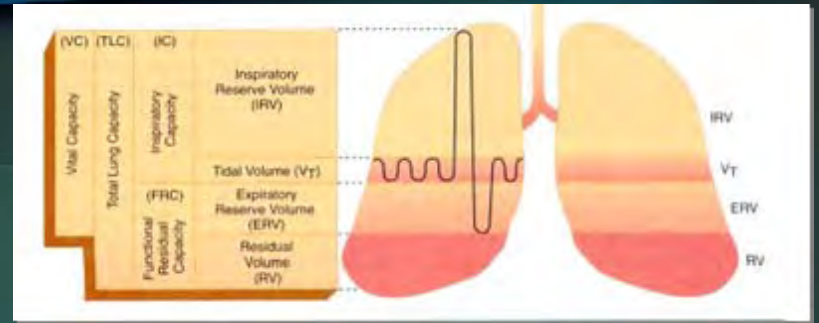
Quick Review

Ventilation occurs due to a pressure gradient between the lungs and mouth. Contraction of the respiratory muscles results in a pressure - volume change in the lungs. As pressure decreases air moves into the lungs during inspiration, and as lung pressure increases gas moves out of the lungs during expiration. The compliance of the pulmonary system influences the amount of pressure required to affect a volume change. Airway resistance also influences the effort needed to create a volume change.



Lung Volumes and Capacities

Pulmonary Function



Lung Volumes and Capacities

Volumes

Tidal Volume (V_T)

Inspiratory Reserve Volume (IRV)

Expiratory Reserve Volume (ERV)

Residual Volume (RV)

Capacities

Inspiratory Capacity (IC)

Vital Capacity (VC)

Functional Residual Capacity (FRC)

Total Lung Capacity (TLC)



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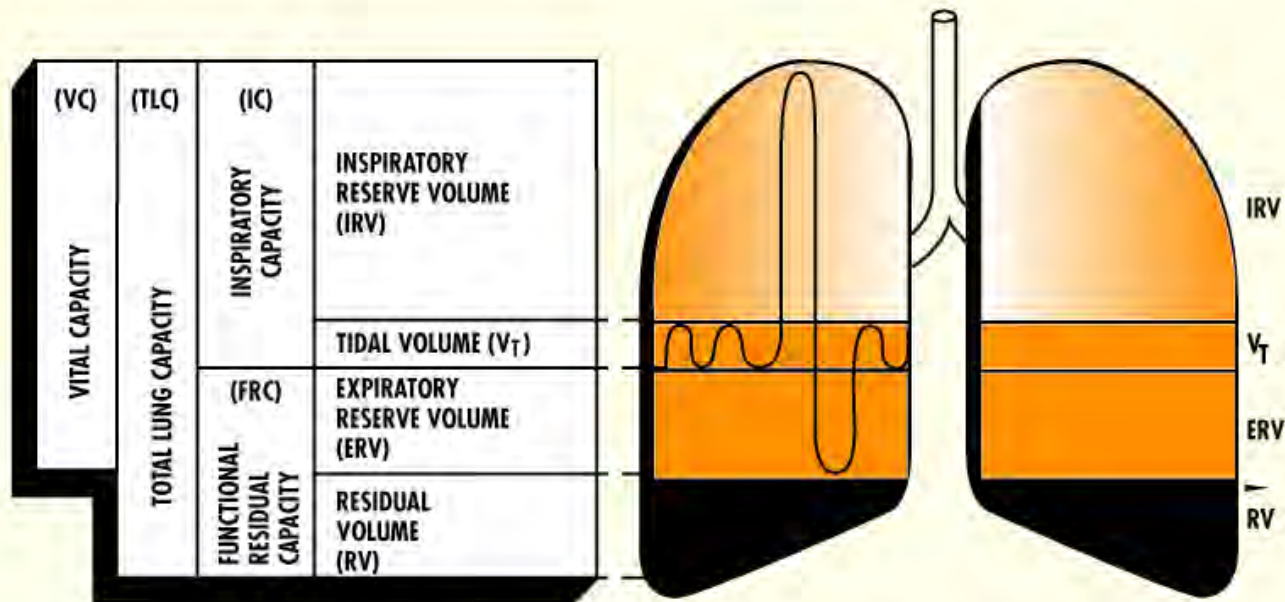


FIGURE 4-1. Normal lung volumes and capacities.

IRV = inspiratory reserve volume;

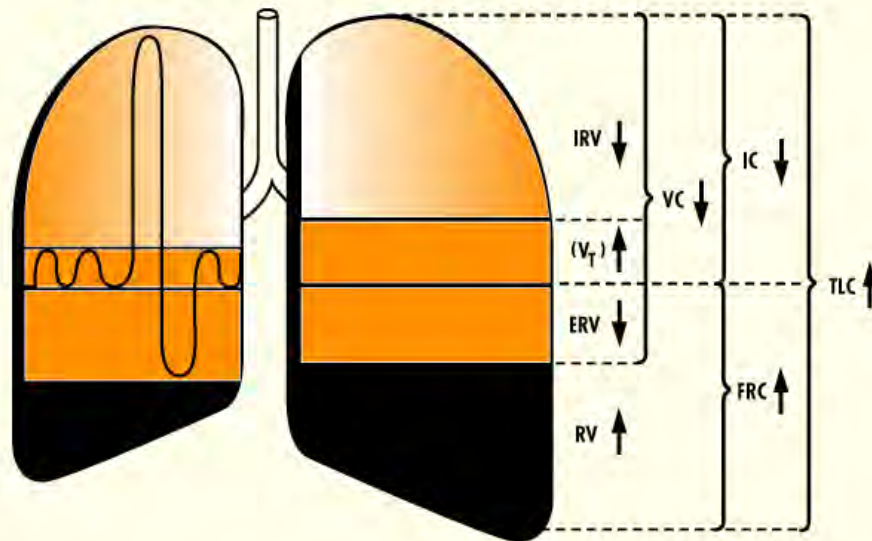
V_T = tidal volume; RV = residual volume; ERV = expiratory reserve volume;

TLC = total lung capacity; VC = vital capacity; IC = inspiratory capacity;

FRC = functional residual capacity.

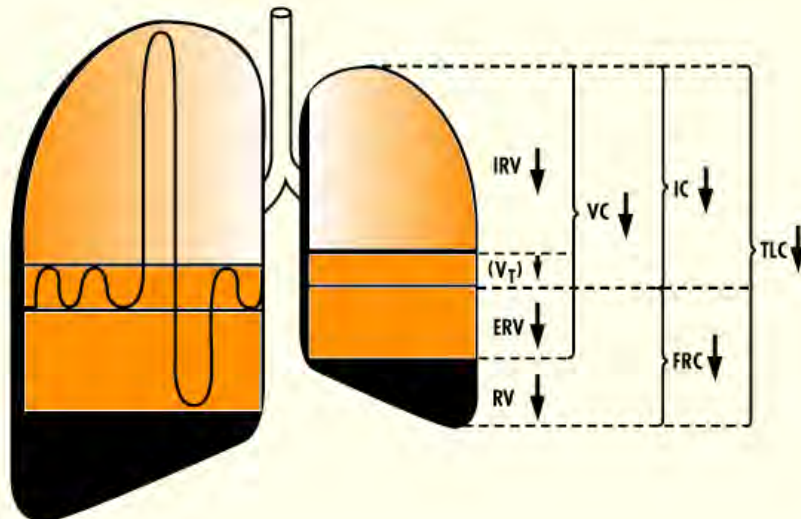
NORMAL LUNG

OBSTRUCTED LUNG



NORMAL LUNG

RESTRICTED LUNG



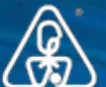
Assessment of Ventilation

Signs & Symptoms

Assessment of Ventilation

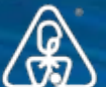
Qualitative

- Respiratory pattern
- Accessory muscle use
- Prolonged expiration
- Shortness of Breath (SOB)
- Cyanosis
- Minute ventilation ($VE = f \times V_T$)



Assessment of Ventilation

- Quantitative
- ABG's (primarily CO₂)
- Pulse oximetry
- Capnography
- Transcutaneous monitoring
- NICO



Control of Respiration

1. Chemical Stimulants

- Oxygen and carbon dioxide influence rate and depth of respiration
 - CO₂ is the primary stimulus
- ↑ CO₂ = ↑ rate and/or depth
- ↓ CO₂ = ↓ rate and/or depth
- ↓ O₂ = ↑ ventilation
- ↑ O₂ = ↓ ventilation



Quick Review

Respiration is the exchange of gases between the lungs and pulmonary blood vessels (external respiration) and between the blood and tissues (internal respiration). Oxygen and carbon dioxide move from one area to the other due to pressure gradients. Systemic levels of CO_2 and O_2 , influence the depth and rate of ventilation with carbon dioxide acting as the primary stimulus for ventilation.



Assessment of Respiration

Arterial Blood Gas Variables

- **pH** This indicates the relative acidity or alkalinity of the blood. The normal range is 7.35 - 7.45. Values less than 7.35 are acid, and those above 7.45 alkaline.
- **PaCO₂** The partial pressure (tension) of carbon dioxide in the arterial blood. The normal range is 35 - 45 torr. Values less than 35 indicate excessive levels of ventilation, and values above 45 indicate a drop in ventilation.



Assessment of Respiration

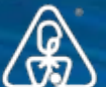
Arterial Blood Gas Variables

- **PaO_2** The partial pressure (tension) of oxygen in the arterial blood. The normal range, breathing room air, is 80 - 100 torr, values less than 70 indicate a lack of oxygen.
- **SaO_2** This indicates the percentage of red blood cells that are combined with O_2 . The normal range, breathing room air, is 90 - 100%. Levels below 90% indicate a lack of oxygen.



FYI

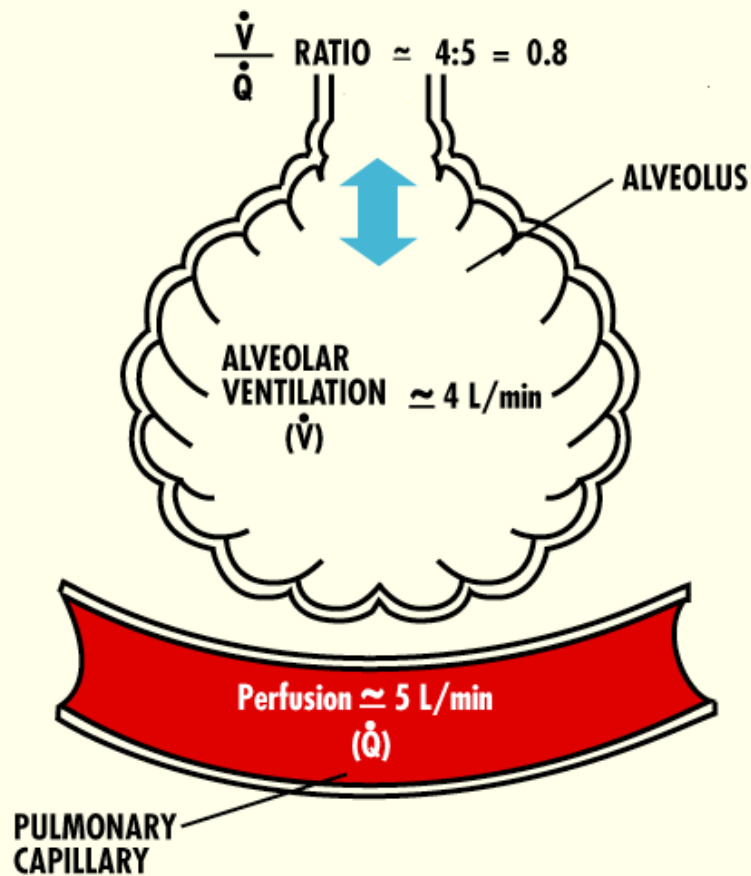
Gas pressures, or tensions, are usually expressed in units of torr. One torr is equal to one mm Hg (millimeter of mercury pressure), similar to what your local weatherman uses. Torr is used to honor Evangelista Torricelli who invented the mercury barometer. Torr and mm Hg can be used interchangeably, however torr is the preferred unit.



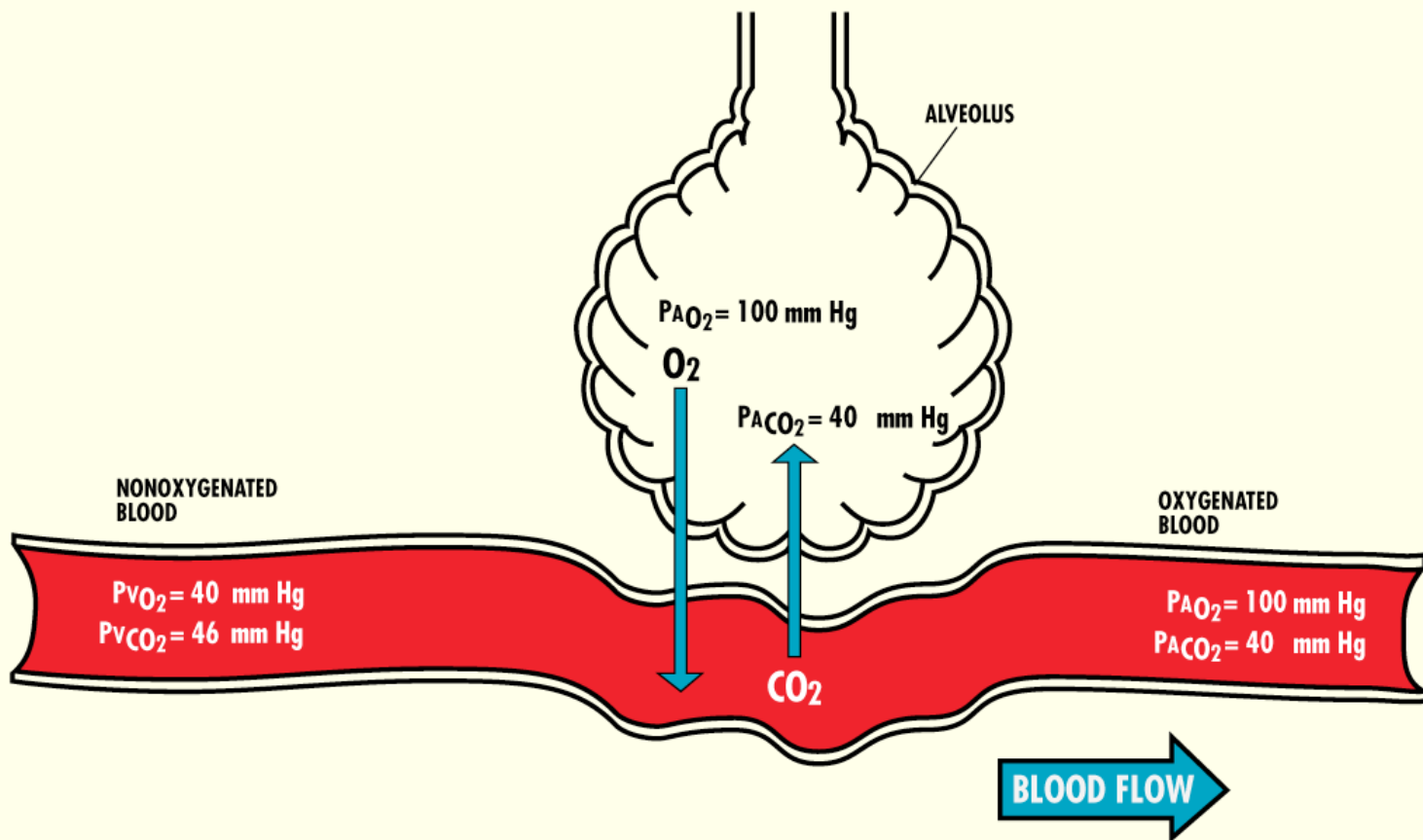
Ventilation-Perfusion Relationships

- Perfusion(Q)
- Ventilation(V)
- Need V/Q matching to achieve effective gas exchange.
- Normal V/Q ratio = 0.8
- Increased V/Q ventilation>perfusion (deadspace)
- Decreased V/Q perfusion>ventilation (shunt)
- Abnormal V/Q ratios alter work of breathing





The normal ventilation perfusion ratio (\dot{V}/\dot{Q} ratio) is about 0.8.



A
SHUNT UNIT



$PAO_2 = 40$
 $PACO_2 = 46$

$PV_{O_2} = 40$
 $PV_{CO_2} = 46$

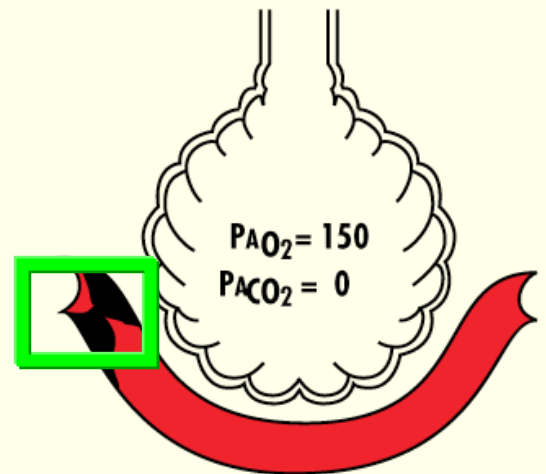
B
NORMAL UNIT



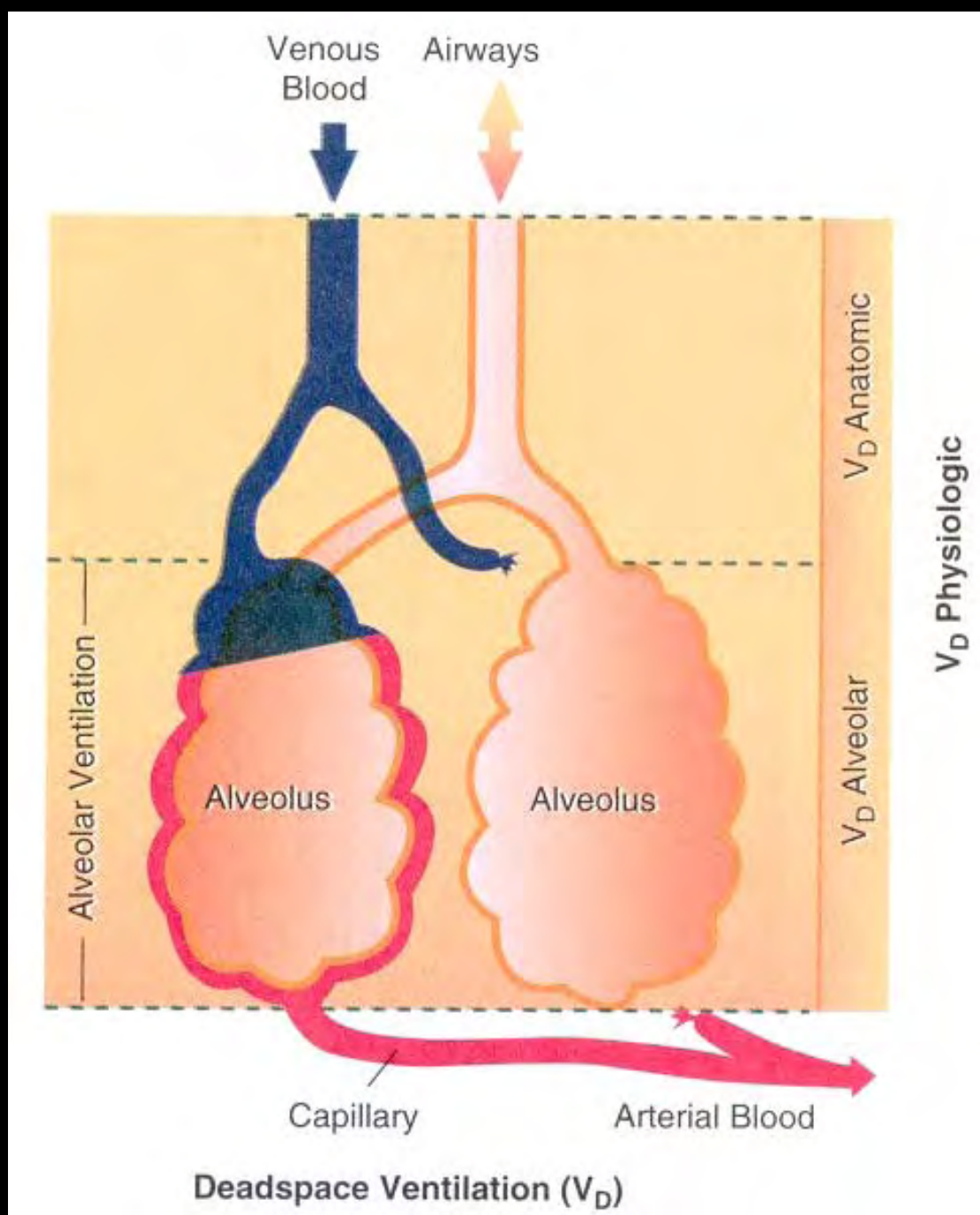
$PAO_2 = 100$
 $PACO_2 = 40$

$PV_{O_2} = 40$
 $PV_{CO_2} = 46$

C
DEADSPACE UNIT



$PAO_2 = 150$
 $PACO_2 = 0$



Balance Between External Respiration and Internal Respiration (supply and demand)

- Exercise increases O_2 consumption and CO_2 production.
- If body cannot maintain balance to hypoxia and hypercarbia is reflected by clinical and laboratory assessment.
- Need adequate respiratory and cardiac function in order to maintain acid-base and supply-demand balance.

Quick Review

ABG's are used to assess the effectiveness of respiration. Problems in external respiration occur from V/Q mismatches. Low V/Q areas produce oxygenation problems (shunting) and high V/Q ratios represent alveolar dead space ventilation. Internal respiration is the exchange of O_2 and CO_2 between the arterial blood and the tissues. Metabolic activity of the cells requires O_2 and produces CO_2 as a byproduct. ABGs are used to assess the level of O_2 available for metabolism and the effectiveness of lungs in removing CO_2 .



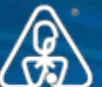
Indications for Mechanical Ventilation

- Simply stated mechanical ventilation is indicated when a patient is unable to adequately remove CO_2 and maintain adequate levels of O_2 in the arterial blood.
- Ventilation may be short or long-term depending on underlying disorder.



Goals of Mechanical Ventilation

- Decrease work of breathing
- Increase alveolar ventilation
- Maintain ABG values within normal range
- Improve distribution of inspired gases



Obstructive Lung Disease

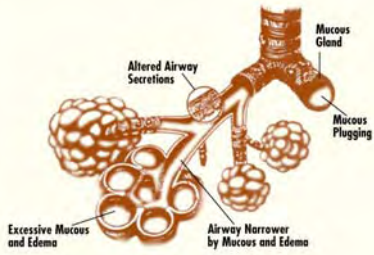
Goal of Ventilation: Reduce work of breathing

1. Emphysema

- **Pathology:** Destruction of terminal airways and air sacs.
- **Concerns:** Must assure adequate time and pressure for exhalation. Low pressures desirable to reduce the likelihood of damage to the lung, additional high airway resistance; end stages will also have poor lung compliance.



BRONCHITIS



Obstructive Lung Disease

Goal of Ventilation :

Reduce work of breathing

2. *Bronchitis*

- **Pathology:** Chronic inflammation of mucous-producing cells. Hyper-reactive airways. Excessive abnormal secretions from irritation (infection, allergies, smoke, etc.).
- **Concerns:** Ventilation only supportive; must reduce volume of secretions and remove irritants.



Respiratory Dysfunction

Diagnosis confirmed via PFTs

Obstructive Lung Disease

- Decreased expiratory flowrates
- Increased RV, FRC, and TLC = air trapping
“can’t get air out”
- Exhibit increased airway resistance
- Decreased elastance; increased compliance
- Examples: (COPD)
 - a. asthma
 - b. emphysema
 - c. bronchitis
 - d. bronchiolitis



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Respiratory Dysfunction

Restrictive Lung Disease

- Decreased volumes and capacities, normal flowrates
- “can’t get volume in”
- Exhibit decreased compliance, increased elastance
- Examples:
 - a. pulmonary fibrosis
 - b. pulmonary edema
 - c. pneumo/hemo thorax
 - d. ARDS/IRDS
 - e. chest wall deformities
 - f. obesity
 - g. neuromuscular disorders

Work of Breathing

Work = Force (pressure) x Distance (volume)

- Pressure generated must overcome:
 - a. resistance of airways
 - b. compliance of lung and chest wall
- Muscles of respiration are very inefficient
 - can fatigue and lead to respiratory failure
- Signs of fatigue:
 - a. increased respiratory rate
 - b. increased arterial CO₂
 - c. paradoxical breathing



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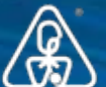
Mechanical Ventilation

1. Negative Pressure Ventilators

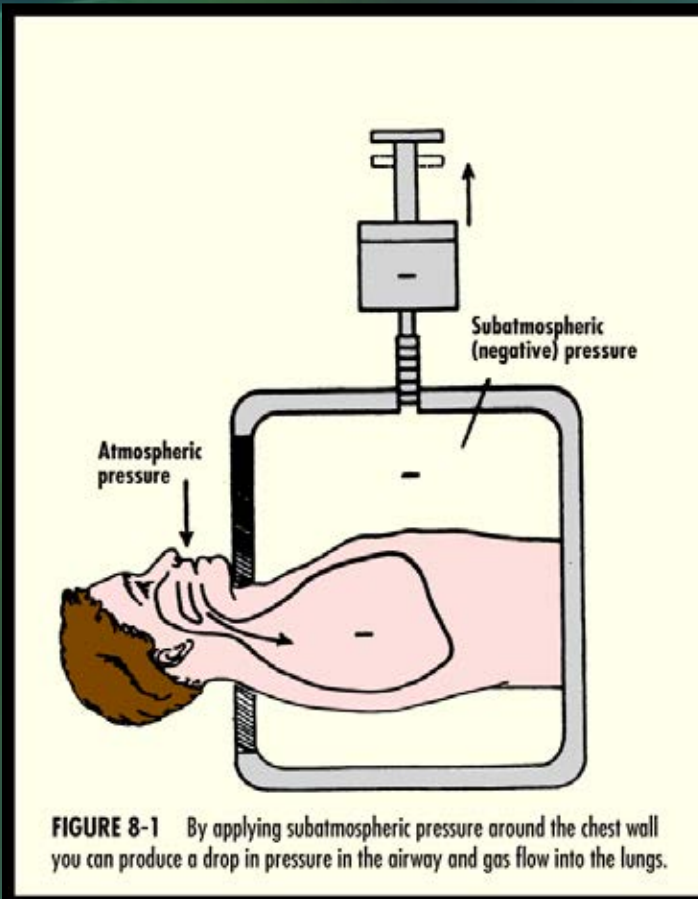
- Iron lung
- Cuirass

2. Positive Pressure Ventilators

- Volume ventilators
- Pressure ventilators



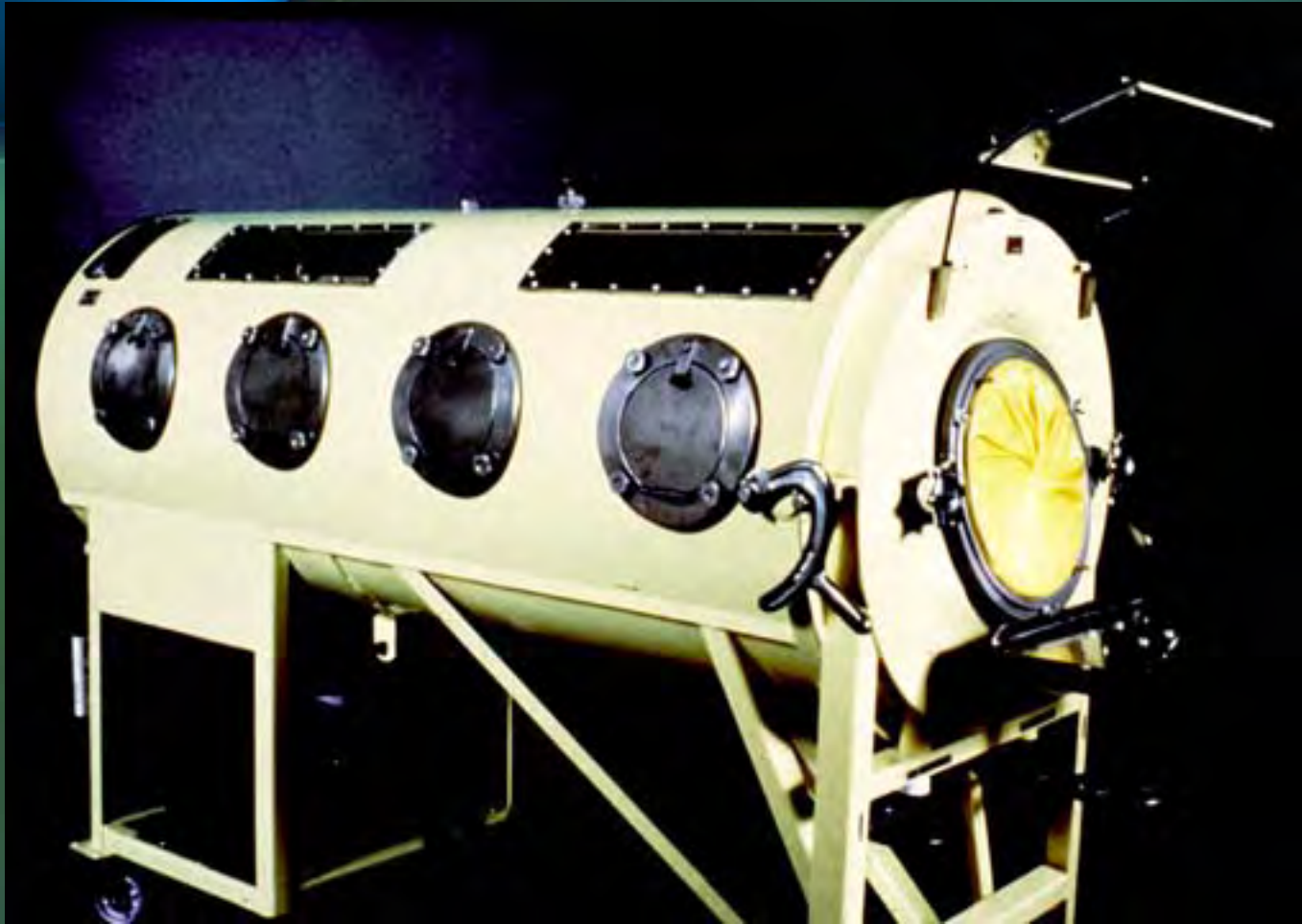
Negative Pressure Ventilation



- Creates a negative (subatmospheric) extrathoracic pressure to provide a pressure gradient.
- Mouth (atmospheric), Lungs (subatmospheric) = Inspiration
- Problems?



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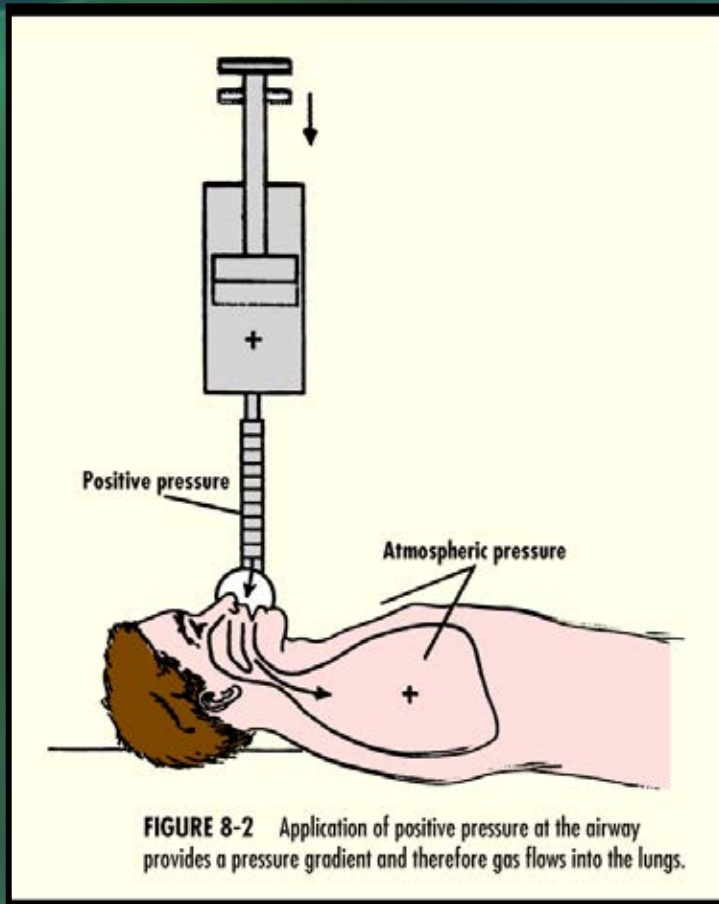


Emerson Iron Lung



NEV 100 + Neumo suit

Positive Pressure Ventilation



- Creates a positive intrapleural pressure in presence of atmospheric extrathoracic pressure.
- Mouth (atmospheric), Lungs (atmospheric) = Inspiration
- Problems?

Negative vs. Positive Pressure Ventilation

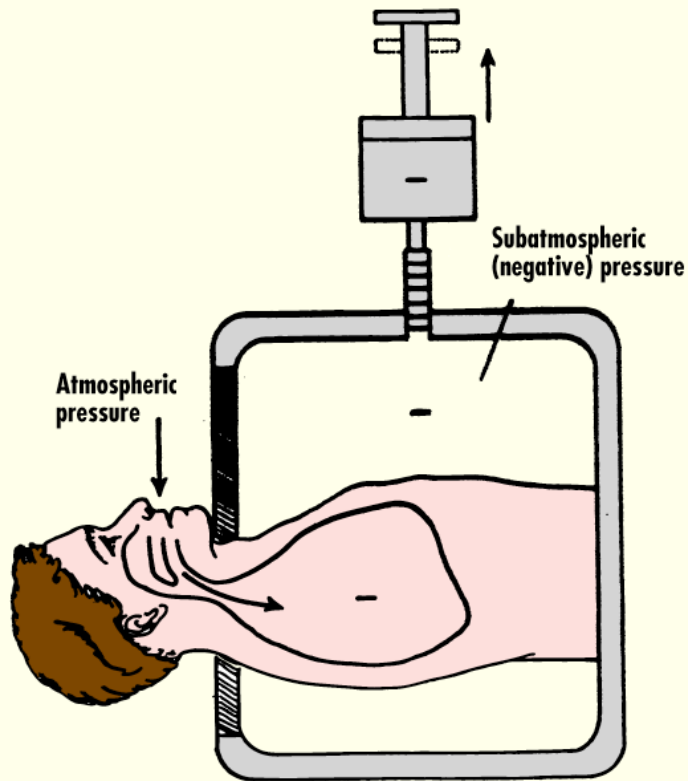


FIGURE 8-1 By applying subatmospheric pressure around the chest wall you can produce a drop in pressure in the airway and gas flow into the lungs.

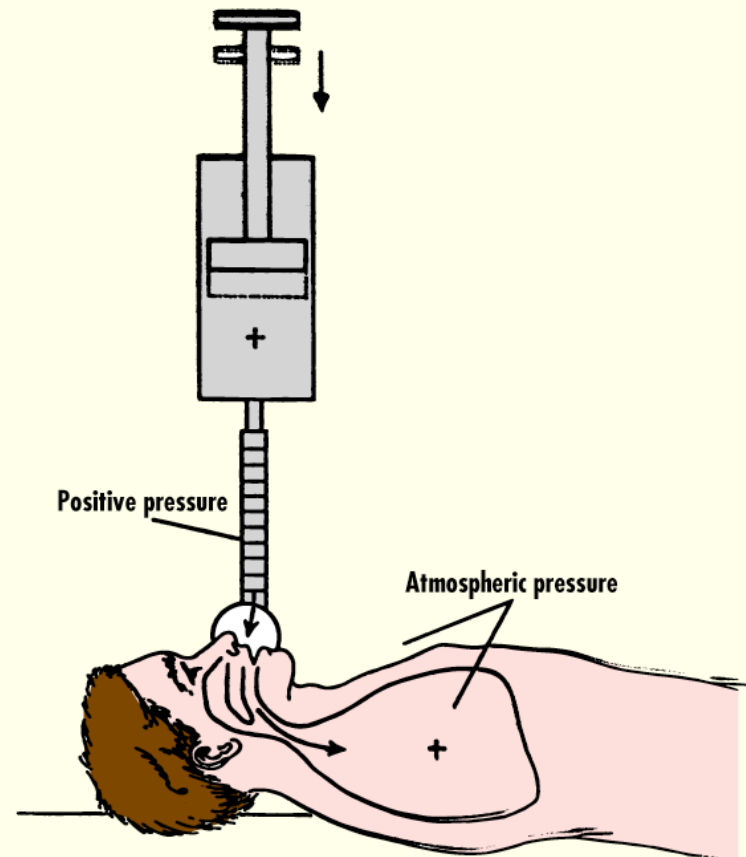


FIGURE 8-2 Application of positive pressure at the airway provides a pressure gradient and therefore gas flows into the lungs.

Positive Pressure Ventilation

Volume-Targeted Ventilation

- Preset volume is delivered to patient.
- Inspiration ends once volume is delivered.
- Volume constant, pressure variable.
- Ensures proper amount of air is delivered to lungs regardless of lung condition
- May generate undesirable (high) airway pressures.



Positive Pressure Ventilation

Pressure-Targeted Ventilation

- Preset inspiratory pressure is delivered to patient.
- Pressure constant, volume variable.
- Clinician determines ventilating pressures.
- Volumes may increase or decrease in response to changing lung conditions.



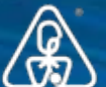
(TRIGGERING) Starting Inspiration

1. Manual Trigger
2. Patient (Flow/Pressure)Trigger -(assist)
3. Time-Trigger- (control)
4. Patient/Time-Trigger (assist/control)



(CYCLING) Ending Expiration

1. Pressure
2. Volume
3. Time
4. Flow
5. Manual



RESPIRONICS®

www.respironics.com

Ventilator Parameters

Settings

Volume-Targeted Ventilation

Tidal Volume

- **Definition:** How much air movement is needed to adequately remove CO_2 from the blood.
- **Setting:** Usually 8-10mL/kg or adjusted as indicated by arterial CO_2 levels.



Respiratory Rate

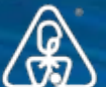
- **Definition:** The frequency that the tidal volume must be delivered to adequately remove CO_2 .
- **Setting:** Usually 12-14/min may be increased or decreased as indicated by arterial CO_2 levels.



Peak Inspiratory Pressure

- **Definition:** Reflects airway resistance and lung compliance (work required to move air through the airways and into the alveoli).

Elevated with either increased resistance (tracheal tube, ventilator circuitry) or decreased compliance.

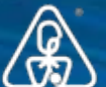


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Inspiratory Time

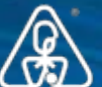
- **Definition:** Part of the ventilatory cycle necessary for inspiration
- **Setting:** Maintain an I:E of 1:2 or greater (1:3, 1:4, etc.)



Pressure-Targeted Ventilation

Peak Inspiratory Pressure

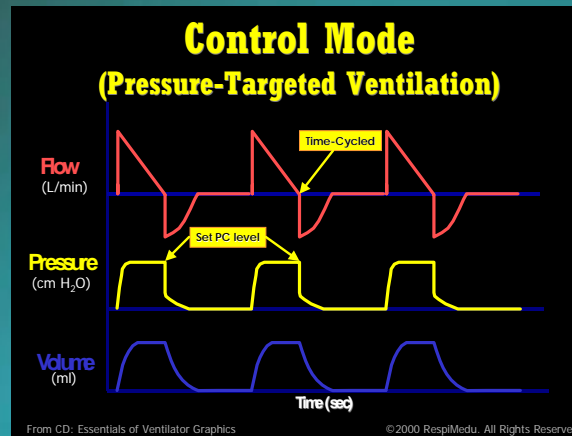
- **Definition:** Reflects airway resistance and/or lung compliance.
- **Setting:** Set to allow the delivery of an adequate tidal volume.



Modes of Ventilation

Control

- Indicated when patient cannot initiate inspiration.
- Inspiration is initiated by timing device.
- Machine controlled breath.



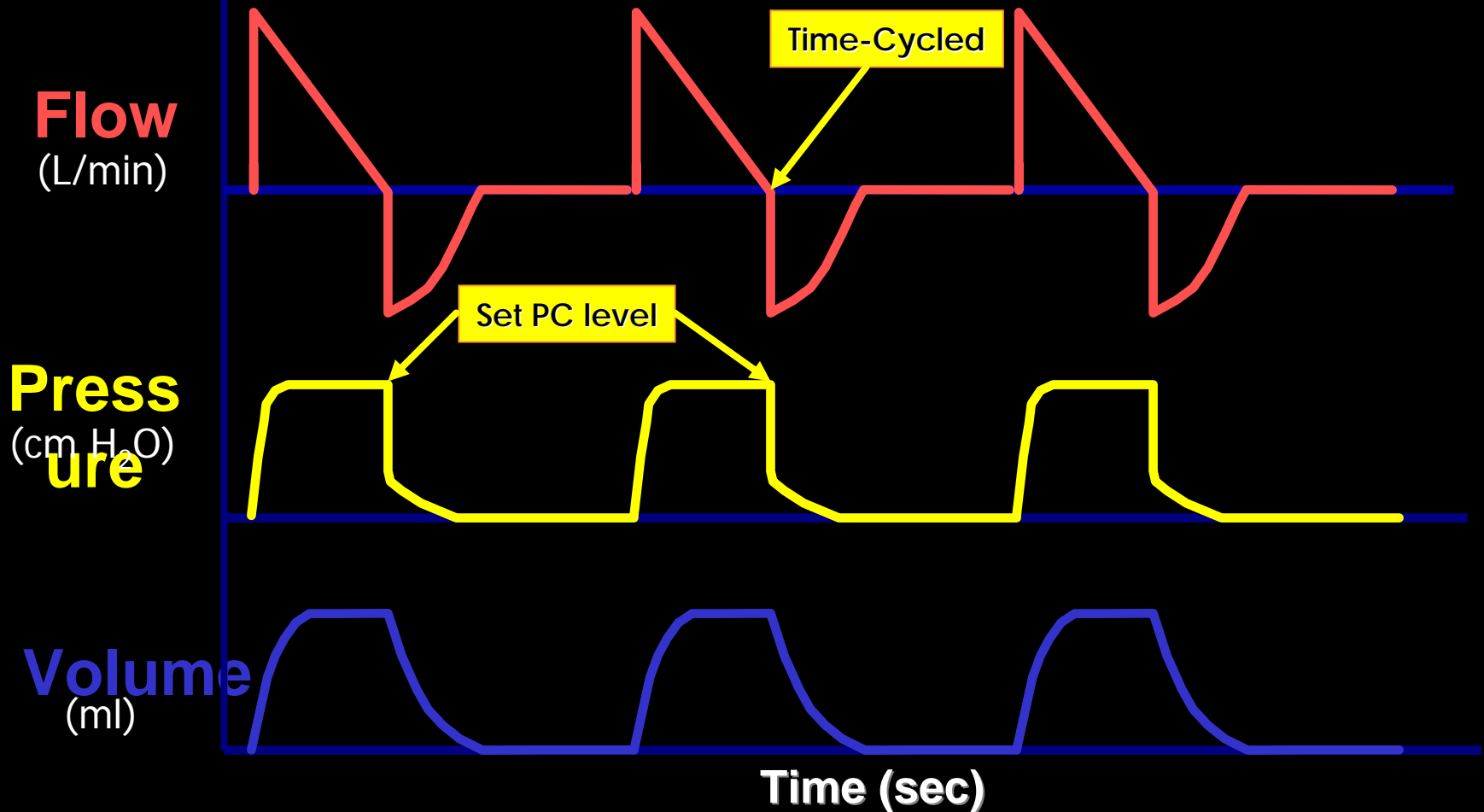
Click on the graphic to see details



Back to Index

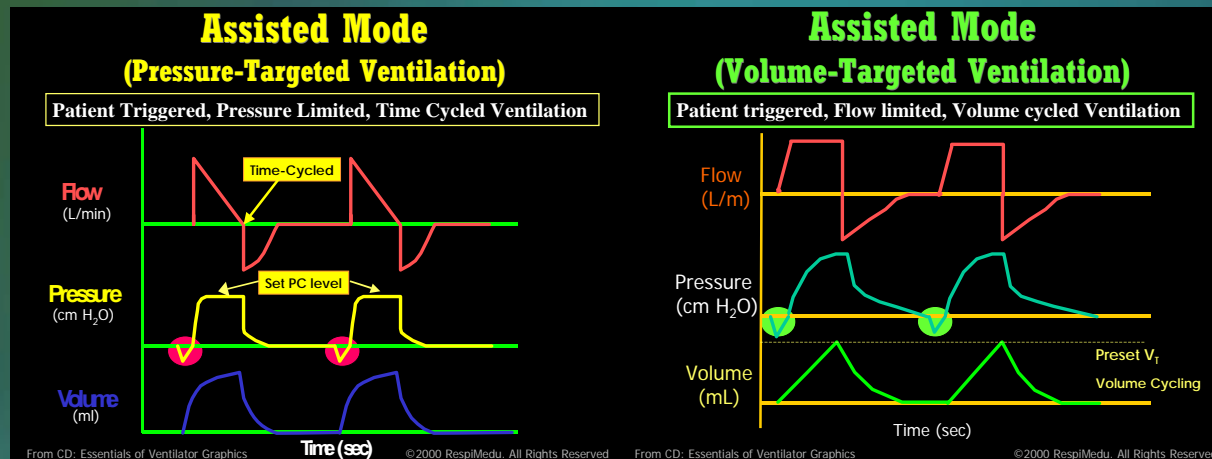
Control Mode

(Pressure-Targeted Ventilation)



Assist-Control

- Breath initiated by patient unless rate falls below selected respiratory rate.
- Each breath's pressure or volume is preset.



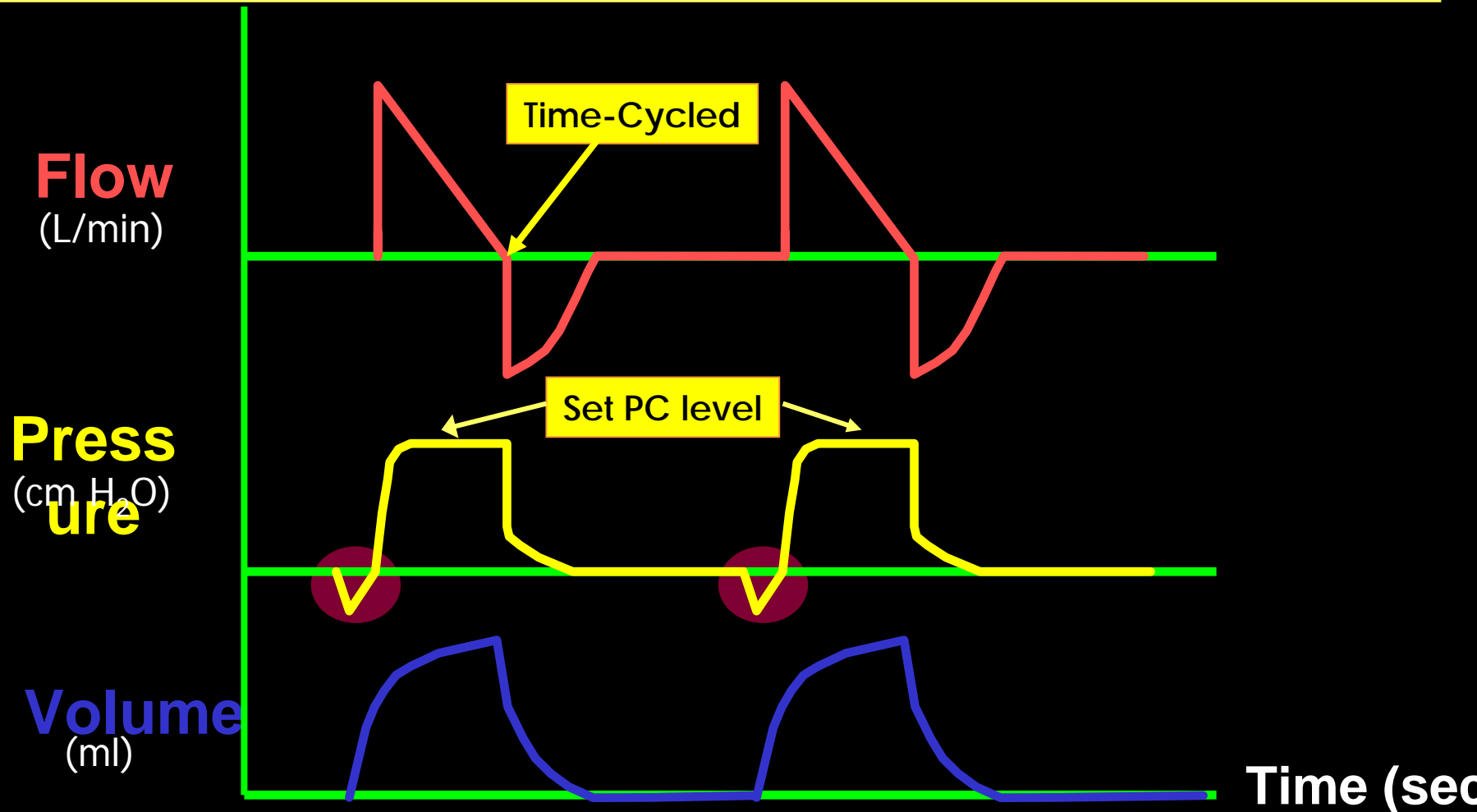
Click on the graphics to see details



Back to Index

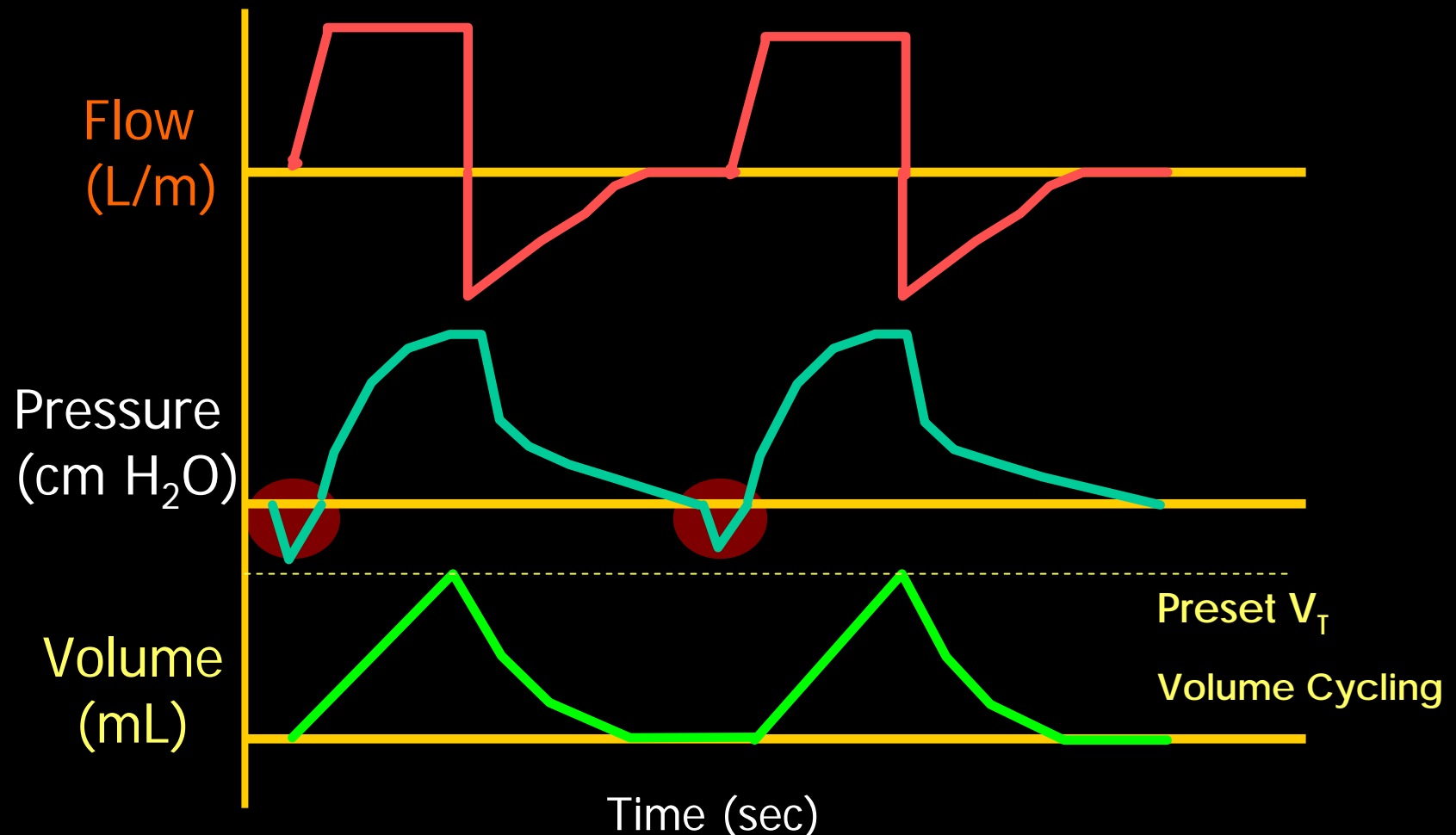
Assist-Control Mode (Pressure-Targeted Ventilation)

Patient Triggered, Pressure Limited, Time Cycled Ventilation



Assist-Control Mode (Volume-Targeted Ventilation)

Patient triggered, Flow limited, Volume cycled Ventilation



Flow-Trak™

VCV made easy!

What Is Flow-Trak

- It's an enhancement to standard VCV
- Doesn't punish the patient if Peak Flow setting is inappropriately low
- If the peak flow or tidal volume does not meet the patient's demand, Flow-Trak will give additional flow to satisfy patient need

Flow-Trak

Features

Benefits

It's always on No additional settings	Easy to use
Allows unrestricted access to flow/volume within a VCV breath without increasing driving pressure	Enhances patient-to-ventilator synchrony
Maintains the same expiratory time	Reduces the likelihood of breath-stacking and Auto-PEEP

Flow-Trak

Features

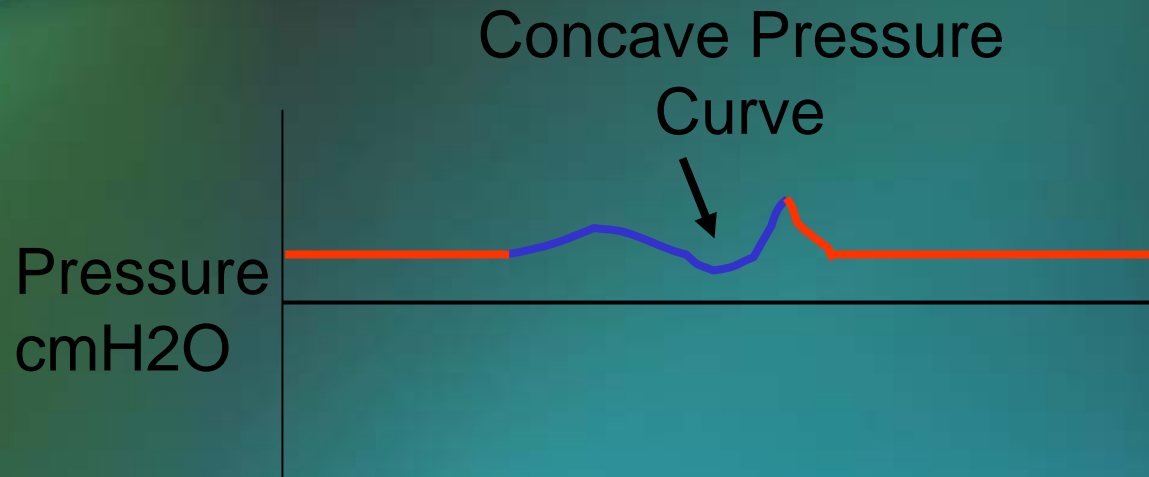
Benefits

High Ve alarm	Alerts clinician to consistent increased ventilatory demands
Switches back to VCV if initial flow demand decreases before set Vt is delivered	Ensures the preset Vt is always delivered
Patient controls insp time on Flow-Trak breaths	Patient-to ventilator synchrony

Flow-Trak — Simple Version

- Inspiration
 - Starts off as standard VCV breath either with square or decelerating flow pattern
 - If circuit pressure drops to PEEP minus 2cm H₂O (patient outdraws set flow), Flow-Trak is initiated.
- Once Flow-Trak is triggered it will pressure control to a target of 2 cmH₂O above baseline.

Without FlowTrak



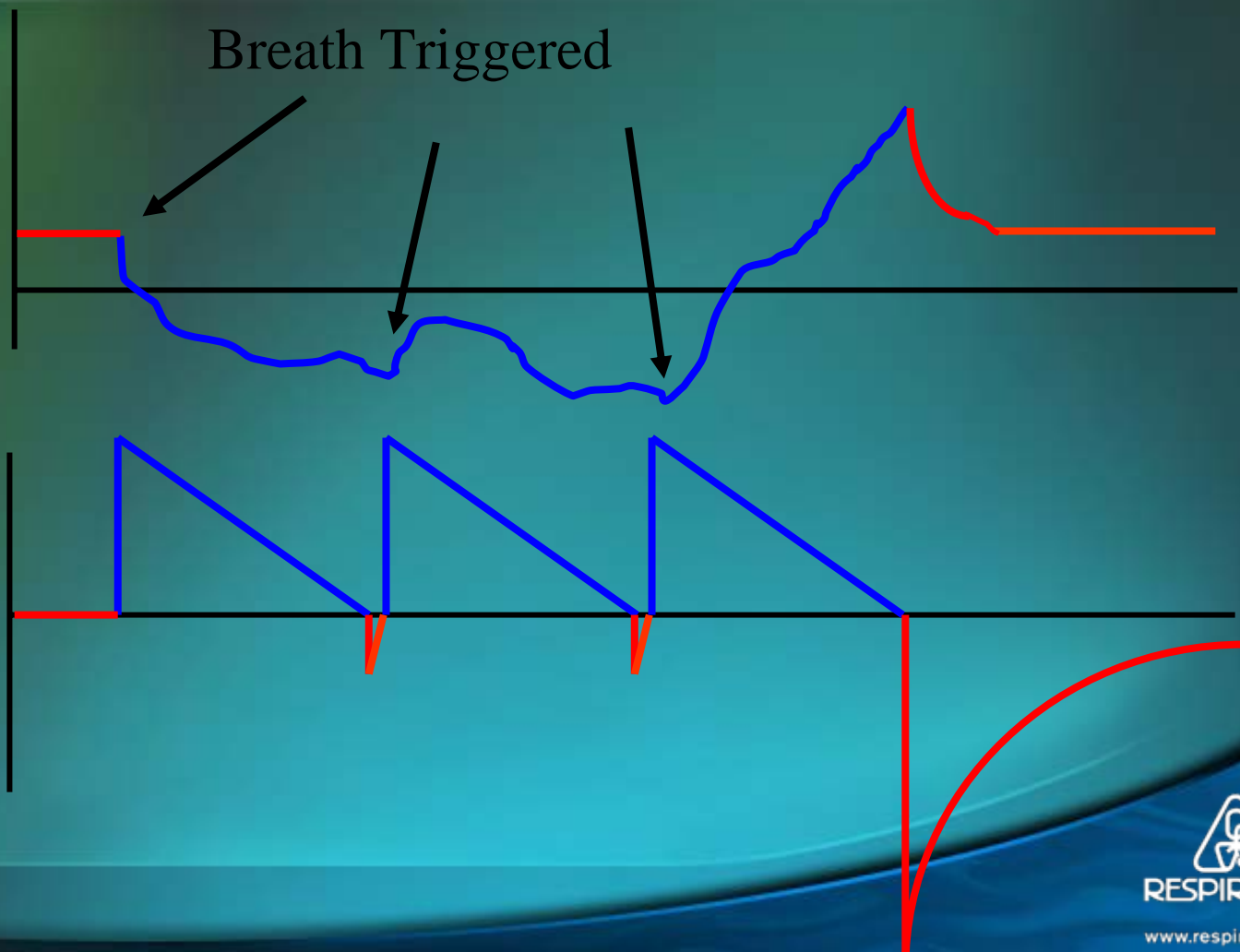
Profound Patient-to-ventilator dysynchrony ensues

Without FlowTrak

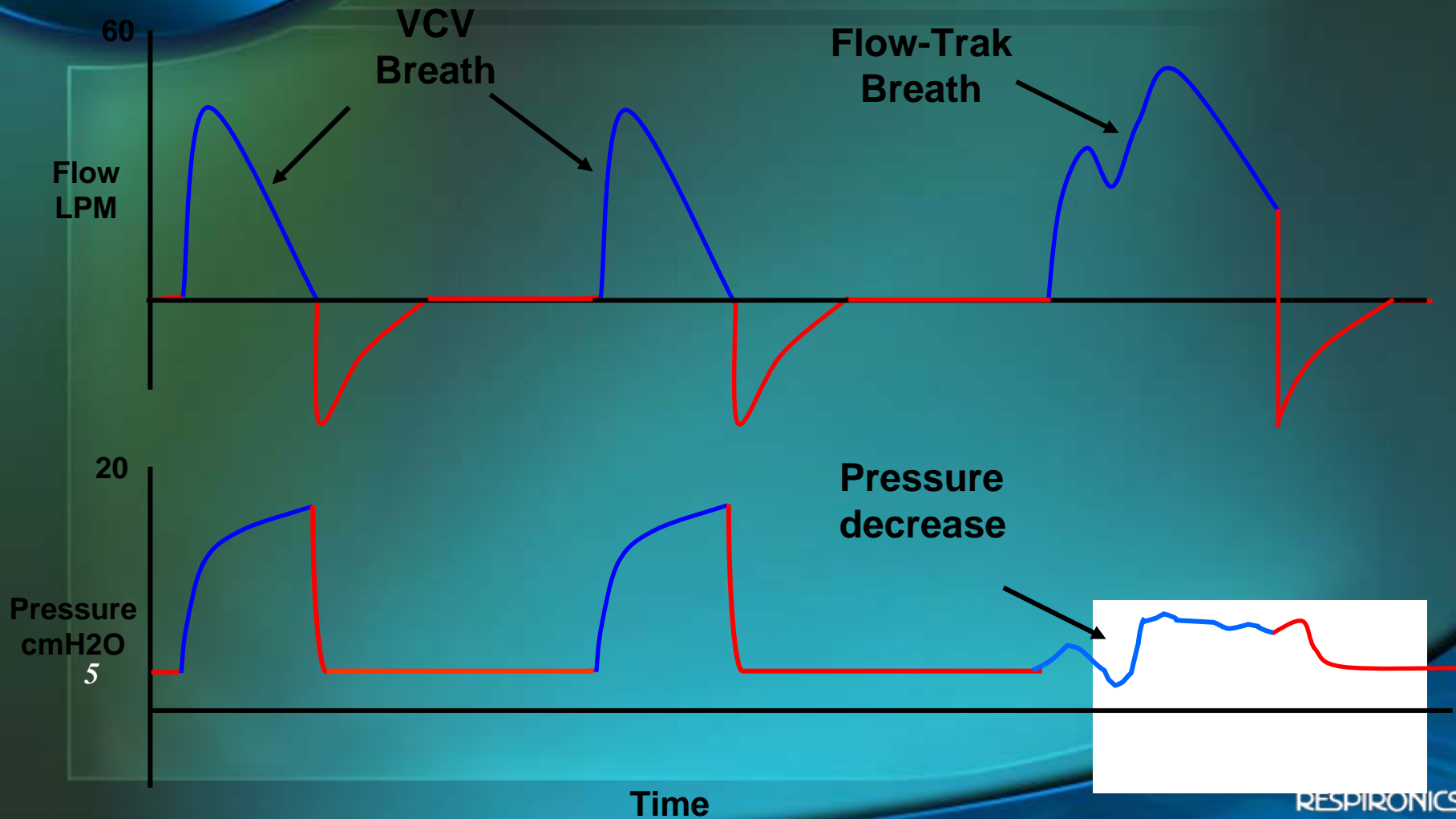
Pressure
cmH₂O

Breath Triggered

Flow
LPM



Flow-Trak



Intermittent Mandatory Ventilation (IMV)

- Machine delivers a set number of machine breaths, patient can breathe spontaneously between machine breaths.

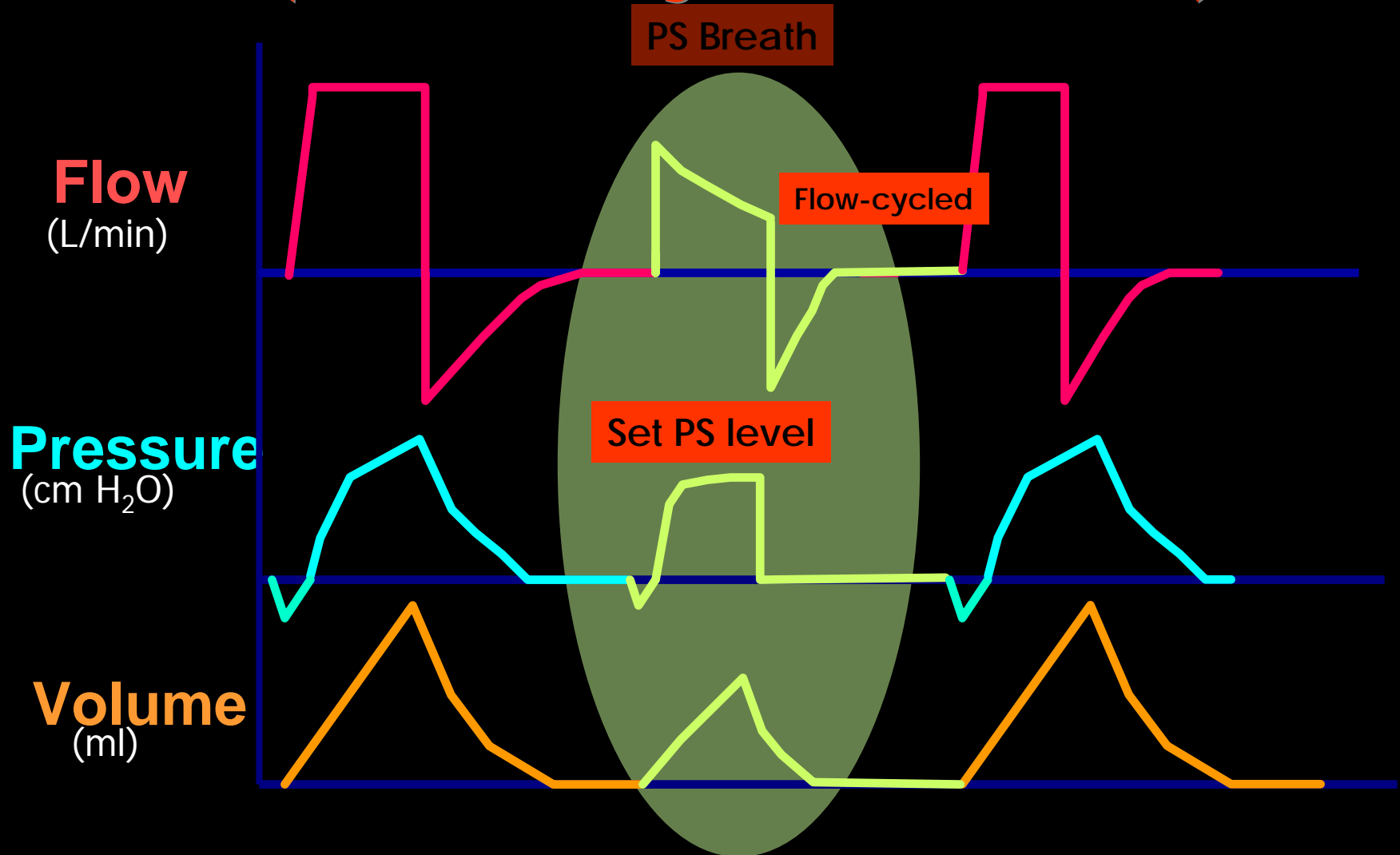
Synchronized Intermittent Mandatory Ventilation (IMV)

- Patient-initiated breath.
- Prevents breath stacking.



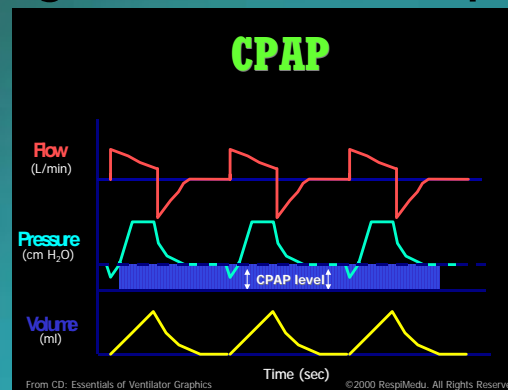
SIMV+PS

(Volume-Targeted Ventilation)



Continuous Positive Airway Pressure (CPAP)

- Preset pressure is maintained in the airway.
- Patient must breathe spontaneously - no mechanical breaths delivered.
- “breathing at an elevated baseline”
- Increases lung volumes, improves oxygenation.

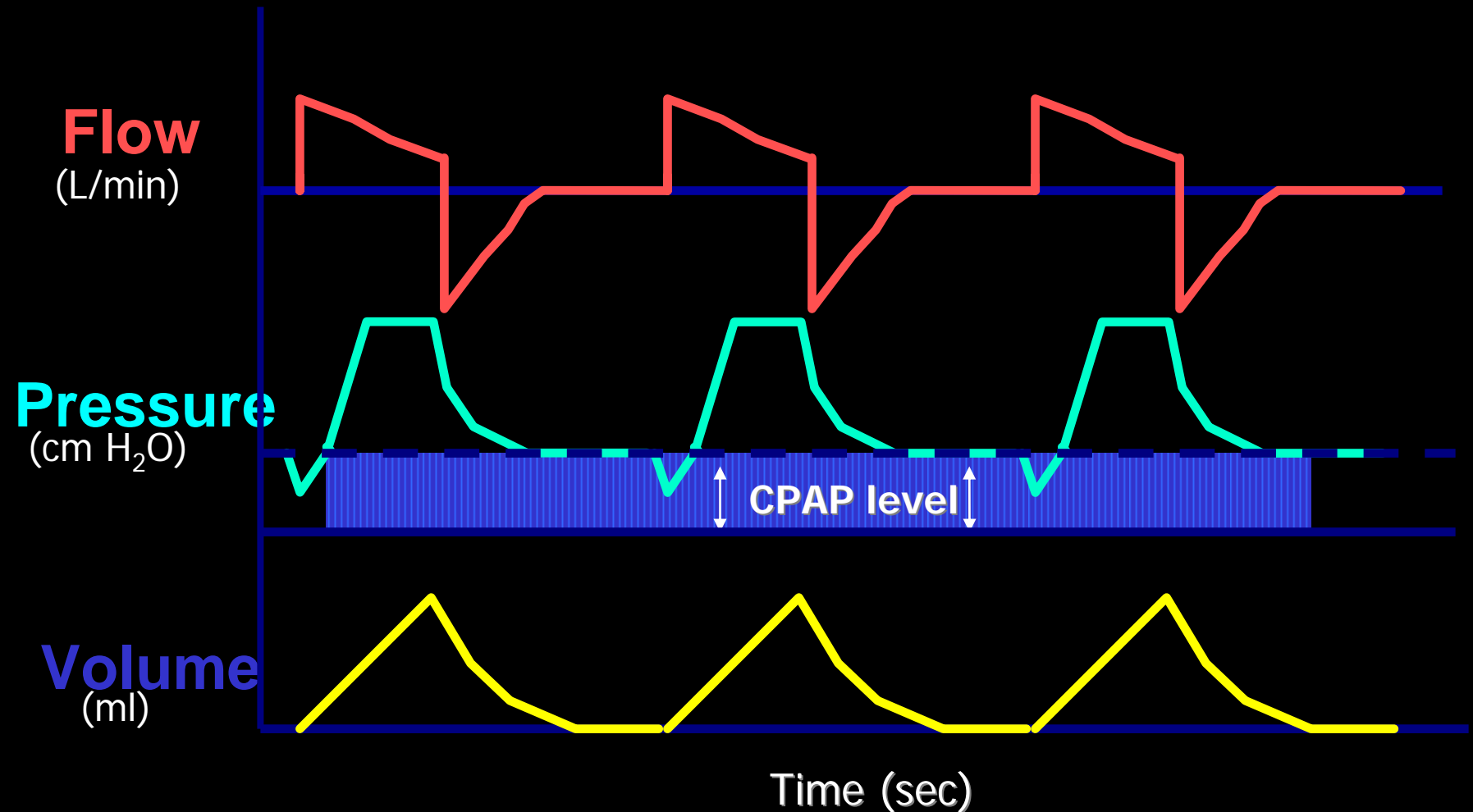


Click on the graphic to see details



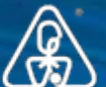
Back to Index

CPAP



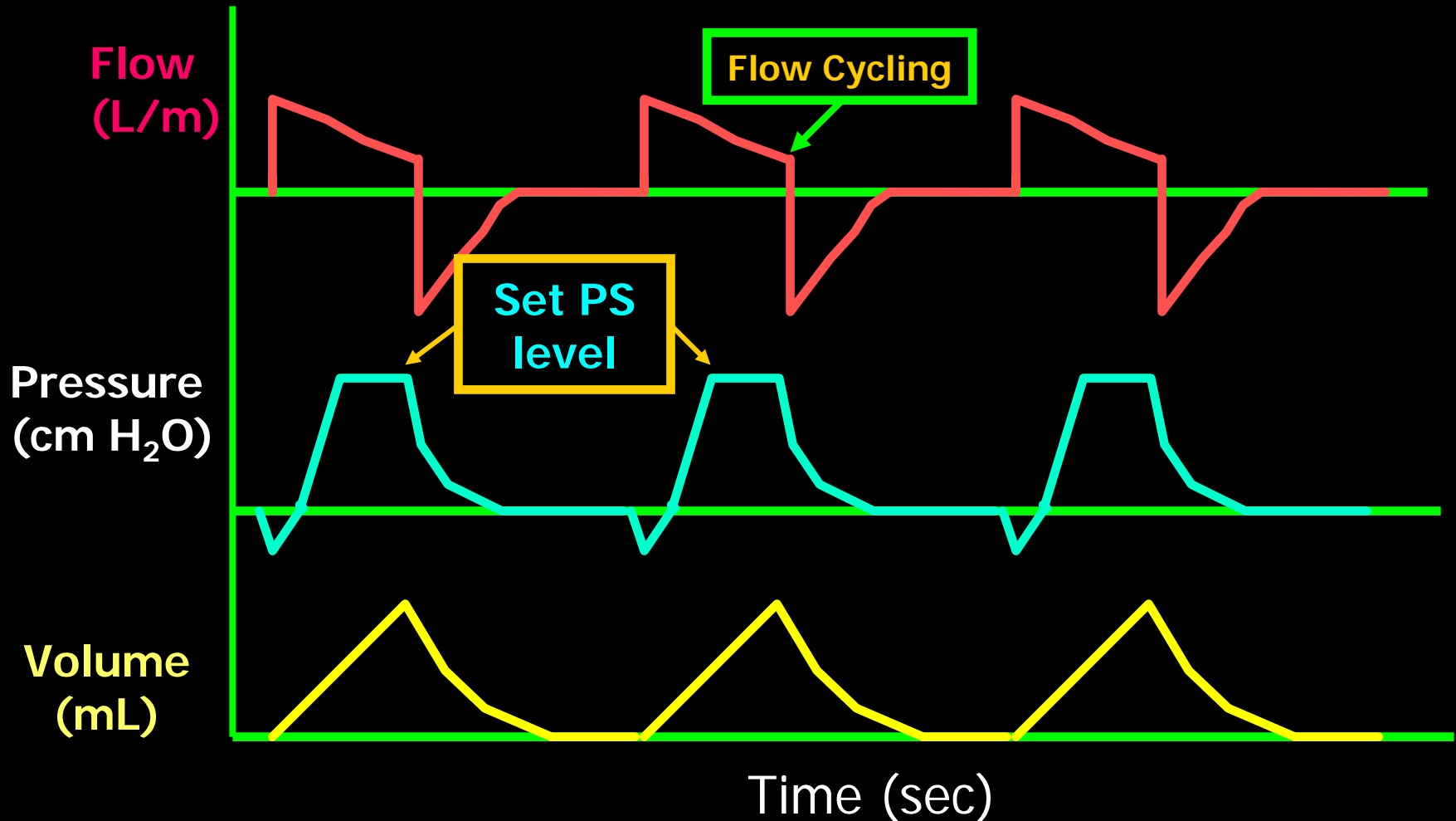
Pressure Support Ventilation (PSV)

- Patient-triggered, pressure-limited, flow-cycled breath.
- Augments spontaneous ventilation.
- Commonly used as a weaning mode.
- Pressure plateaus at set pressure until inspiration ends (flow).



PSV

Patient Triggered, Flow Cycled, Pressure limited Mode

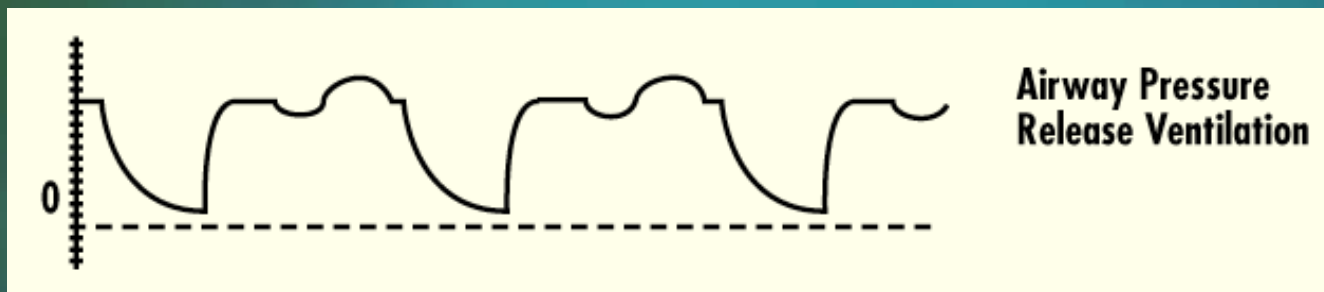


Pressure Control Ventilation

- Mechanical breath delivered at a preset peak inspiratory pressure.
- Can be used with inverse ratios.
- Mode of choice in management of patients with ARDS.

Airway Pressure Release Ventilation (APRV)

- Similar to CPAP, except at a predetermined time, system pressure will drop to a lower CPAP level or ambient pressure.
- Aids in CO₂ removal.
- Drop is short in duration.
- Allows patient to breathe spontaneously at two levels of CPAP.



Bi-Level Positive Airway Pressure (BiPAP)

- Non-invasive ventilation.
- Set IPAP to obtain level of pressure support.
 - Improve ventilation.
- Set EPAP to obtain level of CPAP.
 - Improve oxygenation.

High Frequency Ventilation

- Small tidal volumes < deadspace breaths at high rates.
- Different modalities:
 - High Frequency Jet Ventilation
 - High Frequency Flow Interruption
 - High Frequency Positive Pressure Ventilation
 - High Frequency Oscillatory Ventilation



Ventilator Controls

Ventilator Controls

1. Mode
2. Tidal Volume (volume ventilator)
 - 6-10 mL/Kg ideal body weight
 - measured at ventilator outlet
3. Respiratory Rate
 - normally 12-15 bpm
 - alters E time, I:E ratio, CO₂



Ventilator Controls

4. Flowrate

- normal setting is 40-60 Lpm
- alters inspiratory time

5. I: E ratio

- normal is 1: 2(adult); 1: 1 (infant)
- volume, flowrate, and rate control alter I:E ratio

6. FiO₂

- Titrate to keep SpO₂ > 90%

Ventilator Controls

7. Sensitivity

- normally -0.5 to -2 cmH₂O

8. Inflation hold

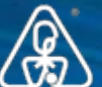
- used to improve oxygenation, calculate static compliance

9. PEEP

- used to increase FRC - improve oxygenation

10. Alarms

Ventilatory Management



RESPIRONICS®

www.respironics.com

Establish ARF

**Appropriate
Initial Settings**

**Weaning
&
Extubation**

**Mechanical
Ventilation**

**Appropriate
Alarm Settings**

**Titrating
Parameters**

Monitoring



RESPIRONICS

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Pressure

Volume

**Parameter
Titration**

**Mechanical
Ventilation**

**Other
Ventilator
Parameters**

**Noninvasive
Assessment**

**Acidbase Balance
&
Oxygenation**

Modes of Ventilation

FULL SUPPORT

Control

Assist

Assist/control

SPONTANEOUS

Spontaneous

CPAP

PSV

**CPAP
+
PSV**

PARTIAL SUPPORT

SIMV

**SIMV
+
CPAP**

**SIMV
+
PSV**

**SIMV
+
PSV
+
CPAP**

\dot{V}_A and PaCO_2

Tidal Volume (V_T)

x

Frequency (f)

\dot{V}_A

PaCO_2

$$\begin{aligned}\dot{V}_A &= \dot{V}_E - \dot{V}_D \\ &= (V_T - V_D) f\end{aligned}$$



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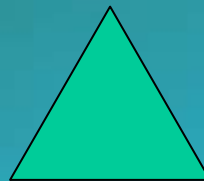
Titration of Parameters

- \dot{V}_E and PaCO_2

Tidal Volume (V_T)
x
Frequency (f)

\dot{V}_E

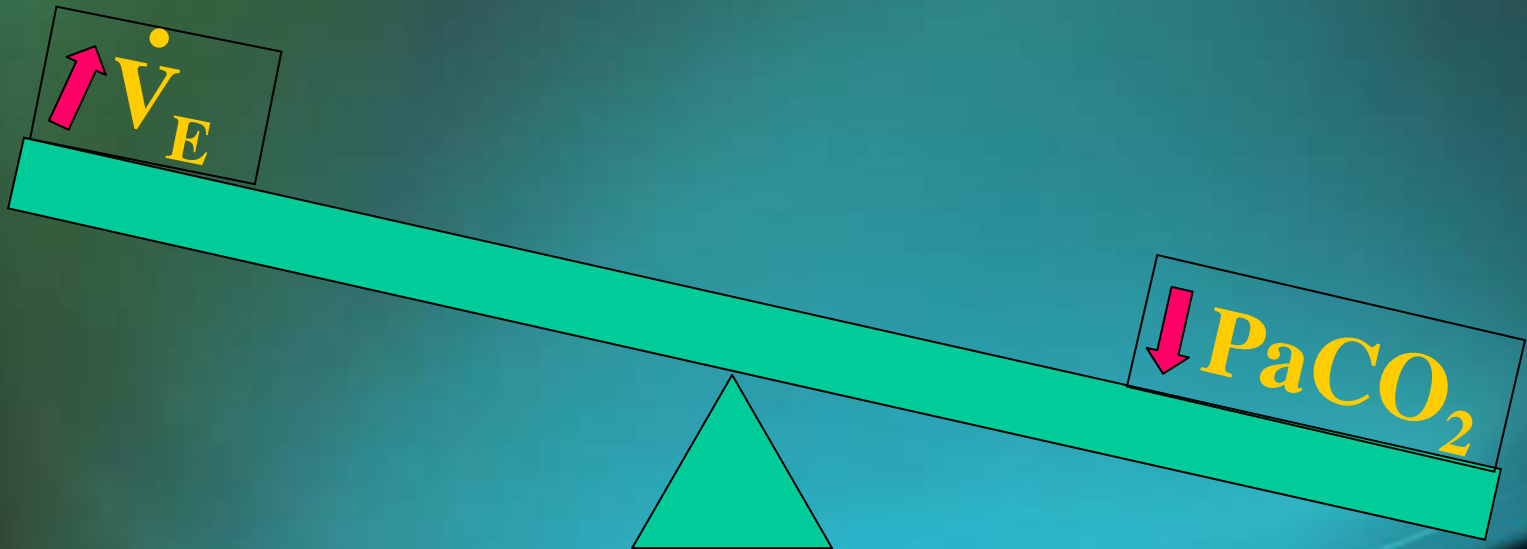
PaCO_2



Titration of Parameters

- \dot{V}_E and PaCO_2

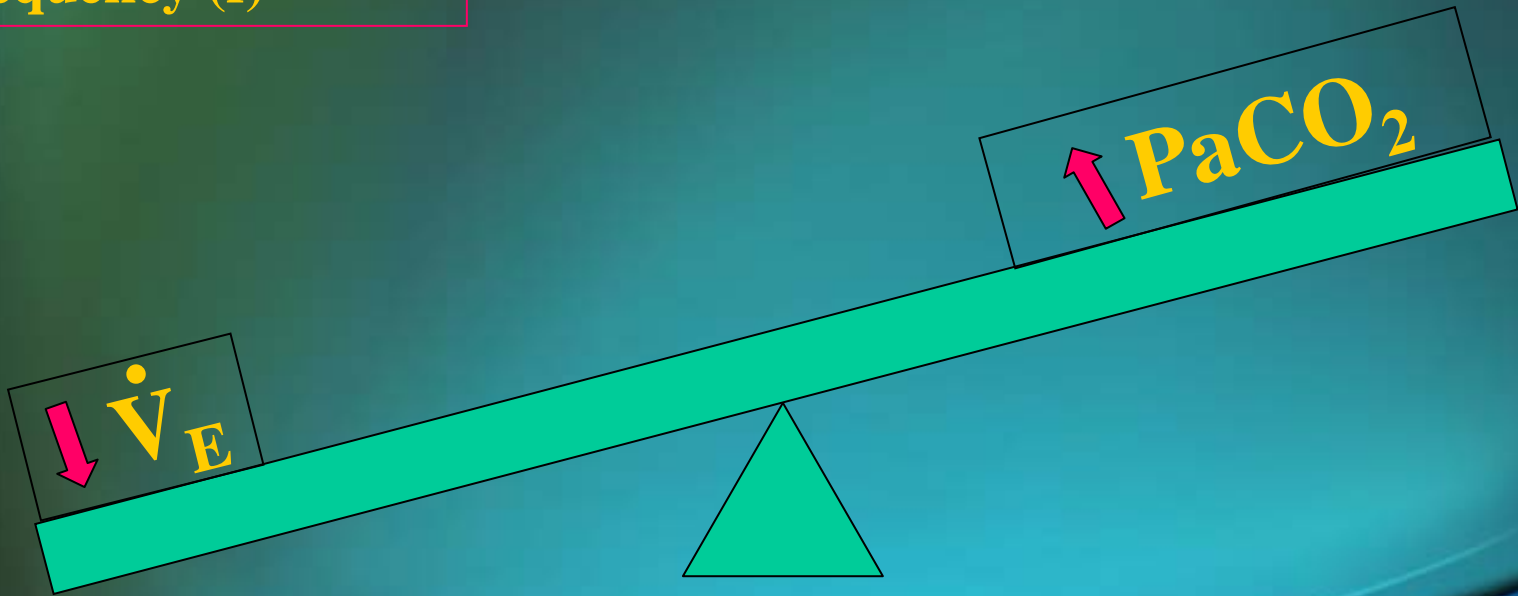
↑ Tidal Volume (V_T)
x
Frequency (f)



Titration of Parameters

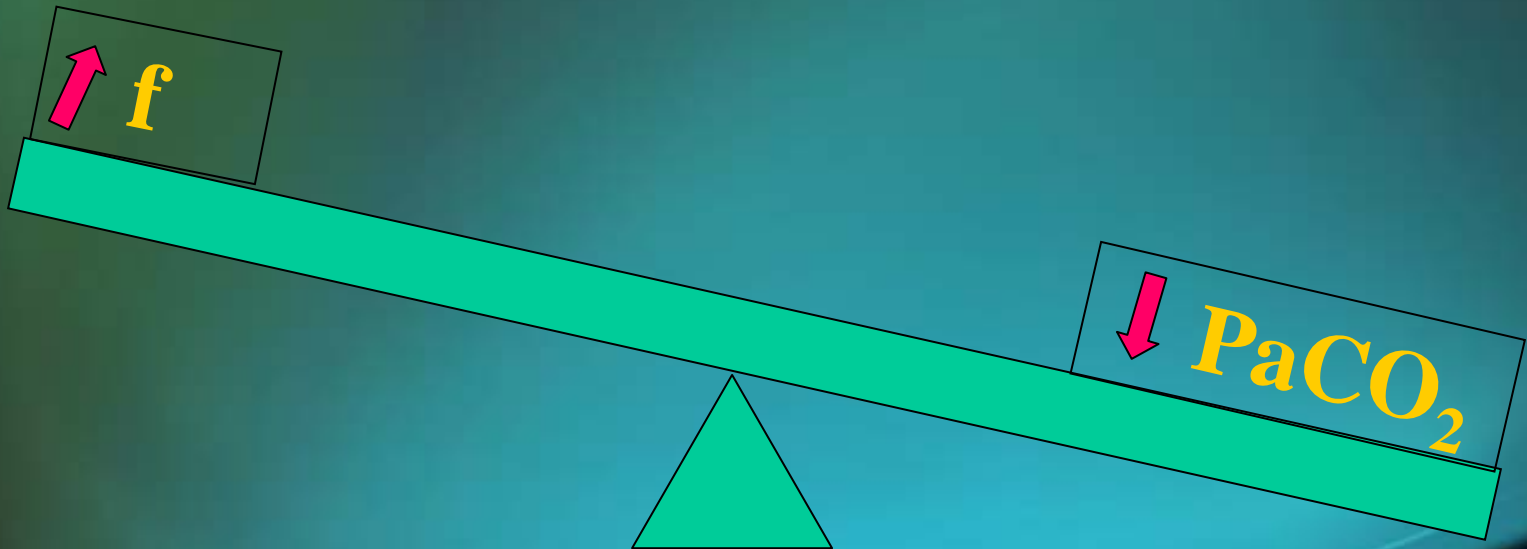
- \dot{V}_E and PaCO_2

↓ Tidal Volume (V_T)
x
Frequency (f)



Titration of Parameters f and PaCO_2

↑ Tidal Volume (V_T)
x
Frequency (f)

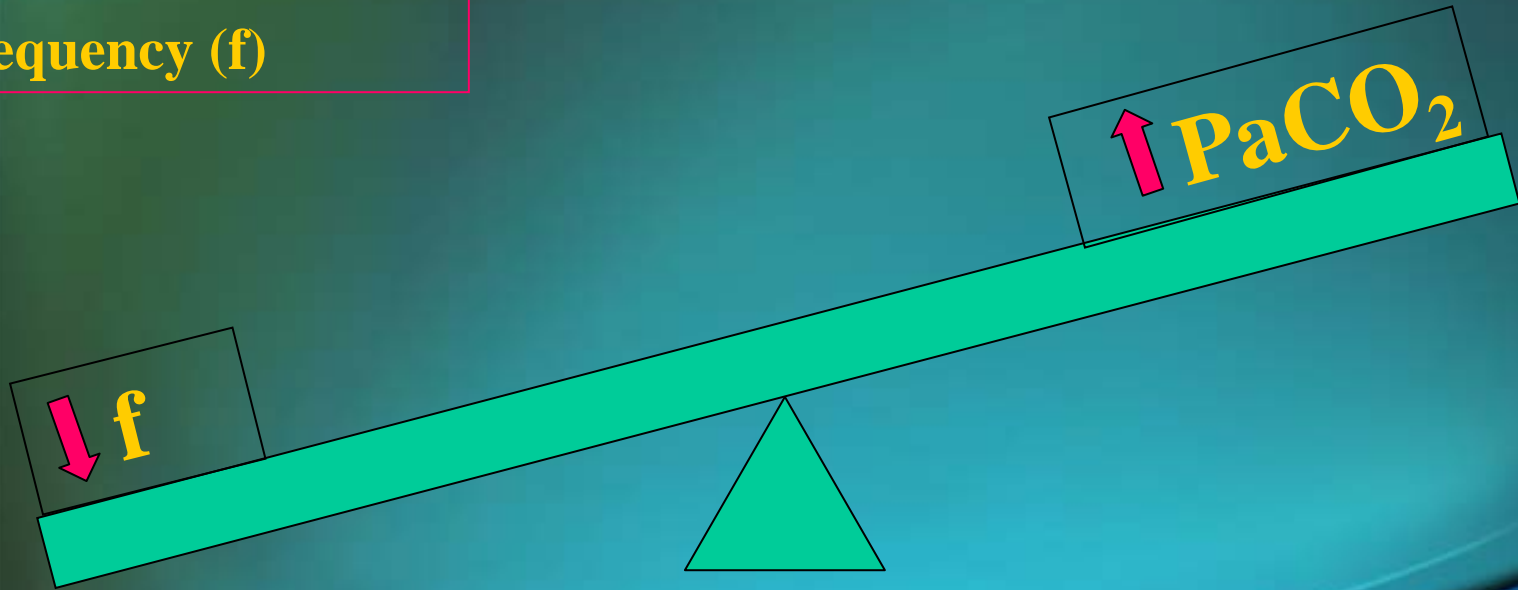


Titration of Parameters f and PaCO_2

Tidal Volume (V_T)

x

↓ Frequency (f)



Parameter Titration

PaO_2 and FiO_2

Increased FiO_2 increases PaO_2



FiO_2

PaO_2



Decreased FiO_2 decreases PaO_2

Capnography

- EtCO₂
- Capnogram
- Respiratory Rate



Volumetric CO₂

- CO₂ Elimination
- Deadspace
- Alveolar Ventilation
- Physiologic Vd/Vt



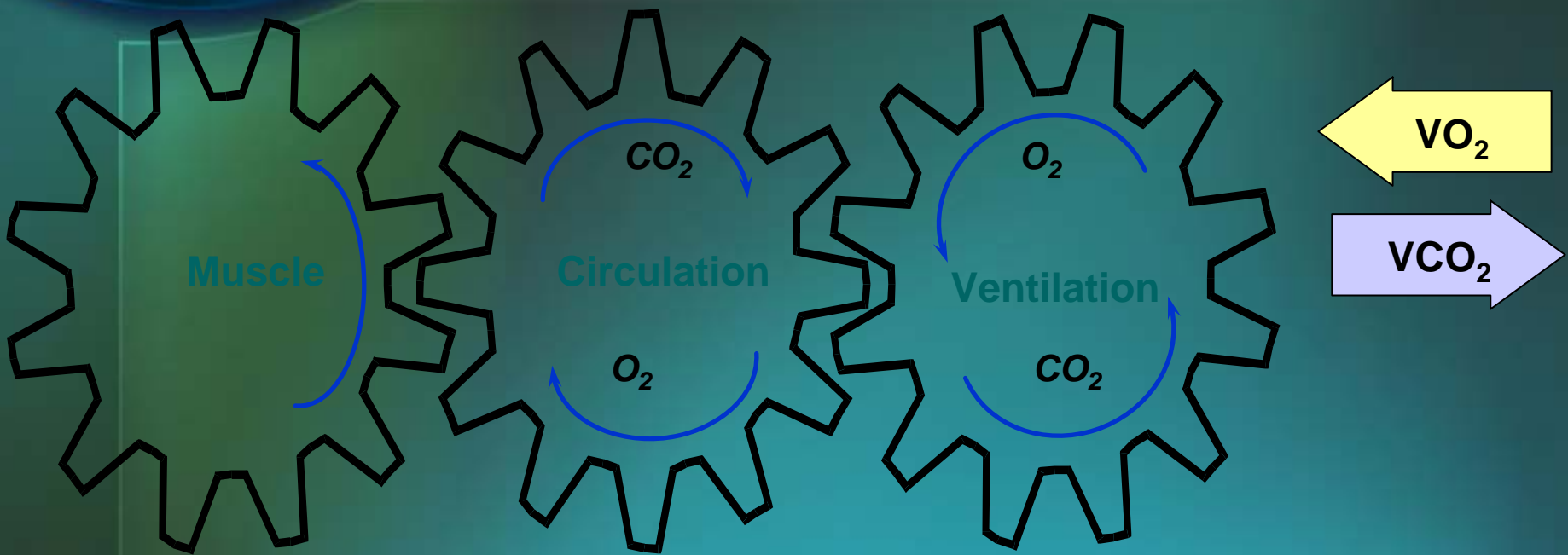
Integration of Flow & CO₂

The integration of CO₂ and Flow provides an easy method to obtain previously difficult to obtain parameters

- VCO₂ = CO₂ Elimination
- Airway Deadspace, Physiologic V_D/V_T
- Alveolar Ventilation
- Cardiac Output

Capnography	Volumetric CO ₂
<ul style="list-style-type: none">• EtCO₂• Capnogram• Respiratory Rate	<ul style="list-style-type: none">• CO₂ Elimination• Airway Deadspace• Alveolar Ventilation• Physiologic Vd/Vt• Cardiac Output

CO₂ Metabolism



VCO₂ - A Few Basics

1

Metabolism
(CO₂ Production)

PaCO₂

2

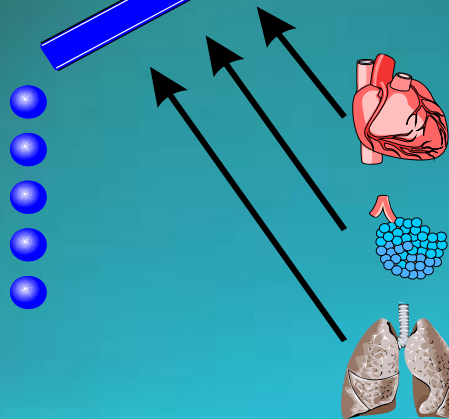
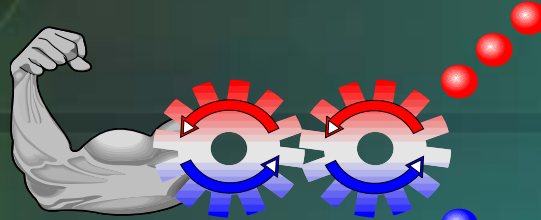
Things that affect
CO₂ elimination

Circulation

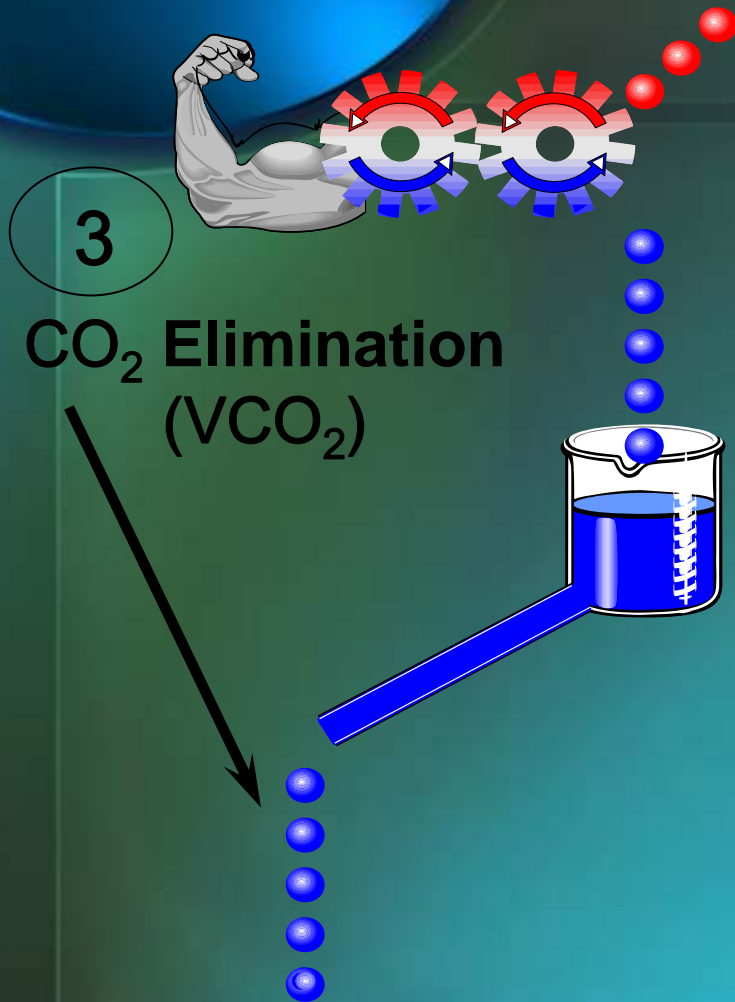
Diffusion

Ventilation

CO₂ Elimination
(VCO₂)



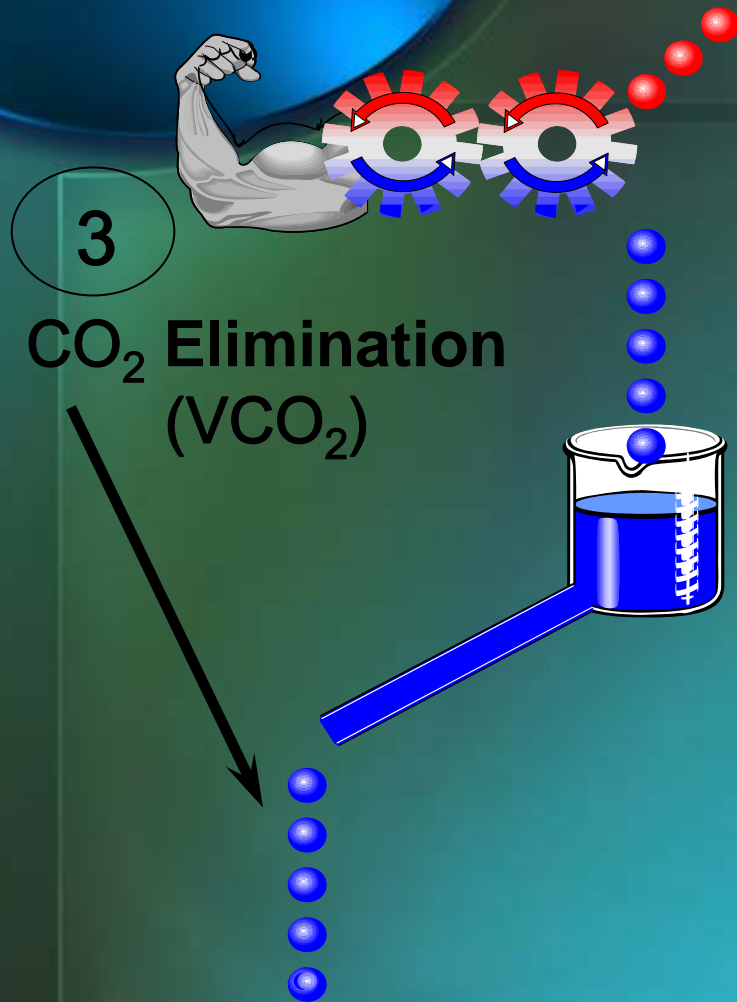
VCO₂ - A Few Basics



Why Measure VCO₂?

- Very Sensitive Indicator of PATIENT STATUS CHANGE
- Signals Future Changes in PaCO₂
- Defines When to Draw a Blood Gas → Reduces the # of ABGs

$V\text{CO}_2$ - A Few Basics



Why Measure $V\text{CO}_2$?

- Very Sensitive Indicator of PATIENT STATUS CHANGE
- Signals Future Changes in PaCO_2
- Defines When to Draw a Blood Gas → Reduces the # of ABGs

HMM!! VCO2?



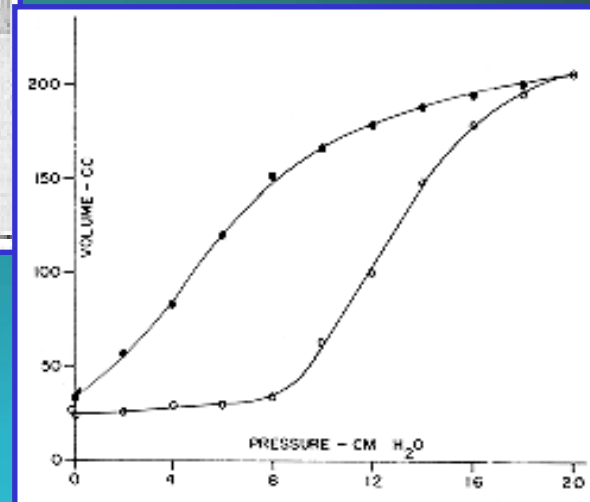
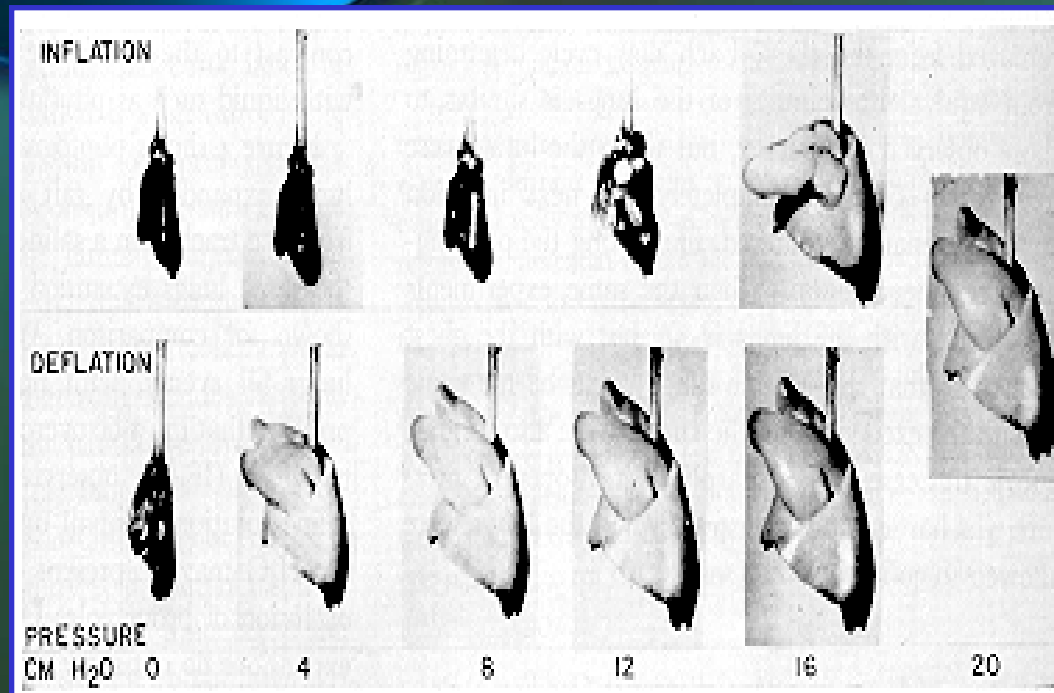
Oxygen

VCO2

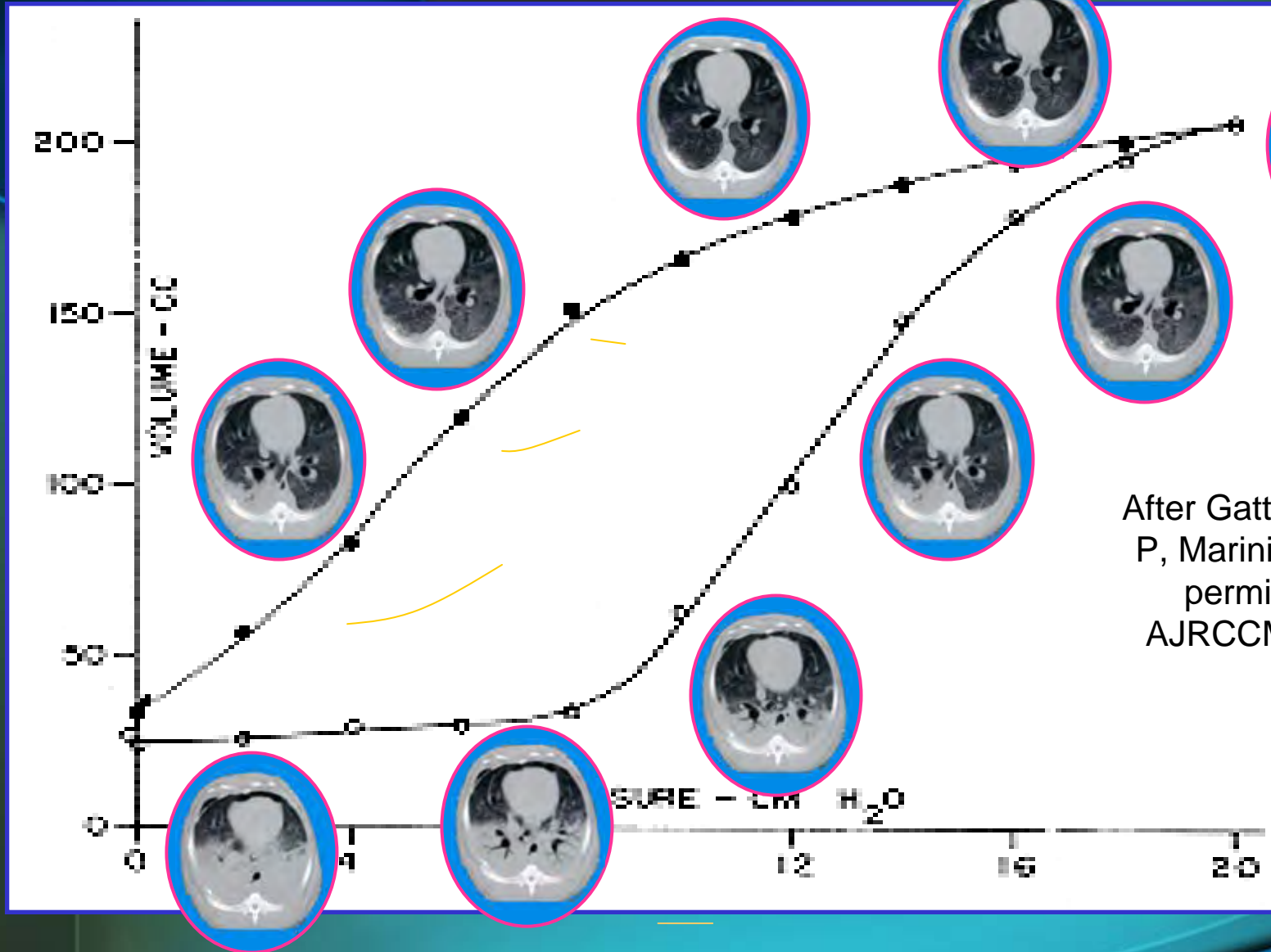
CO= 5.0

Pulmonary Blood Flow

Open Lungs



Oleic Acid In Dog



After Gattinoni L, Pelosi P, Marini JJ et al, with permission: Ref AJRCCM, 2001:164.

Pressure

If Graphics are the Headlights
on the Ventilator,

Then RUNNING
NICO,

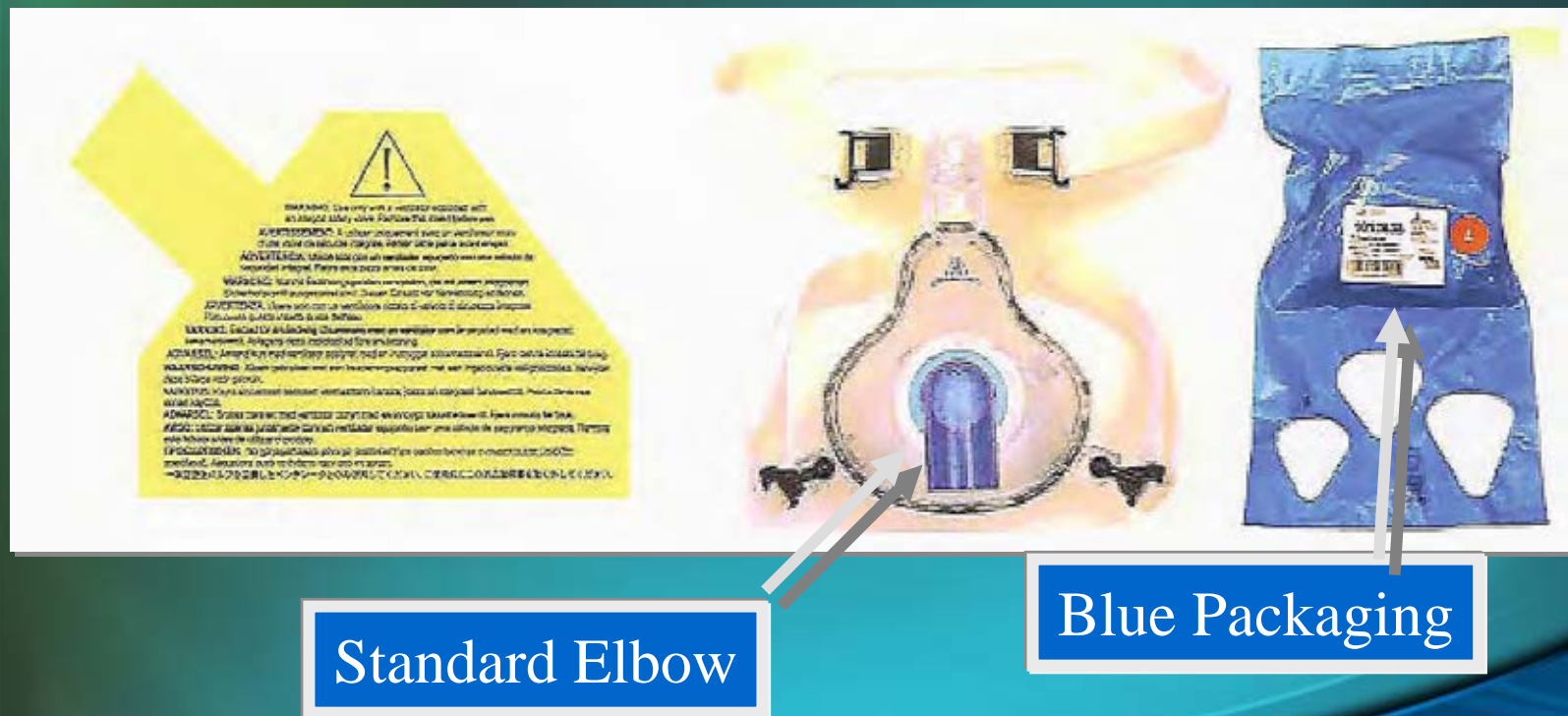
is Turning on the
HIGH BEAMS!!!



Principles and Application of NPPV

Performa Trak SE

For use with critical care ventilators with dual limb circuits and internal safety valves



Esprit Makes It Easy

Active Mode: NPPV - Spont/T

Spont/T Spont

Rate	12	BPM
IPAP	15	cmH ₂ O
EPAP	5	cmH ₂ O
I-Time	1.0	Sec
Rise-Time	0.5	Sec
I-Trigger	3.0	LPM
E-Cycle	25	%

VCV Settings PCV Settings

EPAP

EPAP 5 cmH₂O

FSV 10 cmH₂O

Cancel Accept

120
25
2
0.0
-20



Auto-Trak Sensitivity

This is what we do.

NIPPV: Patient Selection Criteria

Chronic Respiratory Failure

Acute Respiratory Failure

Stable Hypercapnic COPD

Respiratory Failure Progressive
Neuromuscular Disease

Cystic Fibrosis

Mixed Sleep Apnea/Hypoventilation

Lung Transplant Candidates

Chest-Wall Deformity

Ventilatory muscle fatigue / dysfunction...

When?



NIPPV Goal 1:

Resting the
respiratory muscles

Increasing in
Lung Compliance

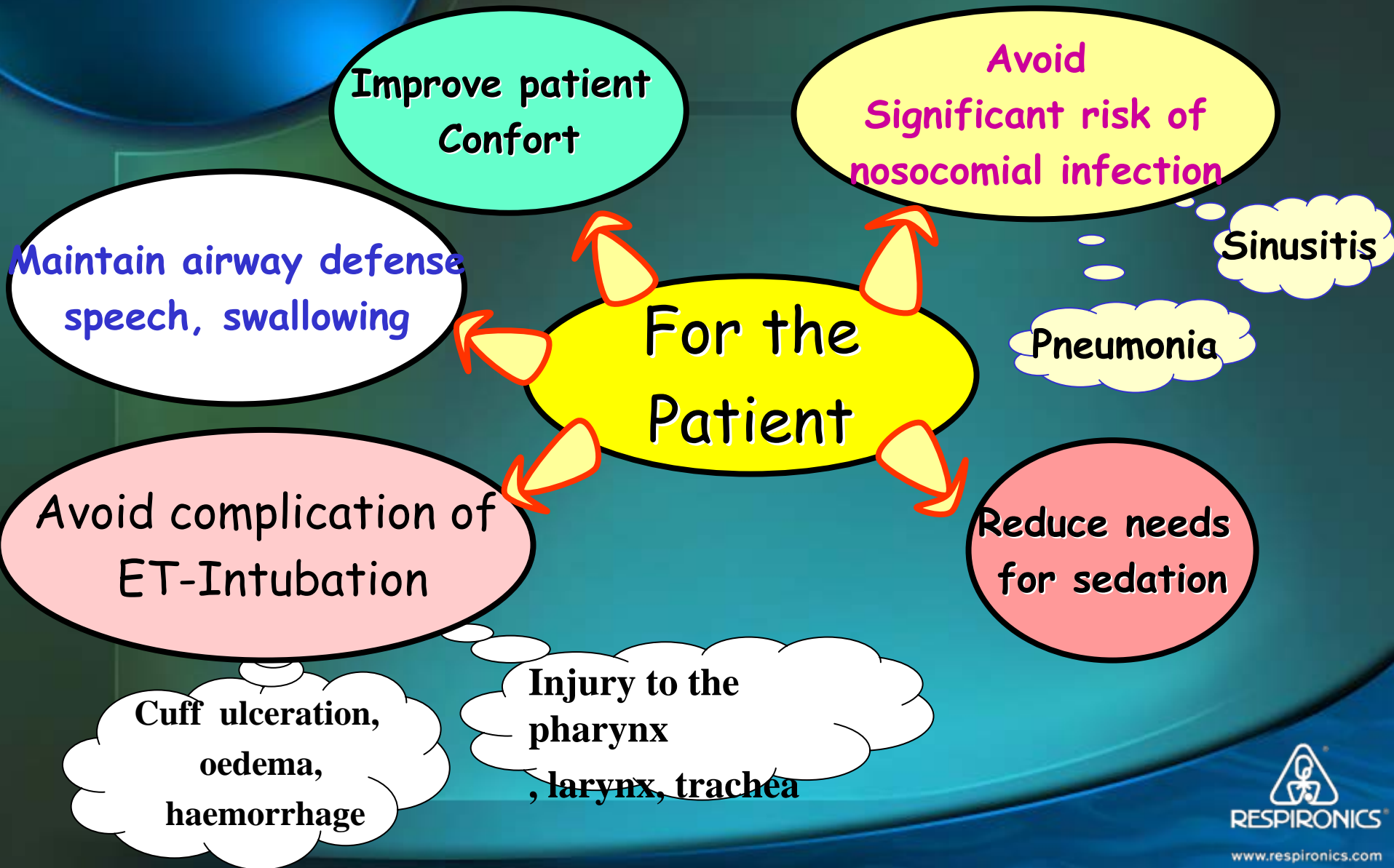
Mechanisms
for Improvement

Resetting
Central Chemoreceptors

Augment
patient's ability
to breathe on a
spontaneous basis

CO₂ sensitivity
is blunted
during failure

NIPPV Goal 2: For the patient



NIPPV: Clinical effect

Improve Alveolar
Minute Ventilation

Correct Gas
Exchange
Abnormalities

Augment
spontaneous
breathing

Decrease Work
of Breathing

Main
concern

Improve quality
of sleep

Improve quality
of life

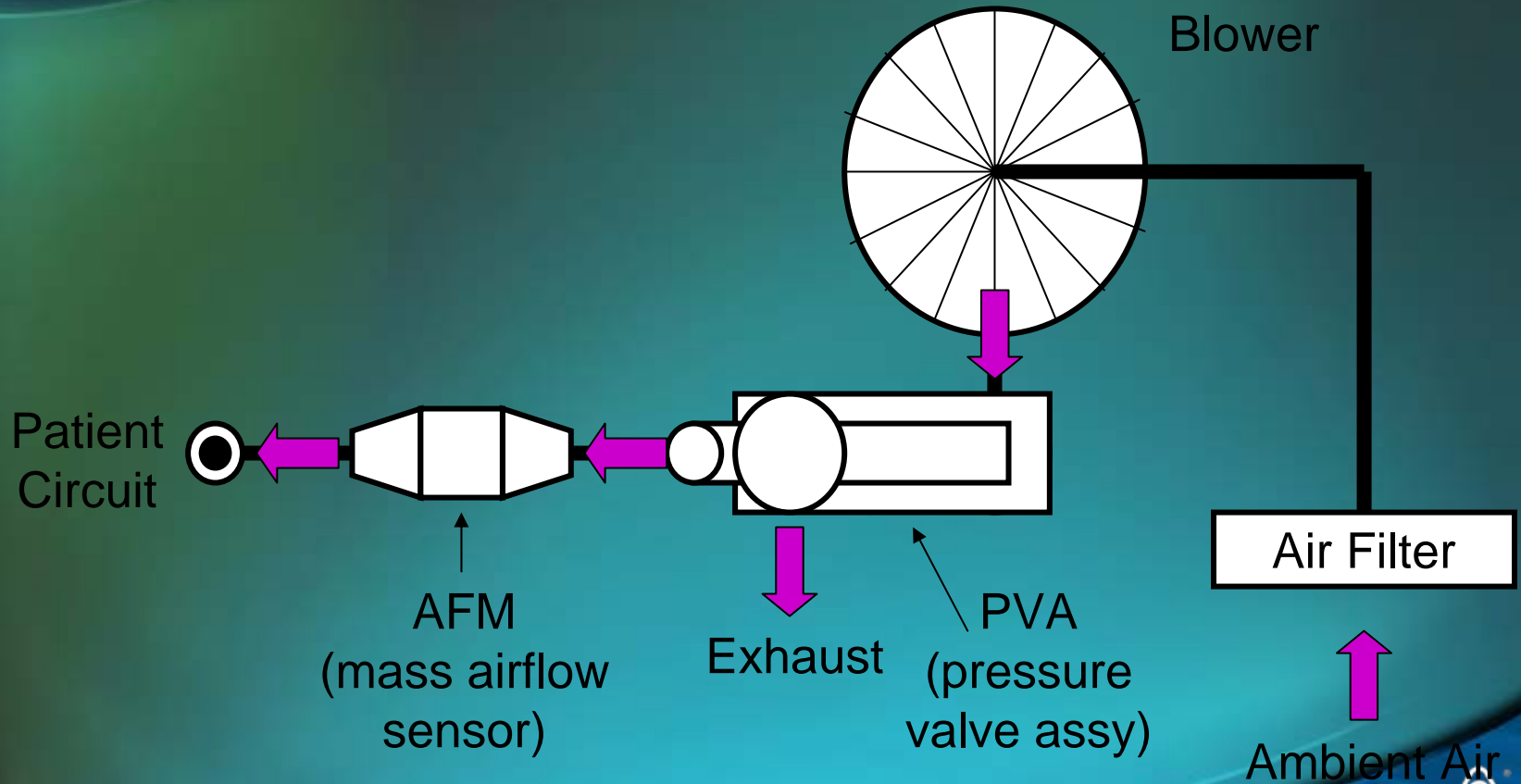
NIPPV

Mechanisms for improvement

For the patient

Clinical effect

General Overview NIV Pneumatic Design



Respironics is the inventor of the BiPAP® Systems

The Concept

Two pressure levels:

$$PS = IPAP - EPAP$$

$$PEEP = EPAP$$

Pressure Support with
PEEP (Especially suited
for Non Invasive
Ventilation)

Continuous flow circuit

Our Know How

Detects and learns
leaks

- > To maintain
automatic
trigger
sensitivity
- > Optimise
performance



RESPIRONICS®

www.respironics.com

BECAUSE:

It is virtually impossible for preset sensitivity settings to keep pace with

Wide variation in breath to breath effort

Constantly changing breathing patterns

Ventilation difference between Night & Day

BECAUSE:

It is difficult to maintain proper patient ventilator synchrony in the presence:

Of unpredictable leaks

Ongoing circuit leaks

To meet the demands of NIV problems

The solution by
RESPIRONICS is

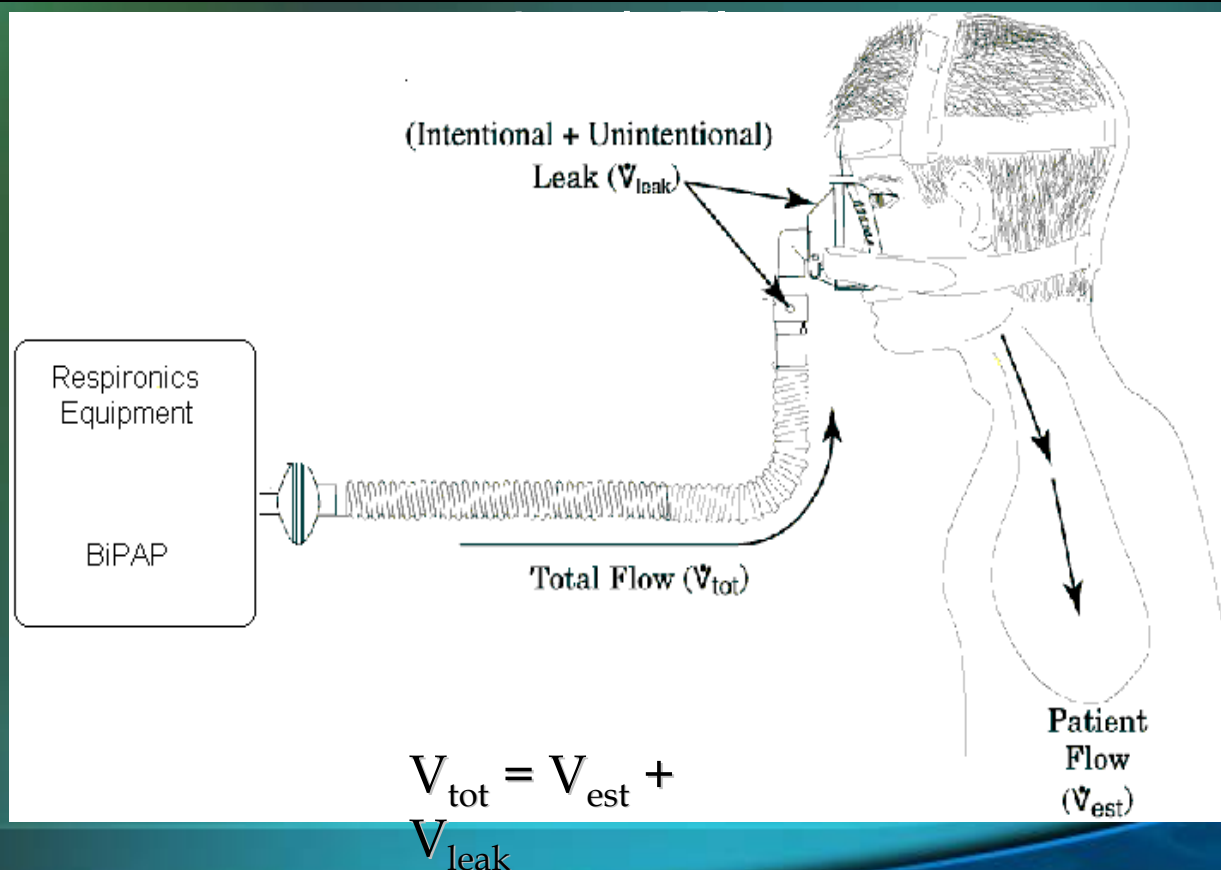
**Auto-Trak
Sensitivity™**

Two main topics of the **Auto-Trak Sensitivity™**

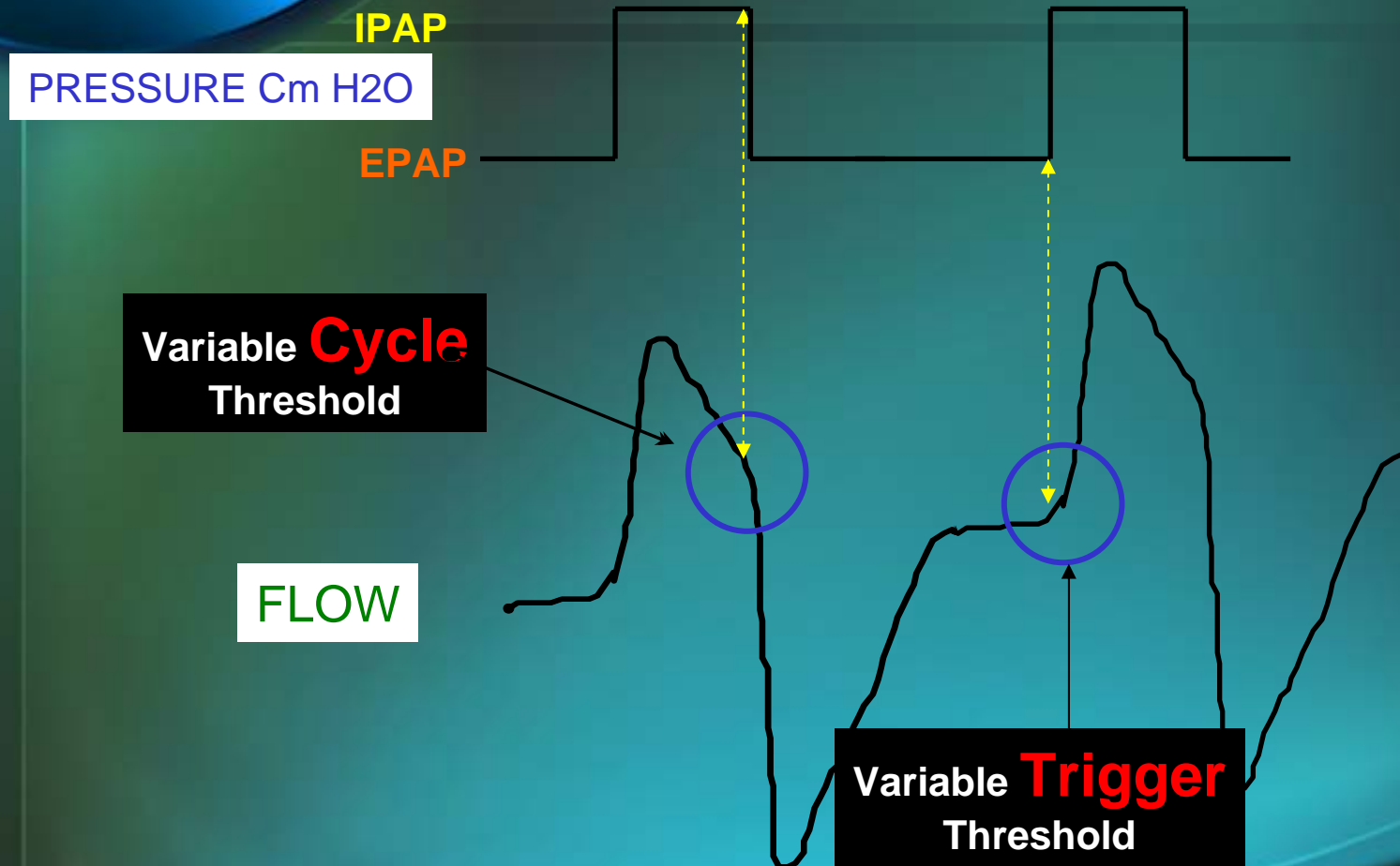
- **1- Leak tolerance** Automatically adjusts sensitivity to changing breathing patterns and leak conditions
 - Tidal Volume adjustment
 - Expiratory flow rate adjustment
- **2 - Sensitivity**
 - *Variable Trigger Thresholds* (EPAP to IPap)
 - *Variable Cycle Thresholds* (IPAP to EPap)

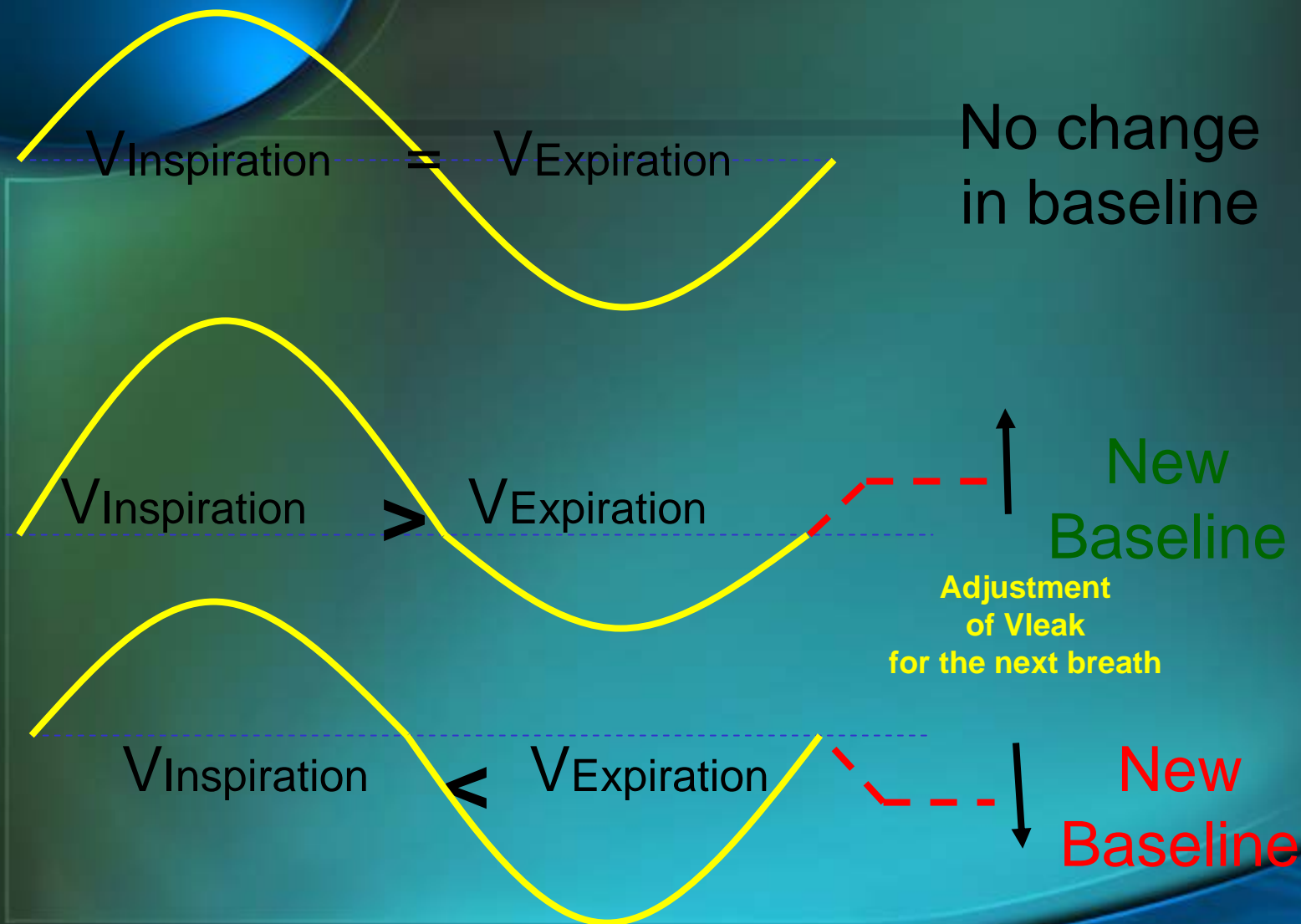
Leak Ventilation => Flow Analysis

Total Flow = Estimated Patient Flow + Estimated



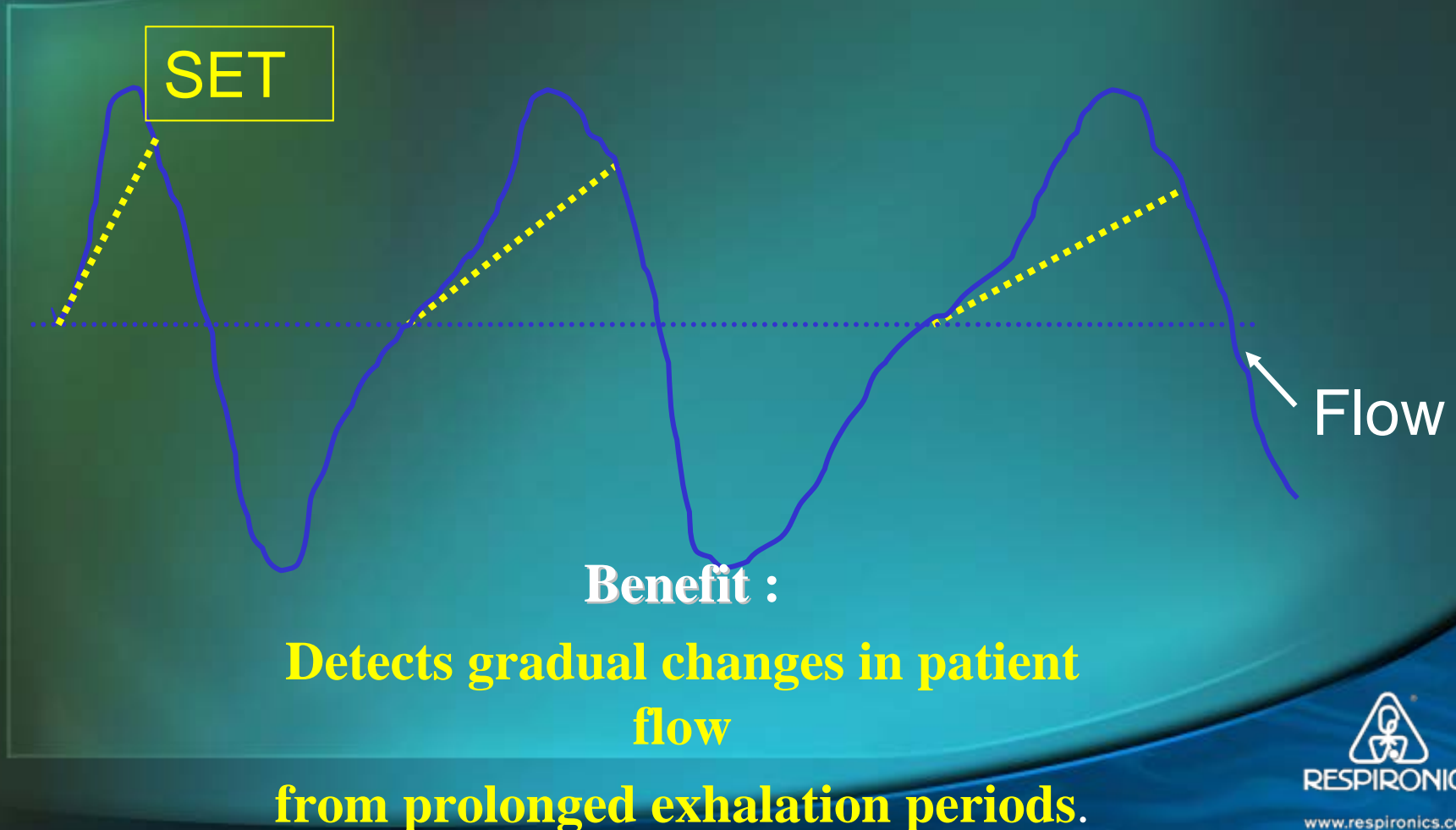
From EPAP to IPAP and IPAP to EPAP : Definitions





Cycle Variables

SET (Spontaneous **E**xpiratory **T**hreshold)

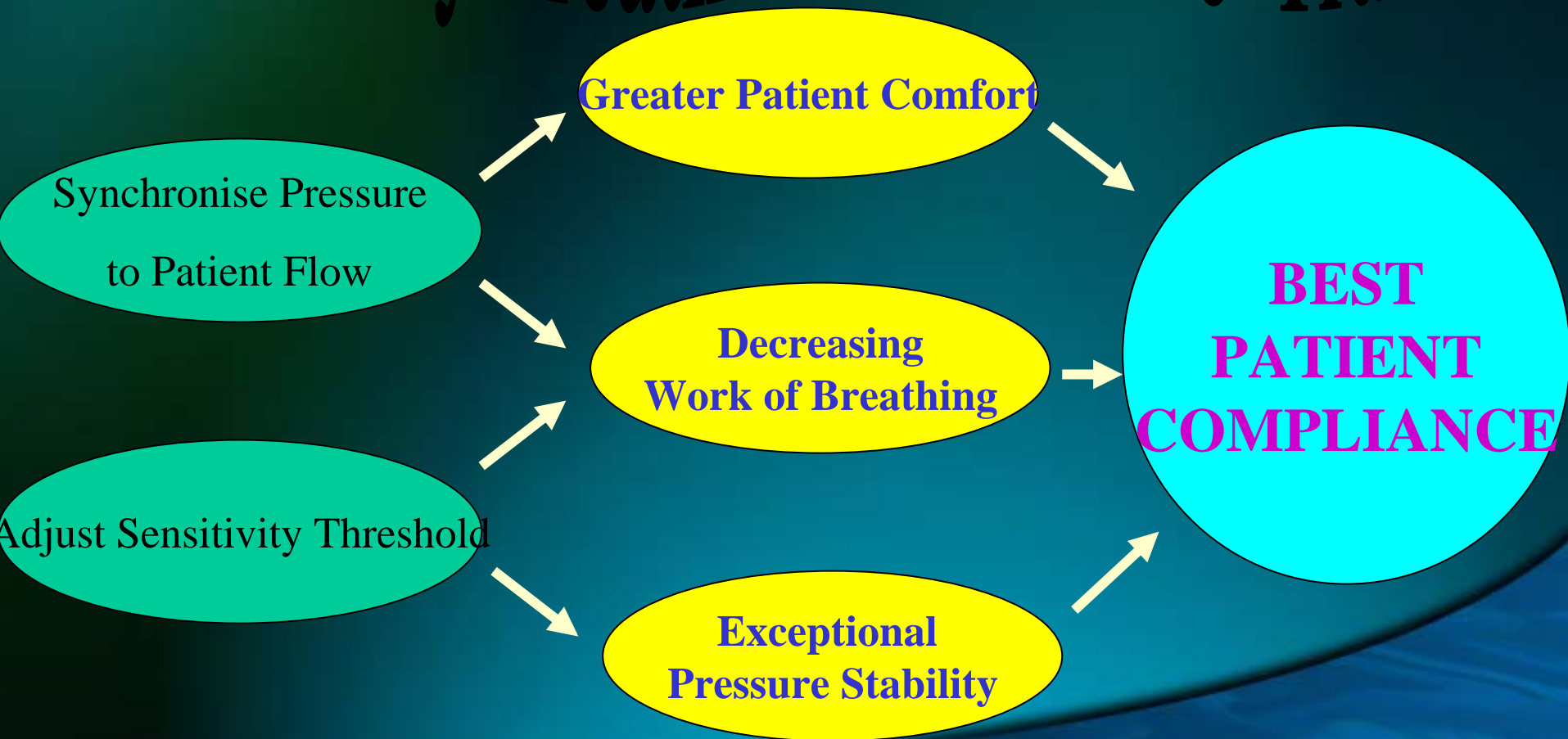


Main results from the Auto-Trak

Sensitivity™

associated with our BiPAP technology

Breath by breath with the Auto-Trak





The Best compliance
for the Best
ventilation
from Acute to Home
Care.

**RESPIRONICS Product where
our Auto -Trak Sensitivity™
technology is integrated:**

Duet Lx

BiPAP® ST30, ST/D30

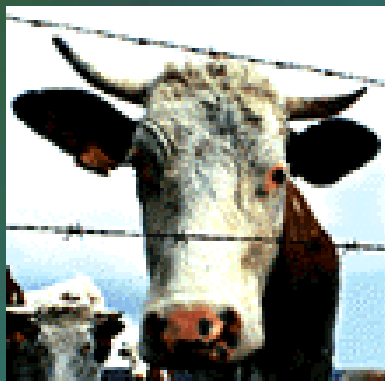
Harmony™

Focus

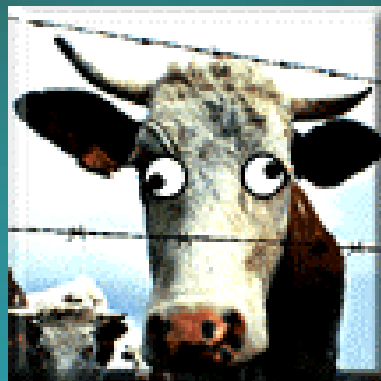
Vision™

PUBLIC NOTICE !!

How would you know if your cow suffers
from Mad Cow Disease?



If your cow sounds like this...
Prepare the grill!



If your cow sounds like this...
You better buy some fish or
chicken!

