

# Your handy pet sitter

# checklist

Important information  
for those caring for our diabetic pet while we are away.

## ABOUT OUR PET

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Has been diabetic for: \_\_\_\_\_ years \_\_\_\_\_ months

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

## HOW YOU CAN REACH US

Address and telephone number where we'll be: \_\_\_\_\_

Our mobile phone: \_\_\_\_\_

Person to call if you can't reach us: \_\_\_\_\_ Phone: \_\_\_\_\_

## EMERGENCY CONTACTS

Veterinarian: \_\_\_\_\_

Clinic: \_\_\_\_\_

Phone: \_\_\_\_\_

After-hours contact: \_\_\_\_\_ Phone: \_\_\_\_\_

## CONTACT OUR VETERINARIAN IF YOU SEE ANY OF THESE SIGNS

These signs could mean our pet has low blood sugar (hypoglycemia), which can be fatal if untreated:

- Weakness
- Behavioral changes
- Anxiety
- Depression
- Muscle twitching
- Seizures

If you see any of the above signs, give our pet a small amount of glucose/powder solution or corn syrup into its mouth. If it is unable to swallow or is unconscious, rub the glucose/powder solution or corn syrup on the gums and call our veterinarian. When our pet is able to swallow normally again, provide its usual meal and call our veterinarian.

Continued on reverse.



## DAILY ROUTINE FOR OUR DIABETIC PET.

### INSULIN INJECTIONS

Give insulin injections at: \_\_\_\_\_ am and at: \_\_\_\_\_ pm

Dosage: \_\_\_\_\_

Location of injection site: \_\_\_\_\_

### MEALS

Please be sure to feed our pet before giving insulin injections. This helps keep blood sugar levels stable.

#### Meal 1 (prior to morning insulin injection)

Time: \_\_\_\_\_ Amount: \_\_\_\_\_

#### Meal 2 (prior to second insulin injection)

Time: \_\_\_\_\_ Amount: \_\_\_\_\_

Additional meals: \_\_\_\_\_

### EXERCISE

Activity: \_\_\_\_\_ How often: \_\_\_\_\_

Things to avoid: \_\_\_\_\_

### ADDITIONAL MEDICAL INFORMATION

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