

The Warriors Tale

Issue 7/8 Volume 2



July/August 1998 Newsletter

Officers of the Stronghold OF Warriors Gate

mailto: wgate@hoimail.com

The Warriors Tale can be found on the net at:
<http://members.wbs.net/homepages/a/o/d/aodhnait.html>

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Arms of Warriors Gate are: Gules, a laurel wreath Or surmounted by a tower with open gates argent, issuant from a base Or, in chief a bezant.

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Declamation of our Seneschal



ow we come to the beginning of summer and the life of the Stronghold settles into relative quiet. As of the June meeting, we are honored with a new Marshall, Lord Donndubin Aú Cathnaid, mka David Burleigh (see the Marshall's report below. There is also a new schedule of fighter practices for both Yongsan and Osan. Plans are simmering for the Leif Erikson tournament in October on Columbus Day weekend. Stick jocks, mark your calendars. Once we have an autocrat, many more

details will come.

Summer will see no July meeting, but the first Saturday in August will mark the resumption of business meetings. Lord Donndubin will preside in my absence. Watch for more details.

We still seek new members, and encourage all of the populace to encourage interested persons in joining the fun. We are also seeking help from current members to serve in official vacancies. Please check the list to the left for an interesting place to help out. Time is not too severe, and because of our huge geographic area, more officers in each location would be of great help.

Gulte Fehrien, und auf wiedersehen!

Erich Kottant von Mittenwald



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Art Credits:

Cover - me again. Come now I know there are gentles out there beside me that can draw. GIVE ME ART!!!

Inside - Some from Coral draw6, Wordperfect6, Microsoft Word, Dover Clip Art, and downloads from the internet, all slightly or majorly altered by Lady Aodhnait.



Heralds Notes



ail good gentles of Warriors Gate.

Once again I find myself in the office of Herald.

Since my job is to assist you in getting names and devices submitted and passed, I thought I would pass on a little info to make it easier for you. Basically, there are two parts of a device, the *blazon* and the *emblazon*. A heraldic picture is called an *emblazon*. Emblazons are a visual manifestation of heraldic insignia, typically displayed on shields and flags. Because emblazons are awkward to work with, heraldry uses a specialized jargon called *blazon* to describe shields and flags. Persons skilled in heraldry can discuss shields entirely in *blazon*, without ever drawing the *emblazons*. The great advantage of *blazon* over plain English is that *blazon* terms are defined more precisely than English ones. As a result, one can describe a shield more accurately and in fewer words with *blazon* than one can in plain English. The distinction between *blazon* and *emblazon* is an important one, since there is not a one-to-one correspondence between *blazons* and *emblazons*. In many cases, a particular *emblazon* can be *blazoned* (described in heraldic language) in more than one way. And no two heraldic artists will *emblazon* (draw) a given *blazon* in exactly the same way. But for well-designed heraldry, the *blazon* captures the important features of the *emblazon*, and a trained heraldic artist should be able to produce a reasonable facsimile of an *emblazon* from its *blazon*. Of course, the *blazon* and the *emblazon* must match, but you don't need to concern yourself too much with that. Basically, we come up with the *emblazon* and play with it until we like it, then I *blazon* it and submit it.

Hopefully in my next article, I will be able to show some basic emblazons.

I will be attending the Known World Heraldic Symposium this month and promise to give you a report of all the great things I hope to learn. Or at least bring back some really nifty handouts.



Until then I remain, heraldically yours,
Lady Aodhnait íoghean mhic Carshaigh

From the Quill of the Chronicler



salutations and felicitations!

Summer is here!!! As you will have noticed this issue is a combined one for July and August. I will be traveling about several different Kingdoms during the summer while visiting family and friends.

As you can see even though some of us are going to be out of the country this summer there are still plenty of fighter practices happening. If anyone is desirous of working on some heraldry our Baron Owen is more than willing to help anyone out that asks.

We have two new officers amongst our ranks. A most hardy welcome to Lord Donnuduban Lord Kenneth's had picked successor to the office of Marshal. Lord Donnuduban has set up fighter practices in Yungsan for every Sunday (see calendar for details). Our new Chatelaine Matthew Karr, has also started a fighter practice in Osan every Saturday but you will have to contact him to find out times and locations since I didn't get that information from him before I put the

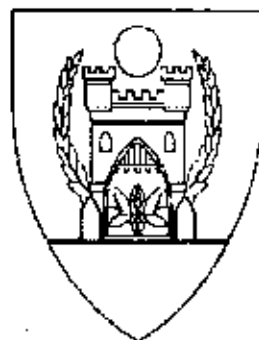
newsletter to bed. Be nice to Matthew let him learn the ropes a bit and get used to us before we dump all the newbies on him for guidance. I know both Lord Donnchubhan and Milord Matthew will both do wonderfully.

Just when you think you have the officers all figured out Lady Charmaine and I have gone and mixed things up again. I have passed on the office of Arts and Sciences to someone who I felt would do a much better job and stepped back into the office of Herald at the request of Lord Érich. I promise to not let this hamper my duties as your chronicler.

Until next month
Faithfully yours,
Lady Aodhnait inghean mhic
Carthaigh



Calendar of Events Warriors Gate 1998



July

- 5 - fighter practice Yongsan
- 11 - Business meeting - none this month
fighter practice in Osan (see contact list #3)
- 12 - fighter practice Yongsan 1300 (see special note #2)
- 18 - fighter practice in Osan (see contact list #3)
- 19 - fighter practice Yongsan 1300 (see special note #2)
- 25 - fighter practice in Osan (see contact list #3)

- 26 - fighter practice Yongsan 1300 (see special note #2)
- 28 - Stronghold Officers reports due to Baronial Officers

August

- 2 - Business meeting & fighter practice Yongsan (contact Lord Donnduban for place and time)
- 8 - Fighter practice in Osan (see contact list #3)
- 9 - fighter practice Yongsan 1300 (see special note #2)
- 12 - Deadline for Sept. Warriors Tale
- 11 - Fighter practice in Osan (see contact list #3)
- 18 - fighter practice Yongsan 1300 (see special note #2)
- 22 - Fighter practice in Osan (see contact list #3)
- 23 - fighter practice Yongsan 1300 (see special note #2)
- 28 - Stronghold Officers reports due to Baronial Officers
- 29 - fighter practice, A&S and Heraldry, Camp Walker, quarters S122A, Taegu 1:00pm
Followed by a BBQ (Host's will provide the meat
Guests bring the rest) at 6
- 30 - fighter practice Taegu 1000

September

- 5 - Fighter practice in Osan (see contact list #3)
- 6 - fighter practice Yongsan 1300 (see special note #2)
- 10 - Deadline for October Warriors Tale
- 11 - Fighter practice in Osan (see contact list #3)
- 12 - Business meeting - Yongsan
Dragon Hill Lodge lobby - 11:00 am
followed by fighter practice
- 13 - fighter practice Yongsan 1300 (see special note #2)
- 19 - Fighter practice in Osan (see contact list #3)

20 - fighter practice Yongsan 1300 (see special note #2)

26 - fighter practice, A&S and Heraldry, Camp

Walker, quarters S122A, Taegu 1:00pm

Followed by a BBQ (Host's will provide the meat

Guests bring the rest) at 6

27 - fighter practice Taegu 1000

28 - Stronghold Officers reports due to Baronial Officers

October

3 - Fighter practice in Osan (see contact list #3)

4th - fighter practice Yongsan 1300 (see special note #2)

10 & 11 Leaf Erikson Tourney Yongsan

Look for more details to follow SOON

17 - Fighter practice in Osan (see contact list #3)

18 - fighter practice Yongsan 1300 (see special note #2)

24 - Fighter practice in Osan (see contact list #3)

25 - fighter practice Yongsan 1300 (see special note #2)

31 - fighter practice, A&S and Heraldry, Camp

Walker, quarters S122A, Taegu 1:00pm

Followed by a BBQ (Host's will provide the meat

Guests bring the rest) at 6

Special note:

1. The 2nd Saturday of every month has been designated as the day for a business meeting of Warriors Gate. Your support and input is important.
2. Every Sunday at 1300 hours fighter practice in Yongsan at Callier Field House, contact person for Yongsan is Lord Donnubhan Aú Cathniad. (see Marshal info on front cover for #'s)
3. Osan contact person for fighter practices every Saturday except when another event is scheduled, for time and place contact is Matthew Karr (Mathieu Chartrain) e-mail: tpk@inet.att.co.kr DSN: 783-1049
4. Contact person in Taegu is Lady Aalluait or Lord Erich (see inside cover for #'s)

5. I will be traveling in distinct Kingdoms during the month of July and the beginning of August. The newsletter for August will be combined with the July issue.
-

Irish Folk Wisdom

Words to the Wise

The stars make no noise.

House and Hearth

The eye should be blind
in the house of another.



Riddle Central

Riddle for the Month:
*Who was the fattest
knight?*

Riddler compliments of
V.M. Chomains

Answers to last month's riddle:
Out to Lunge.



Recipes of Old

Here starts a new section on cooking. I have a few sources for recipes and hope that in the future that you good gentles would like to have one of your specialties added here. Just send it along and I shall feature your favorite kitchen masterpiece. The first installment is in the Dessert menus.



Desserts, Appetisers, Etc.

Hajs

al-Baghdadi p. 214/14 (GOOD)

Take fine dry bread, or biscuit, and grind up well. Take a ratl of this, and three quarters of a ratl of fresh or preserved dates with the stones removed, together with three uqiya of ground almonds and pistachios. Knead all together very well with the hands. Refine two uqiya of sesame-oil, and pour over, working with the hand until it is mixed in. Make into cabobs, and dust with fine-ground sugar. If desired, instead of sesame-oil use butter. This is excellent for travellers.

2 2/3 c bread crumbs

2 c (about one lb) pitted dates

1/3 c ground almonds

1/3 c ground pistachios

7 T melted butter or sesame oil

enough sugar

We usually mix dates, bread crumbs, and nuts in a food processor or blender. For "cabobs," roll into one inch balls. Good as caravan food (or for taking to wars). They last forever if you do not eat them, but you do so they don't.

Gingerbrede (Good)

Curye on Inglysch p. 154 (Goud Kokery no. 18)

To make gingerbrede. Take goode honey & clarifie it on + e fere, & take fayre paynemayn or wastel brede & grate it, & caste it into + e boylenge hony, & stere it well togyder faste with a sklyse + at it bren not to + e vessell. & + aune take it down and put + erin ginger, longe pepper & saundres, & tempere it vp with + in handes; & than put hem to a flatt boyste & strawe + eron suger, & pick + erin clowes rounde aboute by + e egge and in + e mydes, yf it plece you, &c.

1 c honey

1 c breadcrumbs

1 t ginger

1/4 t pepper

1/4 t saunders

1 T sugar

30-40 whole cloves (~ 1 t)

(or 5 t sugar, pinch powdered cloves)

Bring honey to a boil, simmer two or three minute, stir in breadcrumbs with a spatula until uniformly mixed. Remove from heat, stir in ginger, pepper, and saunders. When it is cool enough to handle, knead it to get spices thoroughly mixed. Put it in a box (I used a square corning-ware container with a lid), squish it flat and thin, sprinkle with sugar and put cloves ornamentally around the edge. Leave it to let the clove flavor sink in; do not eat the cloves.

An alternative way of doing it is to roll into small balls, roll in sugar mixed with a pinch of cloves, then flatten them a little to avoid confusion with hais. This is suitable if you are making them today and eating them tomorrow.

Prince-Bisket

Hugh Platt p. 14/94

Take one pound of very fine flower, and one pound of fine sugar, and eight egges, and two spoonfuls of Rose water, and one ounce of Carroway seeds, and beat it all to batter one whole houre: for the more you beat it, the better your bread is: then bake it in coffins, of white

plate, being basted with a little butter before you put in your batter, and so keep it.

4 c flour (1 lb)

2 c sugar (1 lb)

5 eggs

4 t caraway seeds (1 oz)

2 t rose water

Beat all ingredients together one whole hour (or do a fourth of a recipe at a time in a food processor, processing it for several minutes or until the blades stall). Spoon out onto a greased cookie sheet as 3" biscuits and bake about 20 minutes at 325deg. .

Source:

Next month look for recipes for lumbolls, Tostec, and Small Cakes. All of the above recipes are from the Cariadoc's Miscellany. The Miscellany is Copyright (c) material by David Friedman and Elizabeth Cook, 1988, 1990, 1992. Printed with permission as stipulated from the web site at: <http://www.pbm.com/~lindahl/cariadoc/Introduction.html>

The Origins of Ink

STOP! Don't just turn that page -- this is not another scribes column -- in fact, this article has nothing to do with calligraphy, illumination, or scrolls. Instead, we will examine the History of Tattooing.

The idea of ornamenting one's self in order to be more attractive, or menacing, or to indicate allegiance has been around as long as man. And while the name of the first human to apply ink to his epidermis is unknown, archaeologists have found indications as early as the Bronze Age. In 1991, in a glacier between Austria and Italy, a 5000 year old hunter's body was found. The man was adorned with seven different tattoos, including a cross on the inside of his left knee.

Mummies with tattoos have been found all over the world. Egypt, Lybia, South America all have their share of historical ink. One great find was discovered in the Umok Plateau area of Siberia. From the sixth to the second centuries BC the Pazyryk tribesmen had

a sophisticated society and their burial sites have revealed a high-level of tattooing.

In the Classical Period, both the Greeks and the Romans practiced the art of tattoo as we have learned through the writings of such famous and diverse writers as Plato, Plutarch, Aristophanes, and Pliny the Elder; although ink was almost exclusively used by the lower classes and as slave and criminal markings. The oldest known description of the tattooing procedure comes from the Roman physician Aetius in his *Medicæ artis principes* written in the sixth century.

In period, tattooing was a common enough occurrence that in 787 the Council of Northumberland issued an edict defining the difference between Christian and traditional Briton tattoos. It said in part, "When an individual undergoes the ordeal of tattooing for the sake of God, he is to be greatly praised. But one who submits himself to be tattooed for superstitious reasons in the manner of the heathens will derive no benefit there from."

Later in period, the practice of commemorating participation in a Crusade with a tattoo was discussed in 1612 in a manuscript by William Lithgow. He describes getting tattooed with "the name of Jesus and the Holy Crosse" and from descriptions in the manuscript, this was an established procedure around the Sepulcher with family dynasties built around the practice.

And for those curious gentles out there – yes, I have ink. In fact, the emblem next to my name on my A&S column is my newest tattoo designed (against her good sensibilities) by Lady Aodhnait who may have found a new outlet for her fabulous artistic talents.

Sources:

Gifford, Phillip C. "Tattoo". The Encyclopedia Americana. 1996

Gilbert, Steve. "Jews and Christians". Tattoo History Source Book. Tattoos.com. 1996

Gilbert, Steve. "Tattooed Mummies". Tattoo History Source Book. Tattoos.com. 1996

Polosmak, Natalia. "A Mummy Unearthed from the Pastures of Heaven". National Geographic. 1994

"Tattoo". The Columbia Encyclopedia. 1993. Provided by Infoplease.com.

The Irish and the Scots Are from the Same Tribe

Lady Aodhnait



Ireland used to be divided up into five parts, *the five fifths*. There was a northern fifth, *Ulster*, a western fifth, *Connaught*, a southern fifth, *Munster*, an eastern fifth, *Leinster* and a middle fifth, *Mide*.

The Ulster Cycle is a set of stories, which are grounded in the five fifths. Indeed, they are primarily concerned with Cú Chulainn, the Ulster hero and his king, Conor Mac Nessa in their

war against the king and queen of Connaught, Ailill and Maeve. These figures play a prominent role in the what may be the greatest story of the Ulster Cycle, the *Táin Bó Cúailnge*, *The Cattle Raid of Cooley*.

Sometime after 300 AD, Ulster became steadily less important in status among the five farthings and the ruling family of Mide, the U' Néill *Sons of Niall* started to take over large parts of Connaught and most of Ulster. A similar move was made in Munster by the ruling family of Munster, the Eoganachta family. Thus was Ireland divided almost entirely into two halves.

The people of Ulster were pushed to a small coastal strip bordering the Irish Sea. The kingdom changed its name to Dál Riata. Yet eventually Dál Riata fell under the rule and influence of the U' Néill. This family, not content with the boundary presented by the sea, launched colonies across the Irish Sea into

then Pictish Britain. Thus was Scotland founded, for it was these U' Nuill that the Romans called Scotti, not the original Picts.

Indeed, it was this Irish Expansion which led to Christianity in 563 AD. St. Columba, the patron saint of Scotland, was a member of a powerful family in Dal Riata and in order to keep his ties in Ireland he settled on an island that was close to both Ireland and Scotland, Iona. Of course, even more bizarre is the fact that St. Patrick, the man responsible for bringing Christianity to Ireland in the first place, was from Wales.

Diodorus Siculus, History

Article found in the Dalriada Celtic Heritage Society Homepage (Internet)



List of URL's of interest:

- This newsletter - <http://members.wbs.net/homepages/a/o/d/aodhnait.html>
- Far West Tidings - <http://members.wbs.net/homepages/f/a/r/farwestnews.html>
- Herald's Page - <http://www.sff.net/people/judy/heralds.htm>
- Marshal's Page - <http://members.tripod.com/~Kazimierz/marshal.html>
- Warriors Gate - <http://members.tripod.com/~Kazimierz/WarriorsGate.html>
- Baronial Page - <http://www.geocities.com/Colosseum/Track/6491/farwest.html>
- West Kingdom's Page - <http://www.west.s.a.org>

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