#### PROMOTIONAL ACTIVITIES OF SOLAR COOKING IN COSTA RICA AND OTHER LATIN AMERICAN COUNTRIES- ITS NECESSARY BUT WITH PROPER ACTIONS.

### SHYAM S. NANDWANI, Ph.D.



RETIRED PROFESSOR, UNIVERSIDAD NACIONAL, HEREDIA, COSTA RICA PROMOTOR, CONSULTANT AND USER OF SOLAR ENERGY MEMBER: SOLAR COOKERS INTERNATIONAL SINCE 1992. MEMBER: WORLD RENEWABLE ENERGY NETWORK, ENGLAND



## July 30, 1978. Moved From CES IITDelhi, India

## FIRST SOLAR FOOD WARMER (1979), DUE TO ELECTRIC RATIONING 2 DAYS PER WEEK (7 AM / 5 PM)



SUNNY LUNCH: Dr. Nandwani and his daughter wait for their meal, being heated on the scientist's solar stove













## **SWISS INVENTOR (HOT BOX CONCEPT, 1776, SWISS ALPINIST, BENEDICT DE SAUSSURE)**



SCHWEIZERISCHE NATIONALBANK BANCA NAZIUNALA SVIZRA



Cross-section of Langley's hot box, which was similar to de Saussure's later models. A thermomether penetrating the walls at right was used to measure the size temperature incide the inper box.

## **ONE OF THE PRACTICAL SOLAR OVEN WITH HEAT STORAGE, 1955-1960**



American Technological University P. O. Box 1416 . Killeen, Texas 76541

# Solar Cooking Ovens'

**By Maria Telkes** 

Solar Energy Laboratory

This report summarizes experimental work sponsored by a grant from the Ford Foundation. The purpose of this work was to develop low-cost solar cooking ovens using sunshine as a cooking "fuel," primarily for arid tropical countries, where most of the fuel is supplied by burning dried cow dung or other refuse. This age-old practice deprives the land of its natural fertilizer. It has been estimated that if the land were supplied by animal fertilizer, the agricultural yields could be nearly doubled. The introduction of an inexpensive solar cooking oven would, therefore, result in a major improvement in food supplies.

This report summarizes the technical part of the solar stove project.

#### HISTORY OF SOLAR COOKERS

Numerous attempts have been made in the past to it a state of the substantian front .. .

M. L. Ghai of the National Physical Laboratory of India attempted to solve the solar cooking problem."-12 He used a parabolic reflector, with a pot supported at the focus. The Devidaval Industries manufactured this device for a limited time.13 Most of the cookers were used for testing purposes.14

A. L. Gardner at New Deihi, India, used a cooking pot resting on a stand made of stones. Solar energy was collected by mirrors arranged on a curved frame, reflecting sunshine to the pot.14

Several additional solar devices were exhibited at the UNESCO Conference on Wind Power and Solar Energy in New Delhi during October, 1954.18 Manually adjustable mirrors were mounted in a frame, reflecting solar energy to the uninsulated pot. It was necessary to adjust each mirror individually and frequently, to reflect solar radiation to the pot.

During the first World Symposium on Solar Energy at Tucson and Phoenix in 1955, several solar cookers and ovens were exhibited. Lectures were presented by



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## HOW MANY MADE, DISTRIBUTED ETC.

## **ABOUT 3 MILLIONS SOLAR OVENS COMPARED**

## MICROWAVE OVENS- ALMOST ALL ELECTRIFIED HOUSES, AND

**CELL PHONES- ALMOST ALL THE HOUSES** (about 7.2 billion phones worldwide).

## **AEC Research Institute**



HIGHWAY 190 WEST BELL-CORYELL COUNTIES KILLEEN, TEXAS 76541

Dr. S. S. Nandwani Dept. De. Fisica. Universidad Nacional Heredia, Costa Rica, Central America

Dear Dr. Nandwani:

In your letter of December 11, 1979, you wrote that you received my previous letter and copies of my two papers on solar cooking. I believe that the most important features of my work with cookers are all compiled in my previous papers. I have developed more recent models that permit easier handling and simplify fabrication.

Frankly, there is no interest in the United States at all in solar cookers for the obvious reason that they are buying millions of microwave ovens, which are the most sophisticated and most rapid cooking method. This indicates that the SOCIAL ACCEPTANCE of solar cookers is the key feature, rather than any price or any mechanical/technical features.

You are completing a study in another three to four months. I would be delighted to receive a copy.

Sincerely,

January 9, 1980

aria Telker

Dr Maria Tolkes Director

I HOPE WE PRESENT AND FUTURE SOLAR CHEFS ARE NOT EXPECTING SAME NUMBERS HOWEVER WE WANT TO INCREASE THE USE OF SOLAR COOKING FOR

SAVING CONVENTIONAL FUELS, FOR MONEY SAVING AND/OR HAVING OUR ENVIRONMENT CLEANER (INSIDE OR OUTSIDE THE HOUSE,,,)





Laboratorio de Energía Solar Departamento de Física



Thirty Five years of Experience with Research, Promotion and Use of Solar Cookers to Save Conventional Fuels and Reduce Carbon Emission, Shyam S. Nandwani, Renewable Energy in the service of mankind.(Springer), Vol.II, Chapter, 81, pp.851-858, 2016), Ed. A Sayigh. SOME STEPS FOR ENHANCE USES (TWO TYPES OF USERS- DOMESTIC, INSTITUTIONAL, MAINLY EDUCATION SECTORS):

GET THE REQUEST OR INTEREST
 GIVE MOTIVATION LECTURE
 SEE POSSIBLE INSTALLATION PLACE

4. WELL AND FRIENDLY CONSTRUCTRED
5. EXPLAIN PROPER USE FOR WORKING
6. EXPLAIN PROPER USE FOR COOKING/ HEATING
7. EXPLAIN MAINTENCE

WHEN POSSIBLE USER/INSTITUTE- SEND ME AN E MAIL, ASKING FOR POSSIBLE INSTALLATION OF SOLAR OVENS FOR HEATING LUNCH, I OFFER THEM FIRSTLY MOTIVATION LECTURE- TO EXPLAIN WHAT IS SOLAR OVEN, WHAT IT CAN DO, WHAT IT CANNOT, ADVANTAGES, LIMITATIONS, COST AND POSSIBLE ENERGY (AND \$) SAVING ETC.

ALSO WHEN I GO FOR LECTURE I SEE THE PLACE FOR POSSIBLE INSTALLATION OF OVENS AND RELATED ASPECTS.

**EDUCATIONAL INSTITUTES MAINLY FOR HEATING LUNCH** 

## CARE WHILE INSTALLING- SHADE/ OBSTACLE







## COSTA RICA HAS LATITUDE OF 10 N,

## SUN 7 MONTHS TOWARDS SOUTH AND 5 MONTHS NORTH

(CARE SHADING BOTH SIDES).

## A2. SOME SUPPORT DUE TO WIND ETC.



## **B. WHILE USING -B1.ADJUSTING OVEN EAST WEST**



## **B2. N- S ADJUSTMENT**





## **B3. CARE WHILE TAKING FOOD OUT (SINGLE HAND).**





## **B4. CARE WHILE TAKING HOT FOOD.**



## **B5. USE OF PROPER POTS**

# METALLIC, CLAY, GLASS, PLASTIC AND SILICON ETC.

## **MOST COMMON**

![](_page_21_Picture_3.jpeg)

![](_page_22_Picture_0.jpeg)

## **PLASTIC POTS**

![](_page_23_Picture_1.jpeg)

## **MICRO WAVE OVEN POT FOR HIGHER TEMP.**

![](_page_24_Picture_1.jpeg)

### **IN 2000 / ITALY**

![](_page_25_Picture_0.jpeg)

## © 2010

![](_page_25_Picture_2.jpeg)

## www.sistemaplastics.com

![](_page_25_Picture_4.jpeg)

### HIGH TEMP AND BPA FREE

## **B6. IMPROPER ACTIONS.**

![](_page_26_Picture_1.jpeg)

## **C. MAINTENANCE**

## C1. NORMAL DUST, ASH FROM VOLCANOES, ETC.

![](_page_28_Picture_1.jpeg)

![](_page_28_Picture_2.jpeg)

![](_page_28_Picture_3.jpeg)

![](_page_28_Picture_4.jpeg)

## **INCLUDING S, FROM BIRDS**

![](_page_29_Picture_1.jpeg)

![](_page_29_Picture_2.jpeg)

![](_page_30_Picture_0.jpeg)

![](_page_31_Picture_0.jpeg)

![](_page_31_Picture_1.jpeg)

![](_page_31_Picture_2.jpeg)

![](_page_31_Picture_3.jpeg)

## C2. GLASS BREAKING/ CRACK, DUE TO WIND / PLAYING.

![](_page_32_Picture_1.jpeg)

![](_page_32_Picture_2.jpeg)

![](_page_32_Picture_3.jpeg)

## COL. MA. AUXILIADORA (05/2014)

![](_page_33_Picture_1.jpeg)

![](_page_33_Picture_2.jpeg)

## **C3. SPILLING OF LIQUID. ABSORBING PLATE.**

![](_page_34_Picture_1.jpeg)

![](_page_34_Picture_2.jpeg)

![](_page_35_Picture_0.jpeg)

![](_page_35_Picture_1.jpeg)

![](_page_35_Picture_2.jpeg)

## RESULTS/ ACHIEVEMENTS (NO SUBSIDY)

- A. GENERAL PUBLIC
- **B. ONG/ RESTAURANTS/OFFICE**
- **C. EDUCATIONAL SECTOR**

IN COSTA RICA, WITH A POPULATION OF 1 MILLION FAMILIES, 90-95% OF ELECTRICITY IS GENERATED FROM **RENEWABLE SOURCES AND 99 % OF POPULATION IS CONNECTED WITH ELECTRIC GRID, SOME INDIVIDUAL** PERSONS (MAINLY FROM URBAN AREAS) AND 2 **RESTAURANTS USE SOLAR OVENS FOR COOKING. ABOUT 20-25 SCHOOLS/ COLLEGES USE LARGER SOLAR OVENS** FOR WARMING LUNCH FOR STUDENTS TO SAVE **ELECTRICITY AND SHORTEN THE QUEUE FOR HEATING** LUNCH.

## PUBLIC COOKERS (400-500)

![](_page_38_Picture_1.jpeg)

![](_page_38_Picture_2.jpeg)

![](_page_38_Picture_3.jpeg)

![](_page_38_Picture_4.jpeg)

## **NGO AND TWO RESTAURANTS**

![](_page_39_Picture_1.jpeg)

![](_page_39_Picture_2.jpeg)

#### THE TICO TIMES/JULY 28, 2000 W-3

#### WEEKEND

![](_page_39_Picture_6.jpeg)

![](_page_39_Picture_8.jpeg)

COOKING made easy: The days of having to build your own solar oven are history, thanks to Sol Verde, a cooperative which is selling two models of sun-powered cookers.

ple and for the environment. The work-SOL VERDE Cooperative received the National Energy Prize in 1999 from the Ministry of Health and Environment

Aside from the Proceso cooker, Sol Verde is also promoting the use of the more elaborate SK14, constructed of special materials including aluminum imported from Germany.

its annual 'Sun Party' every February, when people from throughout Central America meet in Santa Barbara, Guanacaste, to learn and teach the latest in the solar energy technology. Call the cooperative at 445-8127 However, the SK14 does have some

sources of energy.

(Lauren Wolkoff contributed to this report).

![](_page_39_Picture_16.jpeg)

#### **New Solar Cookers Slow Roast Low-fat Delights**

150°C.

#### BY FEDERICO VANEGAS Special to The Tico Times

ANCIENT cultures such as the Inca and Maya knew how to use the sun's energy in ways we are just starting to discover. Today a company called Sol Verde - a Guanacaste-based cooperative for development of healthy energy - is picking up on that ancient tradition and spreading the word through two types of solar-powered stoves.

The cooperative is introducing two models of the ovens to Costa Rica: the Proceso Solar Box Cookers and the SK-14. Currently, the company's efforts are focused on the Pacific province of Guanacaste because of the sunny climate the region enjoys year-round.

Currently, some 75 Proceso Solar Box Cookers are in use in six Guanacaste communities, among them Santa Barbara de Santa Cruz

THE Proceso model, created by a group of Central American scientists, is built with plywood, aluminum paper, a

sheet of black metal and glass. It can reach For two years, Sol Verde has put its efforts into teaching Costa Ricans how the solar oven is made and ways in which they can use solar energy at home.

But the new product means those interested in solar cooking will no longer have to build their own cookers.

ACCORDING to Sol Verde's coordinator, Juan Ariaga, the Proceso Cooker is a healthier, low-fat way of preparing food that does not strip it of its nutrients.

In addition, solar cooking helps to reduce the risk of lung cancer that could be incurred by cooking with wood, a method Ariaga asserts releases more than 300 different toxins.

Ariaga also pointed out that avoiding using wood helps to cut down on deforestation. In an experiment, cooperative representatives tallied up all the wood that 15 families used to make one kilogram of beans; the end result was that they needed 65 kilograms of wood to cook the beans. drawbacks compared to the Proceso. For

ONE of Sol Verde's objectives is to

sun every thirty minutes, while the Proceso hold different community workshops on needs to be moved every hour-and-a-half. the use and benefits of solar energy for peo-

shops, specifically geared for women, will also focus on health, nutrition and human and women rights issues.

example, it needs to be moved out of the

The cost of the cooperative's SK14, model runs about \$175. Ariaga said that it cooks faster than the Proceso because it can reach 200°C and is able to fry foods also.

(MINAE), which seeks to reward compa-

nies that are trying to use alternative

The cooperative also holds what it calls

## **EDUCATIONAL CENTRES**

![](_page_40_Picture_1.jpeg)

Universidad Nacional, Heredia Costa Rica Calientan sus alimentos Estudiantes aprovechan energía solar

![](_page_40_Picture_3.jpeg)

![](_page_41_Picture_0.jpeg)

## COLEGIO MA. AUXILIADORA SJ (05/2014)

![](_page_41_Picture_2.jpeg)

![](_page_41_Picture_3.jpeg)

![](_page_42_Picture_0.jpeg)

![](_page_42_Picture_1.jpeg)

Gadhia Solar is Recipient of Business Leadership Award (Solar Thermal) 2005 from Solar Energy Society of India (SESI)

![](_page_43_Picture_0.jpeg)

![](_page_43_Picture_1.jpeg)

![](_page_43_Picture_2.jpeg)

![](_page_43_Picture_3.jpeg)

## COLLEFE St. PAUL, (10 SOLAR OVENS), 2010

![](_page_44_Picture_1.jpeg)

## WITH THIS WE COULD REDUCE THE USE OF 10 MICROWAVE OVENS.

![](_page_44_Picture_3.jpeg)

## **ENERGY GLOBE AWARD (AUSTRIA) 2014**

![](_page_45_Picture_1.jpeg)

![](_page_45_Picture_2.jpeg)

## COL. MA. AUXILIADORA (05/2014)

#### Tecnología apropiada

Hace unos días, instalé una cocina solar a las 10:45 a.m. en el Colegio María Auxiliadora en San José. A las 11:45 a.m., 36 estudiantes ya habían calentado sus almuerzos- sin usar electricidad y sin hacer fila en los hornos de microondas, como hacían regularmente. Muy pronto, otros 64 estudiantes van a tener este beneficio para ellos, colegio, el país y el planeta. Felicito la directora de este centro educativo por tener esta visión. **Shvam S. Nandwani** 

![](_page_46_Picture_3.jpeg)

![](_page_46_Picture_4.jpeg)

## **CONCLUSIONS**:

IN ORDER THAT MORE PERSONS AND INSTITUTIONS EVEN IN URBAN AREAS CAN USE SOLAR ENERGY FOR COOKING/HEATING MEALS, THE PROPER DISSEMINATION AND NOT EXAGGERATING CLAIMS ARE REQUIRED.

ONLY WITH HEATING LUNCH AT EDUCATIONAL INSTITUTES THE INITIAL INVESTMENT CAN BE RECOVERED IN TWO YEARS. IN ADDITION, IF MORE INSTITUTIONS USE SOLAR OVENS, INDIRECTLY THEY ARE CONTRIBUTING FOR THE PLANET HEALTH AND WILL HELP COSTA RICA IN ACHIEVING THE GOAL OF CARBON NEUTRAL BY 2021.

## **CONCLUSIONS**:

WITH ALL THESE STEPS AND EXCELLENT PROMOTIONAL WORK DONE MAINLY BY SOLAR COOKERS INTERNATIONAL, MORE CONVENTIONAL COOKS WILL BE CONVERTED INTO SOLAR CHEF EITHER FOR SAVING CONVENTIONAL FUELS OR TO HAVE HEALTHY PLANET.

### **ACKNOWLEDGEMENT:**

AUTHOR IS THANKFUL TO SOLAR COOKERS INTERNATIONAL, CA (USA) FOR ORGANIZING THIS VI WORLD CONFERENCE WITH LOCAL INDIAN PARTNERS AND PROVIDING PARTIAL FINANCIAL SUPPORT WHICH ENABLE ME TO ASSIST THE CONFERENCE AND SHARE THE INFORMATION.

## THANKS (NAMASTE) FOR YOUR KIND ATTENTION-

SHYAM S. NANDWANI RETIRED PROFESSOR,COSTA RICA USER AND PROMOTOR OF SOLAR ENERGY E mail. snandwan@yahoo.com

www.doctornandwanisolarcook.org

![](_page_49_Picture_3.jpeg)