

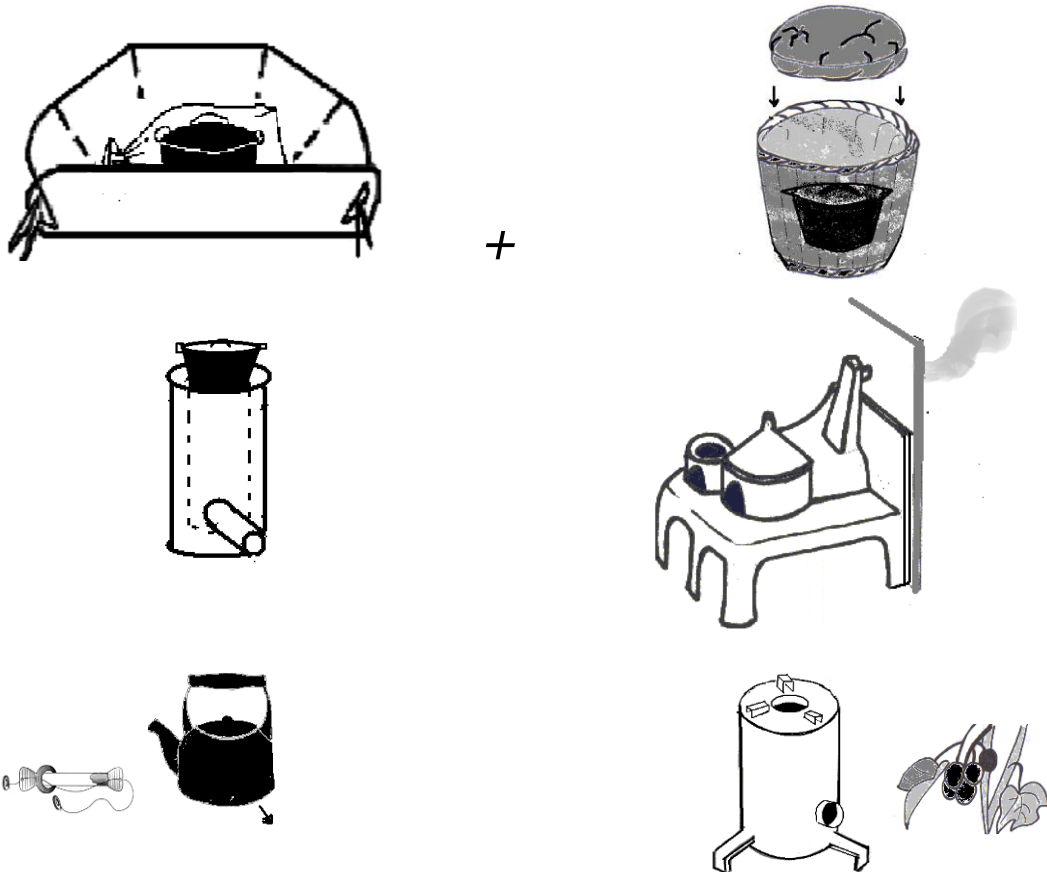


# HOW TO USE ISSC

## Integrated Sustainable Solar Cooking

### Instruction leaflet for end users

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#### Design:

Solar Cooking Foundation The Netherlands (SCN)

Jacomine Immink and Clara Thomas; Lianne Faili: english translation

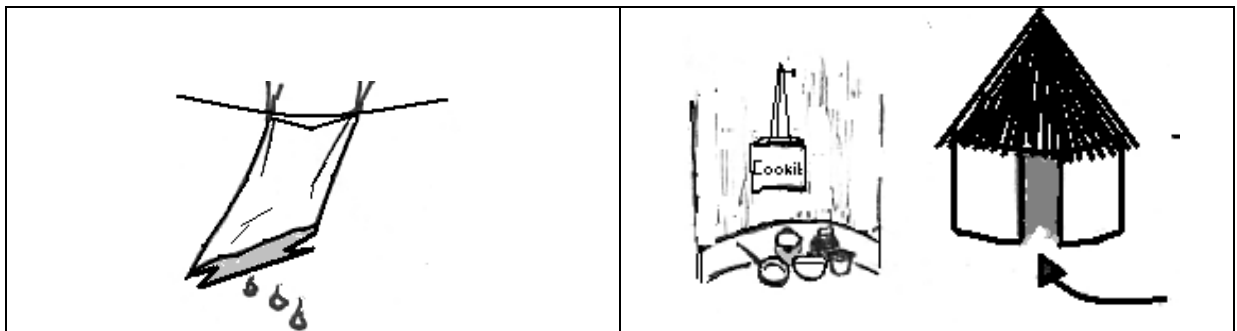
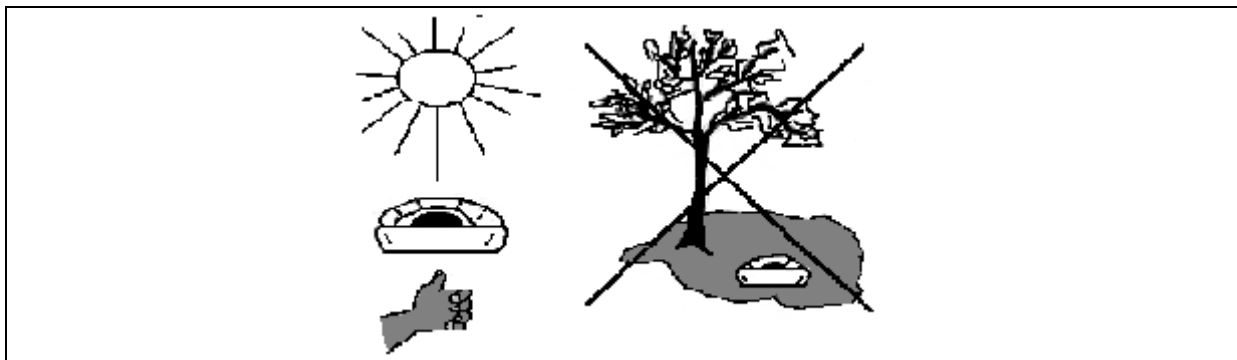
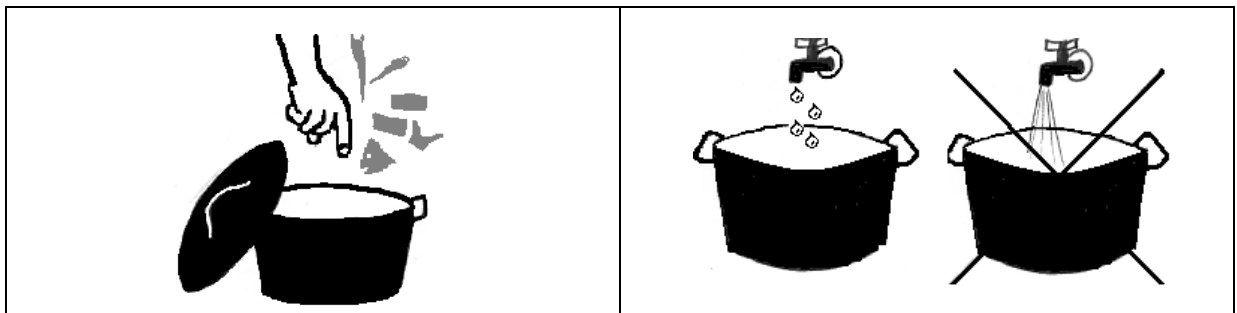
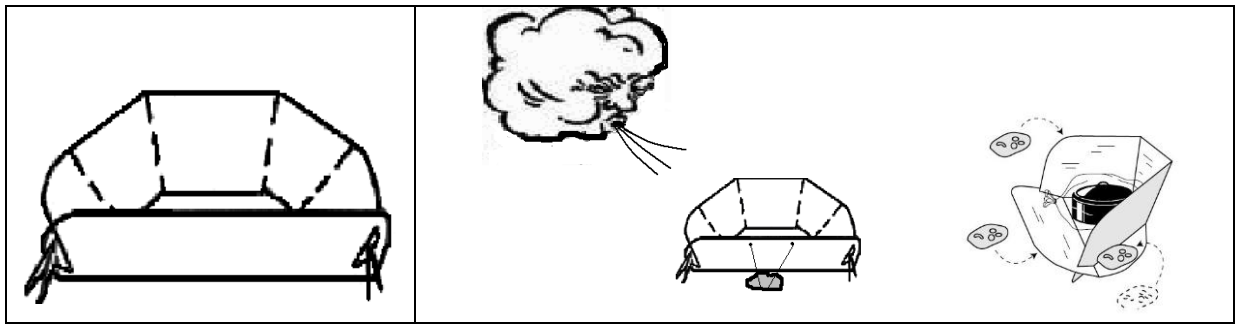
#### Other sources:

Solar Cookers International, Sacramento, California, U.S.A.

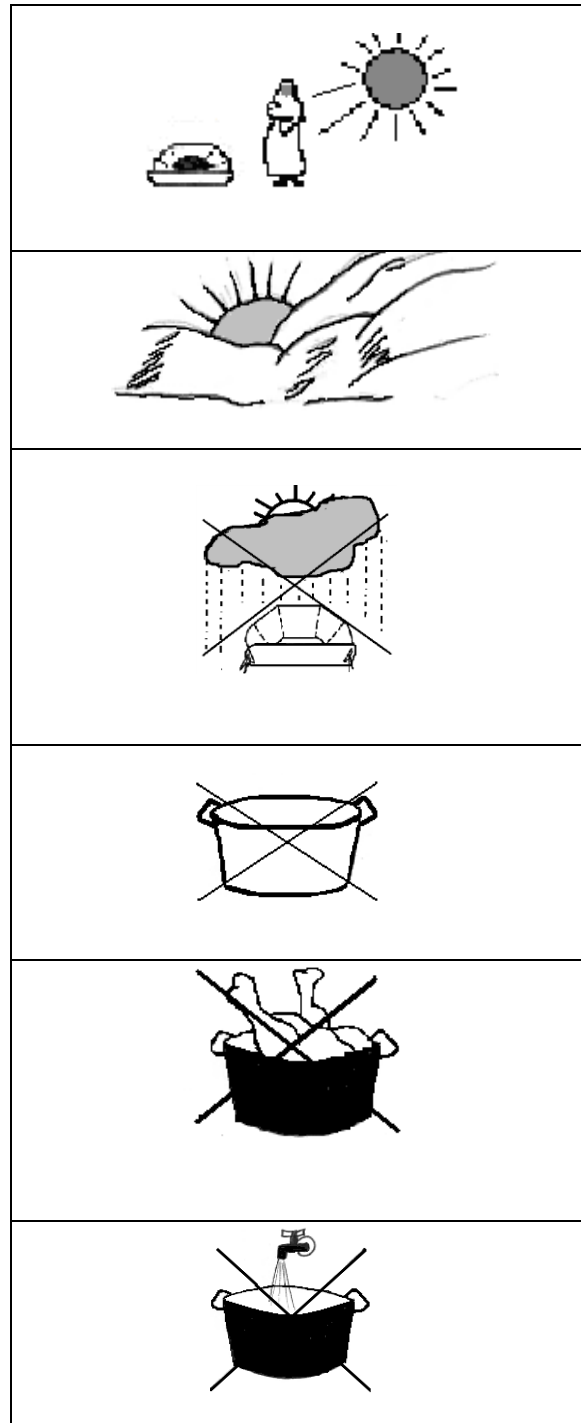
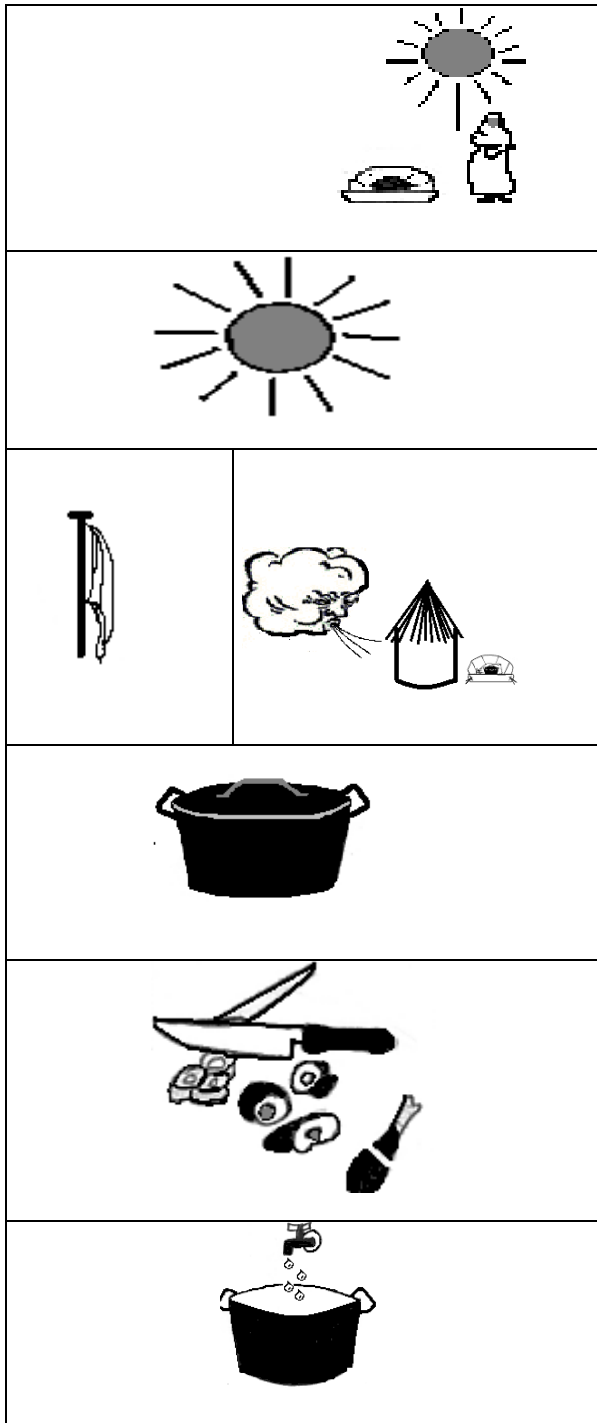
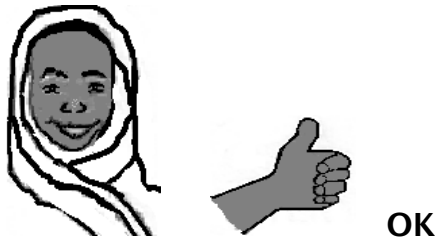
[www.solarcookers.org](http://www.solarcookers.org) [www.solarcooking.wikia.com](http://www.solarcooking.wikia.com)

KOZON Wageningen The Netherlands [www.kozon.org](http://www.kozon.org)

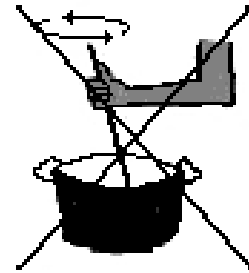
# THE START



1.3. Cooking speed

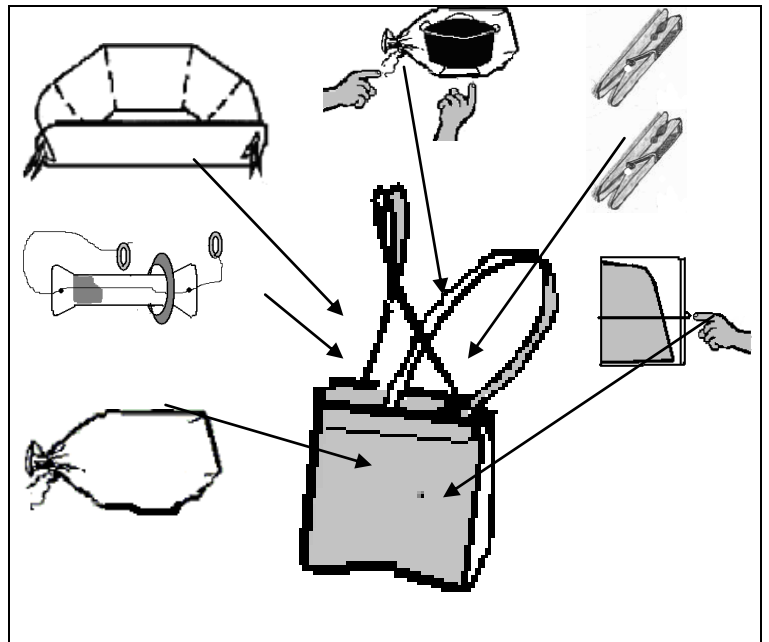
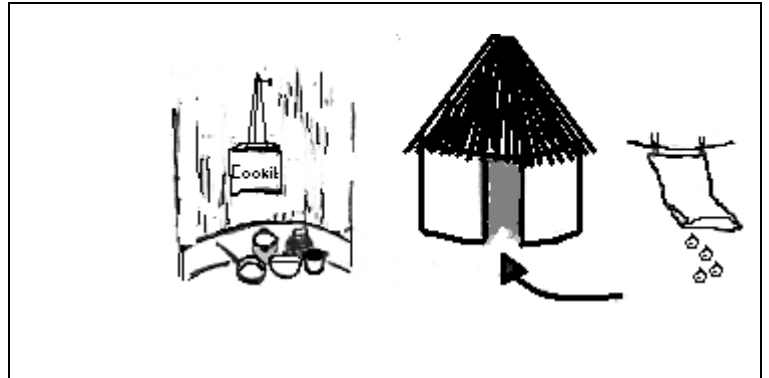
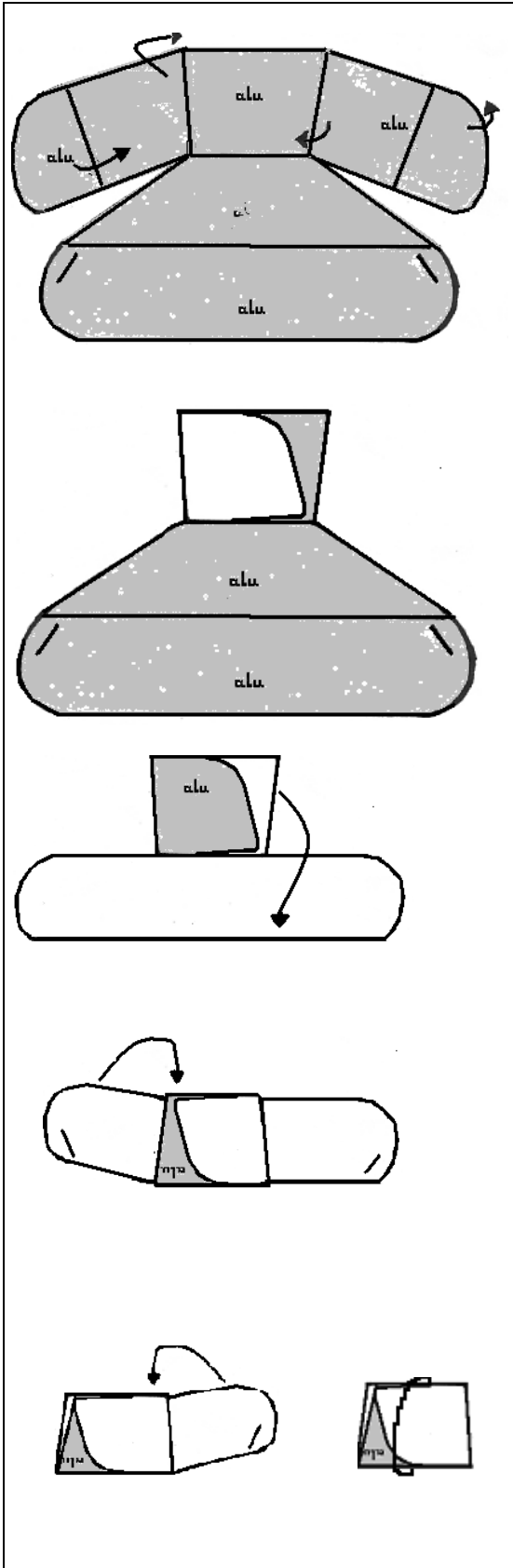


### 1.4. Cooking hours



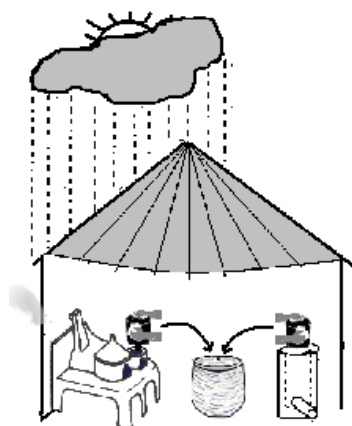
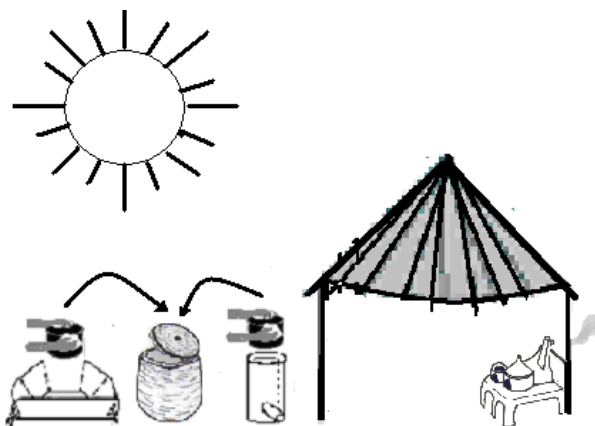
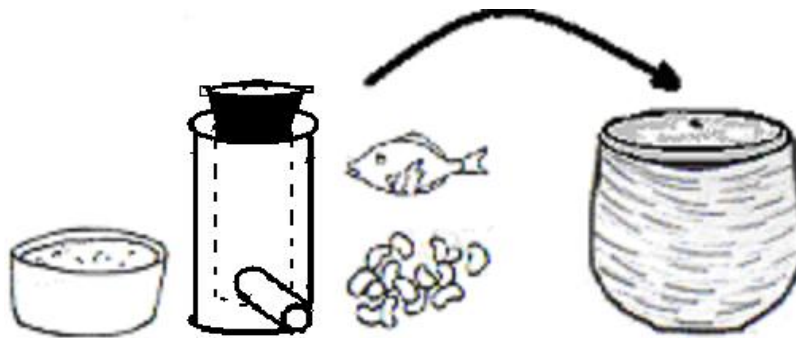
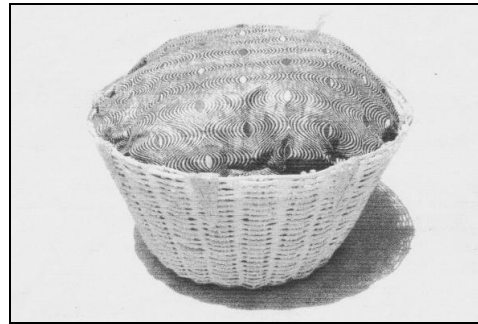
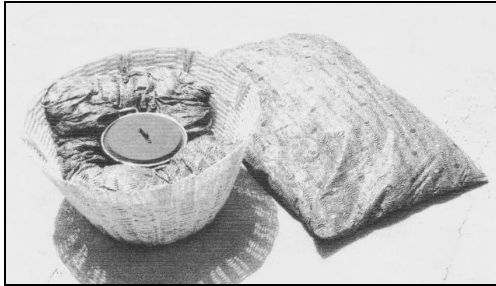
<p><b>EASY TO COOK</b></p>	<p><b>1 – 2 hours</b></p>
	<p><b>3 – 4 hours</b></p>
	<p><b>5 – 8 hours</b></p>


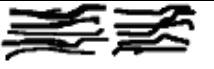
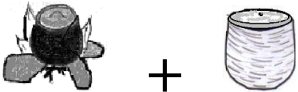
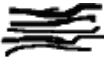

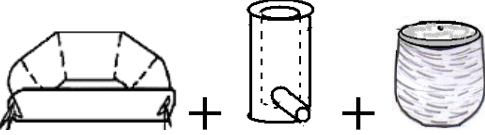

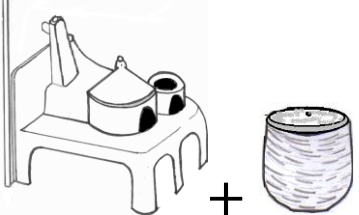

### FOLDING INSTRUCTIONS

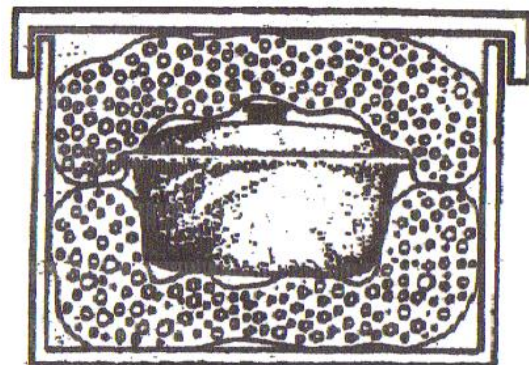
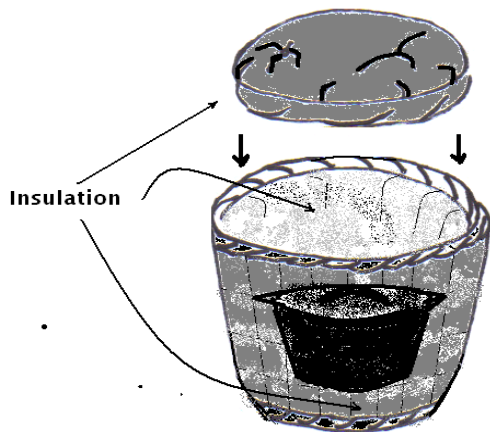


How to use the CookKit, Heat retention basket, Fuel Saving Stoves, WAPI

## 2. HOW TO USE HEAT RETENTION BASKET or THERMAL BOX



Cookers	Pieces of wood	
		<b>10</b>
		<b>5</b>
		<b>0</b>
		<b>2</b>
		<b>4</b>



How to use the CookKit, Heat retention basket,  
Fuel Saving Stoves, WAPI

HoA-REC/N, Addis Ababa, Ethiopia  
SCN, the Netherlands march 2011

### 3. HOW TO USE THE WAPI

